

THE LABOUR SPOKESMAN

St. Kitts and Nevis

www.thelabourspokesman.com



SOUND SPEECH THAT CANNOT BE CONDEMNED... TITUS 2:8

Year 68 NO. 43

BASSETERRE, ST. KITTS, W.I.

FRIDAY, 27th March, 2026

EC \$2.00

At The Pumps This Weekend

Maximum Price ULG per gallon -

Dated : 12/03/26

DELTA \$13.84 / SOL \$14.17

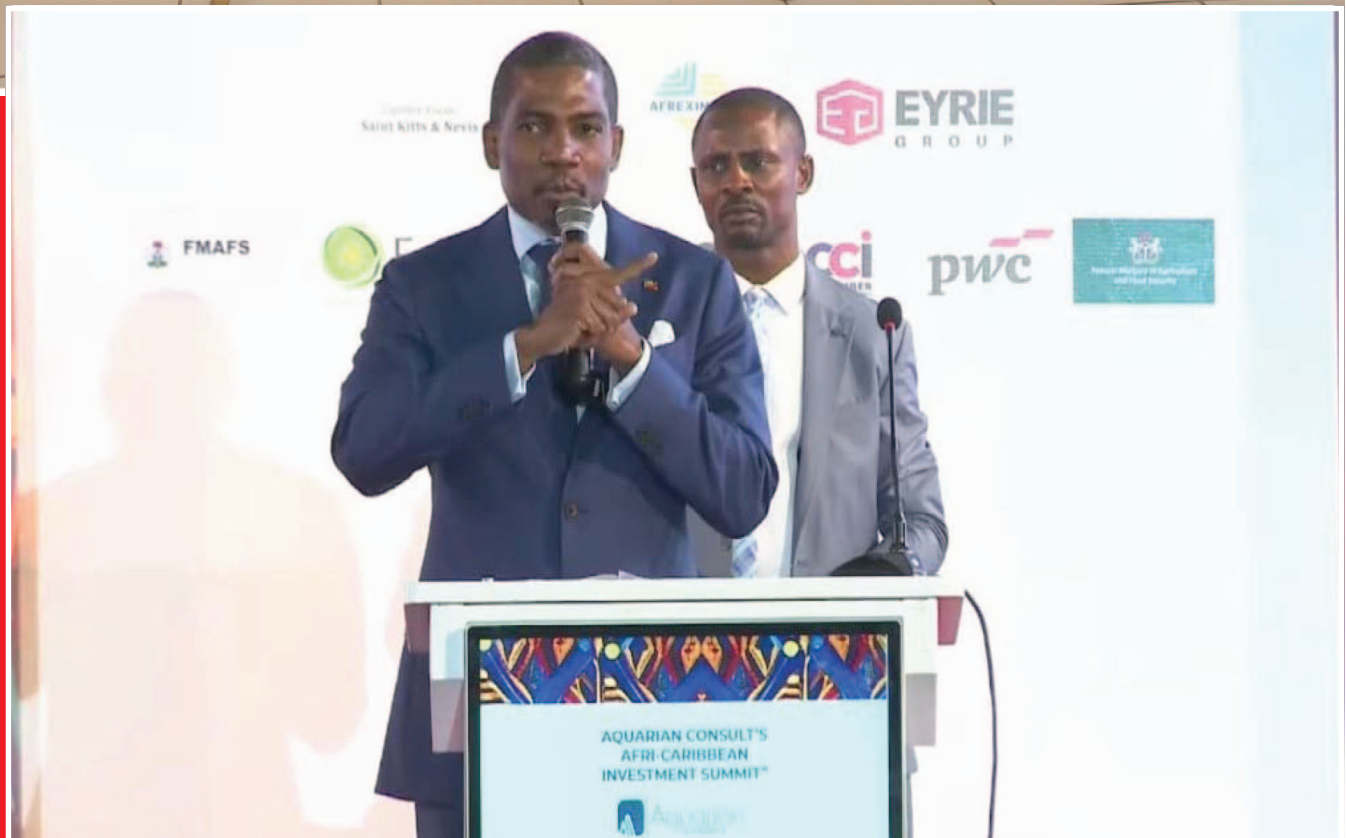
ART IN AFRICA

STORY ON PAGE 03



SKN SUPPORT

STORY ON
PAGE 05



THE LABOUR SPOKESMAN

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Editorial

The World Has Spoken on Slavery -

Are We Truly Listening? Have you heard the news?

On Thursday, March 26, 2026, the United Nations passed a historic resolution declaring the transatlantic slave trade the gravest crime against humanity.

Pause for a moment and reflect on that statement.

For centuries, historians, activists, scholars, and descendants of enslaved Africans have described the transatlantic slave trade in those very terms. Yet only now has the world's highest international body formally placed that moral and historical weight behind such a declaration.

So the question is a simple one-are we truly listening?

For many across the African diaspora, particularly those who are deeply conscious of history and identity, this moment carries enormous emotional and historical significance. It is not merely another diplomatic vote taken in a distant chamber. It is an acknowledgment of one of the most brutal systems ever imposed upon human beings.

The resolution, spearheaded by Ghana and supported by the African Group at the UN, received 123 votes in favour. Three countries-Argentina, Israel, and the United States-voted against the



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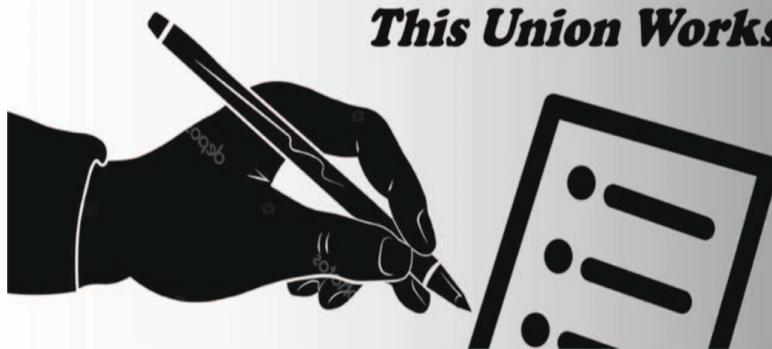
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measure, while 52 countries abstained.

For us here in St. Kitts and Nevis, the news carries an added layer of significance. Speaking earlier this week at the ACL's Afri-Caribbean Investment Summit, Prime Minister Terrance Drew indicated that our Federation, along with Barbados, co-sponsored the resolution that led to this historic declaration.

That fact alone should invite reflection.

Our small nation, whose history is deeply intertwined with the plantation system and the brutal exploitation of enslaved Africans, stood among those nations supporting a global recognition of the crime that shaped the Caribbean and much of the modern world.

Ahead of the vote, Ghana's President John Dramani Mahama captured the spirit of the moment when he stated:

"Today, we come together in solemn solidarity to affirm truth and pursue a route to healing and reparative justice."

Those words should resonate powerfully across the Caribbean. For generations, the descendants of enslaved Africans have argued that recognition of the scale and brutality of the transatlantic slave trade must be more than symbolic. It must open the door to meaningful dialogue about reparative justice, historical accountability, and the structural inequalities that continue to shape societies across the world today.

The resolution itself underscores the magnitude of that crime, emphasising "the trafficking of enslaved Africans and racialised chattel enslavement of Africans as the gravest crime against humanity by reason of the definitive break in world history, scale, duration, systemic nature, brutality and enduring consequences that continue to structure the lives of all people through racialized regimes of labour, property and capital."

These are powerful words. But they also challenge us to look inward.

As citizens of St. Kitts and Nevis, are we fully conscious of the legacy we inherited? Do we truly appreciate the sacrifices of those who endured unimaginable cruelty so that future generations might stand free? And more importantly, are we using that legacy to build a society grounded in dignity, justice and unity?

History has shown that recognition alone does not heal wounds. But acknowledgment is a necessary beginning.

This resolution is therefore not simply about the past. It is about the present and the future. It is about ensuring that the truth of history is neither diluted nor forgotten. It is about affirming the humanity of those whose suffering built the modern world.

For the descendants of enslaved Africans-from the villages of Ghana to the hills of St. Kitts, from Barbados to Brazil-this moment represents something profound: a global affirmation that what happened to our ancestors was not merely



A look at the unveiling event featuring artist Vaughn Anslyn and (right) Minister of the Creative Economy Samal Duggins (Spokesman Snap)

Nevisian Artist Vaughn Anslyn Unveils African-Inspired Realism Piece in Nigeria

By: Precious Mills

ABUJA, Nigeria (Wednesday 25th March 2026)- Well-known Nevisian artist Vaughn Anslyn has unveiled his African-inspired realism painting titled 'Afro-Nevis' being displayed at the pavillion section of the Bola Ahmed Tinubu International Conference Centre as part of the activities for the hosting of the second annual ACL's Afri-Caribbean Investment Summit (AACIS)-23rd to 28th March 2026- being held in Abuja, Nigeria.

As understood, the piece incorporates acrylic paint, cardboard, and traditional madras fabric.

Addressing the audience ahead of the unveiling held on Monday 23rd March at the designated Arts and Cultural Centre Anslyn described the work as a bridge between African heritage and Caribbean identity.

"It is a profound honor to stand among such a distinguished gathering here in Nigeria. As an artist from the Federation of St. Kitts and Nevis, I am greatly moved to present this work titled Afro-Nevis. To share this piece in a land that holds the ancestral equity of my home feels like a symbolic homecoming."

The painting depicts a mother carrying her young son and incorporates madras fabric to highlight Caribbean cultural identity.

"By physically weaving these real prints into a realistic portrait, I am performing an act of cultural preservation. The paint represents the individual spirit while the fabric represents the collective strength of our nation."

In an exclusive interview with this media house following the unveiling, Anslyn explained that the painting was completed in six hours and without preliminary sketches.

"It's acrylic on canvas with the inclusion of cardboard pieces and real madras. It took me six hours. I had no draft. I went straight into it and I got it right the first time."

He said the work was inspired by African art observed during a recent exhibition in Miami and was created specifically for the summit.

"To be fair, I was recently in Miami where I did an exhibition there but when I discovered how African art uses real fabrics and real elements in their work, I couldn't wait to come back home to try it myself. But when I discovered how African art uses real fabrics and real elements in their work, I couldn't wait to come back home to try it myself. And it just so happened that this summit came up. So between that and the idea of what I saw, I said I have to create a piece just for this summit."

When asked about his vision for the art piece, Anslyn touched on symbolic and historical elements represented in the painting.

"I wanted to capture both the hardship of rural Africa as well as something symbolic with the Caribbean. The child holding on to the mother's back-that's how people usually carry their children in rural Africa. And then the intensity of her eyes. I spent a lot of time on the focus of the eyes just to get it right because I wanted to show that look of stability."

He emphasized the broader historical connection between Africa and the Caribbean.

"For far too long the world has looked at our history only through the lens of tragedy. But when we change the lens we see a deeper, more complex truth. We must acknowledge that if it wasn't for our history-if it wasn't for slavery-our Caribbean would not exist. Our very identity, our unique culture and the people we are today were forged in that fire."

In addition to Afro-Nevis, Anslyn currently has seven pieces on display at the exhibition for the duration of the summit while 'Afro-Nevis' is expected to remain at the venue.

Front Page Image: Nevisian artist Vaughn Anslyn poses with his African-inspired realism painting dubbed 'Afro-Nevis' following its unveiling in on Wednesday 25th March 2026 at the pavillion section of the Bola Ahmed Tinubu International Conference Centre as part of the activities for the hosting of the ACL's Afri-Caribbean Investment Summit (AACIS) being held in Abuja, Nigeria. (Spokesman Snap)



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PM Drew Addresses Federation Co-Sponsoring UN Resolution Recognizing Criminality Of Transatlantic Slave Trade

By: Spokesman Newsroom

ABUJA, Nigeria (Thursday 26th March 2026) –Prime Minister Dr. Terrance Drew recently spotlighted St. Kitts-Nevis having co-sponsored a United Nations (UN) resolution recognizing the transatlantic slave trade as the worst crime ever committed against humanity as a move which forms part of a broader agenda to strengthen Afri-Caribbean ties and coordinated political advocacy.

He shared such sentiments during his keynote address on Wednesday 25th March 2026, at the second annual ACL's Afri-Caribbean Investment Summit (AACIS), held at the Bola Ahmed Tinubu International Conference Centre in Abuja, Nigeria, under the theme "One Voice, One Vision: Advancing Afri-Caribbean Unity." The summit, running from 23rd to 28th March, is powered by Aquarian Consult in partnership with the Government of St. Kitts and Nevis.

"Today I want to highlight, to recognize His Excellency the Prime Minister, or the President of Ghana John Mahama. He's presenting today; tabling before the United Nations, this very day, in about a few hours. A resolution recognizing the transatlantic slave trade as the worst crime ever committed by humanity. St. Kitts

and Nevis is a co-sponsor of that resolution, and I am waiting patiently and anxiously to hear that the resolution would have passed in the halls of the United Nations, and so in a real sense the struggle continues," PM Drew said ahead of the passing of the resolution at the UN Assembly on 26th March, International Day of Remembrance of Victims of Slavery and Transatlantic Slave Trade.

The UN resolution was passed on 26th March, marking an international acknowledgment of the transatlantic slave trade and reinforcing the Caribbean's strategic and moral role in global affairs.

Highlighting Afri-Caribbean solidarity, he said: "President of Ghana, Prime Minister of St. Kitts and Nevis, Prime Minister of Barbados, we have co-sponsored a resolution and it will be tabled before the United Nations. That is what we call coordinated political advocacy," PM Drew said, linking the resolution to the broader agenda of economic and cultural collaboration.

PM Drew also linked unity and prosperity to tangible benefits for African and Caribbean peoples saying: "If prosperity is real, it must be felt in the daily lives of our African people and our Caribbean people. It must be reflected in trade, movement between regions, and shared development. Even as we pursue justice, we must act," he said.

He elaborated on the strategic dimension between the African and Caribbean regions.

"Unity is not symbolism. Unity is strategy. Prosperity is not merely growth. It is dignity, access, opportunity, and security for all our people on both sides of the Atlantic. Those who use unity for expediency will soon find that if it is not built on strong principles, it will wither," PM Drew stated.

The Prime Minister also spoke about St. Kitts and Nevis' ongoing priorities, including renewable energy, food security, and sustainable development, while emphasizing the moral imperative of active engagement with Africa.

"This understanding is deeply rooted in Pan-African thought and echoed across both Africa and the Caribbean. Unity is the foundation of power. Prosperity is inseparable from dignity and opportunity. The resolution is a step in advancing these principles," he added.

Front Photo: St. Kitts-Nevis Prime Minister Dr. Terrance Drew during his keynote address at the second annual ACL's Afri-Caribbean Investment Summit (AACIS) held on 25th March 2026 at the Bola Ahmed Tinubu International Conference Centre in Abuja, Nigeria.

Case Number :SKBHPB2026/0032

THE EASTERN CARIBBEAN SUPREME COURT
IN THE HIGH COURT OF JUSTICE
FEDERATION OF ST. CHRISTOPHER & NEVIS
ST. CHRISTOPHER CIRCUIT
(PROBATE)

In the Estate of JOAN ALLISON STEPHEN
late of No. 6 Ocean Gardens, Camps Estate in
the Island of Saint Christopher, deceased.

TAKE NOTICE that an application has been filed by SHERYL-ANN STEPHEN of 4140 Huntsman Dr, Zionsville, Indiana 46077 in the United States of America, for a Grant of Probate of the Will of the above-named deceased JOAN ALLISON STEPHEN who died on the 26th day of October, 2025 without revoking a will bearing the date of the 22nd day of August, 2025 wherein the Applicant is named Sole Executrix.

Any person having an objection to the Grant of Probate to the Applicant shall file an objection within 14 days of the publication of this Notice.

Dated the 17th day of March, 2026.

Elizabeth A. Kelsick
M. Elizabeth A. Kelsick, Partner
KELSICK, WILKIN & FERDINAND
Attorneys-at-Law for the Applicant

Filed by: KELSICK, WILKIN & FERDINAND, Attorneys-at-Law for the Applicants, whose address for service is Fred Kelsick Building, Independence Square South, Basseterre, St. Kitts. Tel: +1.869.465.2645; Fax: +1.869.466.7808; Email: Law@kwfonline.com



Submitted Date: 18/03/2026 16:10

Filed Date: 19/03/2026 08:30

Fees Paid: 12.00

Case Number :NEVHCV2026/0005

FEDERATION OF SAINT CHRISTOPHER AND NEVIS

TITLE BY REGISTRATION ACT, CHAPTER 10:19

NEVIS CIRCUIT
A.D. 2026

NEVHCV2026/0005

SCHEDULE OF APPLICATION

For Certificate of Title and Noting thereon on and Caveats for the week ending the day of March, 2026

Date of Request	Person Requesting	Nature of Request
15th Jan 2026	SAMUEL EVERETT HENDRICKSON by his Solicitors WalwynLaw of D. R. Walwyn Square, Charlestown, Nevis	For the issue of a First Certificate of Title to 10,890 Square Feet of land situate at Budgeon Estate, in the Island of Nevis

Containing by admeasurement 10,890 Square Feet of land bounded and measuring as follows: **On or towards the North-East** by lands of Samuel Hanley, 164.36 feet; **On or towards the South-East** by an Estate Road, 13.07 Feet and 56.17 Feet; **On or towards the South-West** by the Estate of Samuel Hendrickson, 165.57 Feet and **on or towards the North-West** by lands of Samuel Hanley 63.20 Feet all as the same is set forth and delineated on the plan attached hitherto dated the day 24th day of June, 2011 made by Simeon Hill, Licensed Land Surveyor or howsoever otherwise the same is heretofore abutted bounded known or described.

Dated the 12th day of March, 2026

REGISTRAR OF TITLES



SWMC Expands Recycling Capacity With New Baler And Facility Upgrade At Conaree Landfill

Basseterre, Saint Kitts, March 19, 2026 (SKNIS): The Solid Waste Management Corporation (SWMC) has increased its recycling capabilities at the Conaree Landfill in Saint Kitts with the installation of a new horizontal baler machine and the expansion of the recycling facility.

This marks the completion of Phase two (2) of the Recycling Project, which saw the expansion of services to include the recycling of cardboard. Phase one (1), included the recycling of plastic bottles and aluminium cans. It was completed in 2025.

The expanded facility was formally opened during a ceremony on Wednesday, March 18, 2026, at the landfill. The occasion coincided with the international observance of Global Recycling Day.

Judith Isles, Operations Manager at the SWMC, noted that small island states face particular challenges in waste management due to limited land space. The increase in imports and online ordering has compounded the issue, as packaging materials must be disposed of.

“These realities require that we handle waste with greater efficiency and discipline,” she stated. “The expansion of this recycling facility and the introduction of the horizontal baler signify a practical response to those realities. The baler in particular allows for the compression of large volumes of plastic bottles, cans and cardboard into compact, manageable bales, thereby improving storage and the preparation of materials for export.”

Minister responsible for Sustainable Development and the Environment, the Honourable Dr. Joyelle Clarke, referenced this year’s theme of Global Recycling Day, “Don’t Think Waste - Think Opportunity” and called for a shift in the attitudes



and practices in Saint Kitts and Nevis. “For most of us who are wearing pink shirts, we are wearing plastic. Not cotton, not polyester, but plastic,” she stated, describing it as a full circle moment for the recycling programme. “Our collection efforts led to the baling, and of course, the shipment to Taiwan, and then their shipment back to us of plastic-made shirts. ... We have to redefine waste, we have to think of the waste that we generate.”

Minister Clarke encouraged locals and businesses to reuse and recycle plastics and other materials at home where possible. Importantly, persons are strongly encouraged to separate biodegradable waste such as food, fruits and others that spoil and/or smell from plastic, aluminium, and cardboard waste.

The Recycling Project is implemented in collaboration with the Republic of China (Taiwan). Resident Taiwanese Ambassador, His Excellency Edward Tao, said Taiwan’s cooperation on the recycling project incorporates the same circular spirit of mutual friendship between the twin-island Federation and the ROC

The Technical Mission from Taiwan presented the Ministry with 900 shirts and 400 bags, all made from local recycled plastics. Thirty-two recycled branded bins were also presented.



SWMC workers demonstrate how the baler works, loading plastic bottles



Minister Clarke (3rd from left) and Ambassador Tao (4th) with the new garbage bins. The bags and shirts are in the boxes.

FEDERATION OF SAINT CHRISTOPHER AND NEVIS
SAINT CHRISTOPHER CIRCUIT
A. D. 2026

THE TITLE BY REGISTRATION ACT, CAP. 10:19

Claim No.: SKBLRD2026/0010

In the Matter of Section 144 of the Title by Registration Act Cap 10:19 of the Laws of the Federation of Saint Christopher and Nevis

And

In the Matter of a Certificate of Title issued on the 21st day of January 2014 in the name of **HUSSEIN ABDULRAZZAQ SALIM AL-HAMEED**, recorded in **Condominium Register Book 22 Folio 74** of the Register of Titles for the Saint Christopher Circuit.

NOTICE OF APPLICATION FOR REPLACEMENT OF LOST CERTIFICATE OF TITLE

NOTICE IS HEREBY GIVEN that **HUSSEIN ABDULRAZZAQ SALIM AL-HAMEED** formerly of Building No. 36, Awad Alnaeemat St. Amman, Jordan but presently residing at R5 Apartment, Alrawan City, Baghdad, Iraq, has applied to the Registrar of Titles for the issue of a replacement Certificate of Title in lieu of the one recorded in Condominium Register at **Book 22 Folio 74** of the Register of Titles for the Saint Christopher Circuit and described in the said Title being **ALL THAT** Condominium Interest No. R-356 of Vacation For Life Condominium: St. Kitts and Nevis described in the Certificate of Title registered in Book T2 Folio 379 of the Register of Titles for the Island of Saint Christopher and contained in the Declaration and Description of Vacation for Life Condominium: St. Kitts and Nevis registered as No. 22 in the Condominium Corporation Index on the 29th day of January, 2009 and as amended thereafter.

Any person who may be in possession of the said Certificate of Title or have any information which may lead to its recovery, is kindly requested to contact **BLAKEFERGUSON**, Attorneys-At-Law and Notary Public, of Frigate Bay St. Kitts. Telephone No.: (869) 465-2913, Mobile: (869) 661-2912 Email: contact@bflaw.co.

Dated the 18th day of March, 2026.

Keinya Blake Gordon
BALAKEFERGUSON
Attorneys-at-Law for the Applicant

Prime Minister Drew Pays Courtesy Call on Nigerian President, Strengthens Bilateral Ties

Abuja, Nigeria, March 26, 2026 (PMO) - Prime Minister of St. Kitts and Nevis, Hon. Dr. Terrance Drew, has strengthened diplomatic and developmental ties with the Federal Republic of Nigeria following a high-level courtesy call on His Excellency Bola Ahmed Tinubu, the President of Nigeria.

The engagement underscored a deepening relationship between the Caribbean and Africa, grounded in shared history, mutual respect, and a clear commitment to advancing tangible cooperation across key sectors.

Speaking to members of the Nigerian media following the meeting, Prime Minister Drew expressed profound appreciation for the hospitality and leadership demonstrated by the Nigerian President, while highlighting the significance of the engagement for both regions.

He further emphasized that the relationship between Nigeria and the Caribbean continues to evolve in meaningful ways, noting that, "This collaboration has been tremendous. It has had a tremendous impact on the development and advancement of the Caribbean, coming from Nigeria, which is a significant country in the African continent and in the world."

Prime Minister Drew also used the opportunity to reflect on the deep ancestral and cultural connections that bind the people of St. Kitts and Nevis to Nigeria, particularly referencing historical ties to the Calabar region. "This is our people... I always say, we have come back home. This is always a pleasure to be back," he said, reinforcing the emotional and historical significance of the visit.

The discussions between Prime Minister Drew and the Nigerian President focused on a wide range of priority areas aimed at strengthening cooperation and delivering real, measurable outcomes for citizens across both regions.

Highlighting existing successes, Prime Minister Drew pointed to the growing presence of Nigerian professionals in St. Kitts and Nevis, particularly within the healthcare sector. "A lot of Nigerians have studied in my country, and there are doctors here today, and we had a contingent of doctors who went to Saint Kitts and Nevis already, we are seeing some tangible benefits with respect to our collaboration."

He continued, "Now we are taking it to the next level, which we have agreed to. So there will be a special envoy to Saint Kitts and Nevis, and of course, we would have a special envoy here to further the collaboration and make sure that they are tangible benefits for both Saint Kitts and Nevis and the wider CARICOM and for Nigeria and the wider African continent."



As Prime Minister of St. Kitts and Nevis, and Chair of the Caribbean Community (CARICOM), Prime Minister Drew has made it clear that deepening Africa-Caribbean relations remains a central pillar of his foreign policy agenda, with a focus on transforming historical connections into modern partnerships that deliver real opportunities in trade, investment, culture, and human development.

The Government of St. Kitts and Nevis remains committed to building on the outcomes of this engagement, ensuring that the strengthened relationship with



Prime Minister of St. Kitts and Nevis, Hon. Dr. Terrance Drew, with His Excellency Bola Ahmed Tinubu, the President of Nigeria

Nigeria translates into sustained collaboration, expanded opportunities, and shared progress for the people of both regions.



Case Number :NEVHCV2025/0191		FILED HIGH COURT ST. CHRISTOPHER / NEVIS (NEVIS CIRCUIT)
THE EASTERN CARIBBEAN SUPREME COURT IN THE HIGH COURT OF JUSTICE FEDERATION OF SAINT CHRISTOPHER AND NEVIS NEVIS CIRCUIT TITLE BY REGISTRATION ACT, CAP 10.19 A.D. 2025		Submitted Date:16/02/2026 11:23 Filed Date:16/02/2026 11:23 Fees Paid:12.00
NEVHCV2025/0191		
In the matter of Section 92 of the Title by Registration Act, Cap. 10.19		
and		
In the matter of an application to settle Articles of Sale of the Respondent's property comprised in a Certificate of Title dated 30 th June 2009 registered in Register Book 47 Folio 217		
THE BANK OF NEVIS LIMITED	Applicant	
and		
SHAUN TYSON	Respondent	
NOTICE OF SALE		
The Property described below will be offered for sale by the Registrar of the Supreme Court by public auction at the Bath Village, Nevis		
on the <u>24th</u> day of <u>April</u> 2026 at <u>10:00</u> o'clock in the forenoon.		
The successful bidder will be required to pay at the time of sale a deposit of one fourth of his accepted bid and the balance within one month from the day of sale.		
Possession of the property will be given to the purchaser on payment of the deposit. Any taxes due on the said property must be paid by the Purchaser.		
The Purchaser will, after payment in full of the purchase price, obtain from the High Court of Justice, a Certificate of Title to the property.		
DESCRIPTION OF PROPERTY		
21,780 square feet of land situate at Spring Hill Estate in the Parish of St. James in the Island of Nevis bounded and measuring as follows, that is to say:- On or towards the North West by remaining lands of Roosevelt David, 121.57 feet; On or towards the North East by lands of Joseph Parry, 143.64 feet and 94.79 feet; On or towards the South East by a Public Road, 28.95 feet, 20.48 feet, 39.58 feet, 37.38 feet and 17.00 feet and On or towards the South West by an Access Road, 141.40 feet		
UPSET PRICE		
The upset price for the above property shall be EC\$185,130.00.		
Dated the <u>6th</u> day of <u>February</u> , 2026.		
  REGISTRAR		

New Recycling Collection Service to Launch in Nevis Communities

NIA CHARLESTOWN, NEVIS (March 26, 2026)- The Nevis Solid Waste Management Authority (NSWMA) has announced the launch of a new household recycling collection service, marking a significant step forward in the island's environmental sustainability efforts.

Beginning the week of Monday, April 6, 2026, residents across Nevis will benefit from a comprehensive house-to-house recyclables collection programme, which will be provided free of charge. The initiative forms part of the Authority's ongoing commitment to reducing waste and promoting a cleaner, greener environment.

Under the new system, recyclables will be collected on a fortnightly basis, with each parish assigned a designated day for pickup. Residents are encouraged to familiarize themselves with their collection schedules and keep them in a visible place within their homes to ensure consistent participation.

The service will accept plastic bottles, aluminum cans, and unsoiled, flat-packed cardboard. Businesses and schools will also be accommodated under a midweek collection schedule.

According to the NSWMA, the rollout schedule has been carefully structured to ensure efficiency and island-wide coverage. Collection days are as follows:

- Mondays: St. Paul's Parish
- Tuesdays: St. John's Parish
- Wednesdays: Businesses and schools only
- Thursdays: St. George's Parish
- Fridays: St. Thomas' and St. James' Parishes

The Authority is encouraging all residents to actively participate in the programme, noting that collective action is essential to its success. The initiative is expected to significantly reduce the volume of waste sent to landfill while fostering a culture of recycling and environmental responsibility across the island.

The NSWMA expressed appreciation in advance for the cooperation of residents and stakeholders, emphasizing that the programme represents a shared investment in the future health and sustainability of Nevis.

Photo caption: New recycling facility and collection truck at Long Point landfill

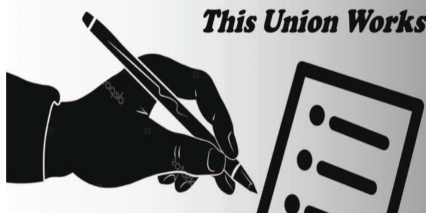


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or call us at
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**ST. CHRISTOPHER AND NEVIS
PUBLIC WORKS DEPARTMENT**
"Exceeding Expectations"

P. O. Box 52
Wellington Road
Basseterre, St. Kitts

Tel: (869) 467-1122
E-mail: Secretary.adminPWD@gov.kn

REQUEST FOR QUOTATIONS

The Government of St Kitts and Nevis through the St Kitts Public Works Department (PWD) hereby requests quotations for the procurement of a 5-Tonne Vibratory Compact Roller and 5-Yard Tipper Truck.

Requester Information
Department: Public Works
Contact Name: Mr. Zekey Hazel
Telephone: 869-467-1132
Email: zekey.hazel@gov.kn

Date of the RFQ
23rd March 2026

RFQ Closing Date
27th April 2026

Delivery Address

Please submit all quotations to the Public Works Department, Roads Division, via email to secretary.adminpwd@gov.kn and zekey.hazel@gov.kn or by hardcopy to Ms. Xia-Xiang Claxton, Acting Director of the Public Works Department or Mr. Zekey Hazel, Roads Manager no later than **Monday 27th April, 2026**.

Specifications

Please note that some specifications are listed as a suggestion of range as various models may differ based on brand.

1. Vibratory Compact Roller - suitable for compaction of asphalt

NB: Preferred brand – Wirtgen Hamm

- Tandem Roller with two vibrating drums with all the components for compaction of asphalt pavement
- Operating Weight – 5, 000 kg (5 tonnes) ± 10%
- Drum width – 1,300mm – 1,500mm
- Pressurized water sprinkler system for drum
- Open cabin
- Minimum 1-year warranty

2. Tipper Truck

- Load capacity: 5 cubic yards; designed for heavy-duty construction use
- Manual or automatic transmission
- Rear tipping configuration; equipped with Power Take-Off (PTO) driven hydraulic system
- Flat bed dump body
- Enclosed cabin with air conditioning system, and seating for driver and at least one passenger
- Minimum 1-year warranty or manufacturer standard

RFQ Terms and Conditions

1. Technical specifications and operational manual
2. Suppliers' response to the RFQ must be sent to the PWD via email to the attention of the requester as specified above.
3. The quotation that is provided by the supplier must include freight in the final cost.
4. Suppliers who submit a proposal to the PWD must be licensed.
5. The PWD reserves the right to request any additional information that it deems necessary to make a decision on any quotation submitted.

Winning bidders will be notified thereafter.

Please note that, solicitations, receipt and consideration of cost quotations **DO NOT** constitute a binding agreement to purchase equipment from any responding party or company.


Zekey Hazel
Roads Manager/Engineer
Public Works Department

FOR IMMEDIATE RELEASE

Eastern Caribbean Home Mortgage Bank Officially Launches 30th Anniversary Celebrations

The Eastern Caribbean Home Mortgage Bank (trading as ECHMB Capital) will reach a historic milestone on April 22, 2026, marking its “Year of the Pearl” under the theme, “A Proven History, A Promising Tomorrow”.

ECHMB Capital was established in April 1996 by a treaty agreement of the Governments of Anguilla, Antigua and Barbuda, Dominica, Grenada, Montserrat, Saint Kitts and Nevis, Saint Lucia and Saint Vincent and the Grenadines, with the Eastern Caribbean Central Bank (ECCB) and other regional financial institutions among its shareholders.

ECHMB Capital is a specialized financial institution focused on strengthening the secondary mortgage market in the Eastern Caribbean Currency Union (ECCU) through the provision of liquidity support to the primary market; and supporting and developing money and capital markets within the union.

The anniversary will be commemorated from March 2026 to February 2027 with a dynamic lineup of exciting events and initiatives.

Media Launch and Mixer | The celebrations kicked off with a Media Launch and Mixer on March 20, bringing together key media partners, stakeholders and the ECHMB team at the St. Kitts Marriott Resort.

The Chief Executive Officer (CEO), Mr. Randy Lewis, highlighted the construct of the Bank, paying homage to the visionaries who paved the way for its establishment, the Bank’s achievements over the past three decades and showcased its ongoing commitment to its stakeholders. To commemorate the ECHMB Capital’s “Year of the Pearl”, the CEO unveiled two major initiatives:

- The Grant 30: An investment program providing 30 new investors from the Eastern Caribbean Currency Union (ECCU) with \$1,000 each, to invest in the Bank’s products.

- The Hon. Sir K. Dwight Venner Scholarship: A financial aid program designed to support an ECCU student throughout their entire degree at the University of the West Indies.

The Governor of the ECCB and Chairman of the ECHMB Capital, Mr. Timothy N. J. Antoine, reaffirmed the ECHMB Capital’s commitment to regional self-reliance, pointing to a massive portfolio growth from \$9 million in 1996 to \$500 million today. Staying true to the vision of founding members, led by the late Hon. Sir K. Dwight Venner, the institution continues to drive home ownership and capital market growth through innovative wealthbuilding tools.

In honor of this significant milestone, the Chairman of the ECHMB Capital’s 30th Anniversary Committee, Mr. Jarelle Amade, also introduced a celebratory program featuring: Church Service | On April 19, a special church service will be held to mark the anniversary, to reflect on the Bank’s positive impact on the region and provide an opportunity for employees and stakeholders to gather in gratitude and celebration.

App Design Competition | The ECHMB will also launch an exciting App Design Competition for secondary school students across the ECCU. This initiative aims to encourage young people to be innovative with the idea of trading at your fingertips.

Home Ownership Series | As part of its anniversary year, the ECHMB will publish a series of short videos from stakeholders within the value chain of Home Ownership commencing July 2026. This informative series seeks to educate the public across the currency union on the necessary sequential steps when undertaking home construction within the region. Some of the stakeholders will range from financial institutions to building contractors and engineers.

ECHMB Gala | The Bank will host a Gala in October, with the goal of bringing together key stakeholders from across the region to celebrate its 30-year contribution in elegance.

Anniversary Lecture | A special anniversary lecture featuring industry experts, policymakers and thought leaders will conclude the celebrations in February 2027.

About the Eastern Caribbean Home Mortgage Bank (ECHMB Capital)

Eastern Caribbean Home Mortgage Bank (ECHMB Capital) was established under Article 4 of the Eastern Caribbean Home Mortgage Bank Agreement Act. It is the premier financial service institution in the ECCU focused on mortgage market development and is the leading issuer of corporate notes, corporate bonds and other investment products in the Eastern Caribbean Securities Market. The purposes of the Bank are to: ? develop and maintain a secondary market for residential mortgages in the member territories;

- contribute to the mobilization and allocation of savings for investment in housing; ? support the development of a system of housing finance and provide leadership in the housing and home finance industry;

- promote the growth and development of the money and capital market; and ? improve underwriting practices and efficiency in processing mortgages and to promote services and benefits related to such mortgages.

The Bank’s mission is to inspire, motivate and provide opportunities for its stakeholders to develop financial acumen, generate wealth and bring positive change to the ECCU.

For more information about ECHMB’s 30th Anniversary celebrations, please visit www.echmb.com or contact Mr. Jarelle Amade at email address: jamade@echmb.com.

SAGICOR LIFE (EASTERN CARIBBEAN) INC.

Vincent Broadbelt of Cleverly Hill, Sandy Point, St. Kitts, having made sworn deposition that **Policy No. K325258** issued by **British American Insurance Company** and assumed by **Sagicor Life (Eastern Caribbean) Inc.** on his life has been lost and having made application to the Directors to grant a duplicate of the same, notice is hereby given that unless objection is raised within one month of the date hereof, the duplicate policy asked for will be issued.

Dated: **19th March, 2026**

By Order

Andrew Greaves
Corporate Secretary



Wise Financial Thinking for Life

Sagicor Life (Eastern Caribbe-

SAGICOR LIFE (EASTERN CARIBBEAN) INC.

De’Shaun Stephens of Hermitage Road, Old Road, St. Kitts, being Beneficiary, having made sworn deposition that **Policy No. 055401170** issued by **Sagicor Life Inc.** and assumed by **Sagicor Life (Eastern Caribbean) Inc. on the life of Melissa Stephens (deceased)** has been lost and having made application to the Directors to grant a duplicate of the same, notice is hereby given that unless objection is raised within one month of the date hereof, the duplicate policy asked for will be issued.

Dated **19th March, 2026**

By Order

Andrew Greaves
Corporate Secretary



Wise Financial Thinking for Life

Sagicor Life (Eastern Caribbe-

SAGICOR LIFE (EASTERN CARIBBEAN) INC.

Rhondell Whittaker of Brick Kiln Village, Nevis, being Beneficiary, having made sworn deposition that **Policy No. F00026500** issued by **Caribbean Atlantic Insurance Company** and assumed by **Sagicor Life (Eastern Caribbean) Inc. on the life of Rodwick Lloyd Griffin (deceased)** has been lost and having made application to the Directors to grant a duplicate of the same, notice is hereby given that unless objection is raised within one month of the date hereof, the duplicate policy asked for will be issued.

Dated: **19th March, 2026**

By Order

Andrew Greaves
Corporate Secretary



Wise Financial Thinking for Life

Sagicor Life (Eastern Caribbe-

Maroon Warriors Set for ODI Showdown in St Kitts After Spirited T20 Battles

26 March 2026

BASSETERRE, St Kitts – Following three competitive T20 Internationals in St. Vincent, the West Indies Women now turn their attention to the ODI format to close out the series against the Australia Women at Warner Park in St. Kitts.

The Maroon Warriors went toe-to-toe with the world's top-ranked side at the Amos Vale Cricket Ground in a series that showcased both resilience and emerging promise.

While Australia's experience proved decisive across the series and resulted in a 3-0 victory for the visitors, the West Indies produced phases of cricket that underlined their growth and intent in a crucial year of white-ball competition.

Captain Hayley Matthews once again led from the front, contributing with both bat and ball, including a hard-fought half century in the second T20, while Deandra Dottin delivered impactful performances that reminded everyone of her match-winning pedigree while veteran Stafanie Taylor added stability to the batting.

Coming out of the contest, West Indies' opener Qiana Joseph was a major climber in the ICC Women's T20 Batting Rankings, moving up 14 places to 33rd in the charts, with Taylor also moving up two places to 48th.

There are three changes from the T20 squad for the three upcoming ODIs, with Realeanna Grimmond, Ashmini Munisar and Shunelle Sawh joining in place of Eboni Brathwaite, Zaida James and Mandy Mangru.

Ahead of the opening match, head coach Shane Deitz spoke about the team's preparations and the challenge that lies ahead:

"It's great to be back in St Kitts for this ODI series against Australia. We had a wonderful series against Bangladesh here at the start of 2025 and have fond

memories of this ground."

"Australia is the number one ranked team in ODI cricket and that's a format where they've been dominant for a long time, so it'll be a fine challenge for us. We've been rebuilding our ODI team in preparation for the 2029 World Cup, which is a long way off, but first, we've got to qualify through this championship series so it's important we get a win and some strong results here against Australia."

Reflecting on the T20 series, Deitz highlighted several encouraging performances despite the result:

"The T20 series didn't go the way we hoped, but I saw some strong performances, particularly from the younger players. Jahzara Claxton bowled important overs and showed that she's a capable international cricketer."

"Some of the senior players were also back to their best. Afy Fletcher bowled brilliantly at times, and she'll have an important role to play here. Deandra Dottin was back to her big-hitting best and with the ball, bowled some important overs and took crucial wickets so it's good to have her back at her best again."

"Against Sri Lanka and in the T20 series against Australia, we were behind the game at times, but we fought back well and never gave up. That's a good sign for the culture in the team, but we've got to execute our skills for longer periods of time."

The ODI series in St Kitts presents a fresh opportunity for the West Indies to apply lessons learned, build longer innings and refine their execution against a dominant Australian unit.

Fans in St. Kitts are urged to come out in their numbers, with admission to all matches free of charge. While supporters throughout the region can follow each match of the thrilling series live on ESPN's Disney+.

West Indies Women's ODI Squad vs Australia:

Hayley Matthews (captain)

Chinelle Henry (vice-captain)

Aaliyah Alleyne

Shemaine Campbelle

Jahzara Claxton

Deandra Dottin

Afy Fletcher

Jannillea Glasgow

Realeanna Grimmond

Shawnisha Hector

Qiana Joseph

Ashmini Munisar

Karishma Ramharack

Shunelle Sawh

Stafanie Taylor

Team Management Unit:

Head Coach: Shane Deitz

Team Manager: Sheena Gooding

Assistant Coach: Ryan Austin

Assistant Coach: Damien Wright

Assistant Coach: Shane Dowrich

Physiotherapist: Ashley Stephens

Strength & Conditioning Coach: Hector Martinez Charles

Performance Coach: Dr. Nadine Sammy

Media & Content Officer: Nicholas Maitland

Series Schedule: (All games played at Warner Park commencing at 2 PM each day)

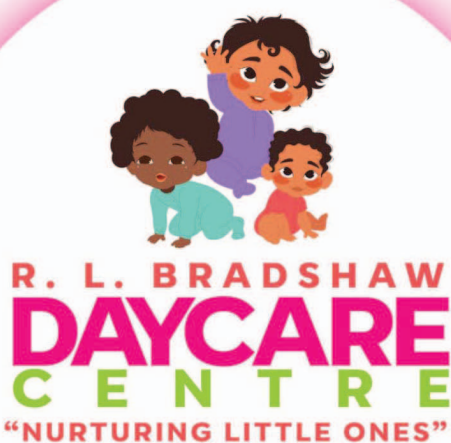
1st ODI – Friday, March 27

2nd ODI – Sunday, March 29

3rd ODI – Thursday, April 2

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Senegal to parade Afcon trophy despite title being stripped



Senegal FA president Abdoulaye Fall at a media conference Image source, Reuters
Senegalese Football Federation president Abdoulaye Fall (centre) and his legal team conducted a confrontational media conference in Paris

By Ian Williams
BBC Sport Africa

Senegal plan to parade the Africa Cup of Nations trophy before their game against Peru in Paris on Saturday, with the head of the country's Football Federation vowing a "crusade" against the decision to strip the team of the title.

The Lions of Teranga claimed their second Afcon title on 18 January when they beat hosts Morocco 1-0 after extra time in a final which ended in chaotic scenes when the Senegal players walked off the pitch after their opponents were awarded a stoppage-time penalty with the match goalless.

But last week the Confederation of African Football (Caf) overturned that result, awarding Morocco a 3-0 victory.

On Tuesday, the Court of Arbitration for Sport (Cas) confirmed receipt of Senegal's appeal against that decision, promising to rule "as swiftly as possible".

"Faced with what amounts to the most blatant and unprecedented administrative robbery in the history of our sport, the Senegalese Football Federation (FSF) refuses to accept this as inevitable," FSF president Abdoulaye Fall said at a media conference in the French capital.

Shortly before making his comments, FSF social media posted a timetable for events around Saturday's friendly at the Stade de France which included a trophy parade.

"Senegal will not bend the knee and will not compromise its values," added Fall. "Our fight now transcends the football pitch."

Who has said what in Afcon row?

Following the controversial final in Rabat - in which Morocco and Real Madrid forward Brahim Diaz missed a Panenka penalty to win the match in the 114th minute - the Royal Moroccan Football Federation (FRMF) immediately lodged a complaint with Caf and Fifa, claiming that Senegal leaving the field of play "greatly affected the normal course of the match and the players' morale".

Caf's disciplinary committee initially rejected that appeal, instead issuing sanctions against both sides, including a five-match ban for Senegal head coach Pape Thiaw, on 29 January.

The FRMF said those original penalties did not "reflect the seriousness of the incidents", and Caf's appeal board agreed, releasing a statement on 17 March which said Senegal had contravened articles 82 and 84 of competition regulations.

Article 82 states that if a team "leaves the ground before the

regular end of the match without the authorisation of the referee", they are eliminated.

Senegal's government responded by calling for an investigation into "suspected corruption" at Caf, a claim rebuffed by the governing body's president, Patrice Motsepe, who has been at pains to point out the appeal board's

independence.

"It is important that the decisions of our Caf disciplinary board and the Caf appeals board are viewed with respect and integrity," he said.

The final decision on who claims the 2025 Afcon title now rests with Cas, sport's highest judicial authority.

"To wage this moral and legal crusade, we have appointed a team of seasoned professionals with undeniable expertise," Fall announced in Paris, flanked by members of the FSF legal team.

One of them, lawyer Seydou Diagne, called the decision to strip Senegal of their title "so blatant, so absurd, so irrational".

"The decision of the appeals jury cannot even be considered a true decision of sporting justice," he added.

"It is an unacceptable and intolerable attack on the fundamental rights of our national Football Federation."

Fellow lawyer Juan Perez said: "A match that was over, whose result had been decided by the referee, now being re-refereed, administratively - that's unprecedented. You haven't seen anything like it. It could change the world of football."

Caf recently updated the Afcon 2025 review on its website to list Morocco as winners, although that page now appears to have been taken down.

With Senegal refusing to relinquish the trophy, and with Saturday's planned parade a sign of their contempt, the battle to be crowned African champions is far from over.



FEDERATION OF SAINT CHRISTOPHER AND NEVIS
SAINT CHRISTOPHER CIRCUIT
A.D. 2026

TITLE BY REGISTRATION ACT CAP 10.19

SKBLRD2026/0011

IN THE MATTER OF SECTION 144 OF THE TITLE BY REGISTRATION ACT
AND LOST CERTIFICATE OF TITLE ISSUED JUNE 15, 2015 REGISTERED IN
TSI REGISTER BOOK 2015, FOLIO 7 OF THE SAINT CHRISTOPHER
REGISTER OF TITLES

NOTICE OF LOST CERTIFICATE OF TITLE

NOTICE IS HEREBY GIVEN that Robert J. Foskey and Pamela C. Foskey, the Registered Proprietors of the Time Share interest contained in the said Certificate of Title being Time Share Interest No. H of Unit 115 of Windswept Residence Club No. 42 has applied to the Registrar of Titles for the issue of a replacement Certificate of Title in lieu of one registered in TSI Register Book 2015, Folio 7 of the Condominium Register of Titles of the Island of St Kitts on the basis that the said Certificate of Title has been irrecoverably lost.

Any person who may be in possession of the said Certificate of Title or of any information which may lead to its recovery, kindly contact: **KELSICK, WILKIN & FERDINAND**, Attorneys-at-Law, of Chambers, Fred Kelsick Building, Independence Square South, Basseterre, St Kitts.

Dated this 24th day of March, 2026

Signed 
M. Elizabeth A. Kelsick, Partner
KELSICK, WILKIN & FERDINAND
Attorneys-at-Law for the Applicants



CWI Confirms Fast Bowler Management Plans Ahead Of Busy International Season

Jayden Seales, Shamar Joseph and Alzarri Joseph subject to carefully managed availability as West Indies prepares for a demanding home and away programme

26 March 2026 -Cricket West Indies (CWI) today confirmed the availability and management plans for three of its frontline fast bowling assets — Jayden Seales, Shamar Joseph, and Alzarri Joseph — as the organisation continues to prioritise the long-term health and performance of its players ahead of an exceptionally demanding international calendar.

Seales and Shamar Joseph — Managed Return to Regional Cricket



Jayden Seales and Shamar Joseph will both participate in the West Indies Championship in a carefully managed capacity. Seales will be available for selection from April 9, with his participation confirmed for Rounds 1 and 2 of the Championship. Should his territorial side, the Trinidad and Tobago Red Force, advance to the second phase of the tournament, his continued involvement will be assessed at that stage.

Shamar Joseph will be available for competitive selection from April 13, with the Guyana Harpy Eagles able to involve him in managed practice sessions prior to that date. Structured loading plans for both players will be provided by the Bowling Coach to guide their preparation and integration into their respective squads.

Alzarri Joseph — PSL Commitment and Continued Recovery

Alzarri Joseph will miss the West Indies Championship season, having been granted a No Objection Certificate (NOC) to fulfil his commitment in the Pakistan Super League (PSL). His participation in the PSL also forms part of a broader programme to support his return from an extended injury absence. His workload and progress will be closely monitored throughout the tournament and into the preparatory camps ahead of the home series window, as CWI takes a measured and intentional approach to his reintegration into the international programme.

CWI recognises the value of its players competing at the highest level of franchise cricket and remains supportive of such opportunities where they complement the broader performance programme.

The Bigger Picture — A Packed International Calendar

The intentional management of these players reflects the scale and intensity of what lies ahead. Prior to the commencement of the home international window, preparatory camps will be held to ensure the squad arrives primed for competition. The home series schedule features an all-format series against Sri Lanka, a five-match ODI series against New Zealand, and a two-Test series against Pakistan — a formidable run of fixtures that will place significant physical demands on the fast-bowling group.

Following the conclusion of the home series, the Caribbean Premier League (CPL) will provide further high-intensity competition, before the squad turns its attention to away tours to India and Bangladesh. Across this entire window, all-format fast bowlers represent some of the most valuable and heavily utilised

assets in the squad, and their management will remain a priority throughout.

“Our fast bowlers are among our most valuable assets, and this season demands the best of them across every format and every competition. The plans we

have put in place are deliberate — we are being proactive and precise so that Jayden, Shamar, and Alzarri are fit, available, and at their sharpest when it counts most.” said Miles Bascombe, CWI's Director of Cricket.

CWI remains fully committed to fielding its strongest possible squads at every stage of the season and is confident that this structured and proactive approach to player management will keep the West Indies fast bowling group in peak condition throughout a historic period for the game in the Caribbean.

FEDERATION OF SAINT CHRISTOPHER AND NEVIS
SAINT CHRISTOPHER CIRCUIT
A.D. 2026

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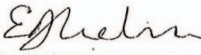
IN THE MATTER OF SECTION 144 OF THE TITLE BY REGISTRATION ACT
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REGISTER OF TITLES

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NOTICE IS HEREBY GIVEN that Harrie de Haas, the Registered Proprietor of the Time Share interest contained in the said Certificate of Title being Time Share Interest No. J of Unit 115 of Windswept Residence Club No. 42 has applied to the Registrar of Titles for the issue of a replacement Certificate of Title in lieu of one registered in TSI Register Book 2015, Folio 9 of the Condominium Register of Titles of the Island of St Kitts on the basis that the said Certificate of Title has been irrecoverably lost.

Any person who may be in possession of the said Certificate of Title or of any information which may lead to its recovery, kindly contact: **KELSICK, WILKIN & FERDINAND**, Attorneys-at-Law, of Chambers, Fred Kelsick Building, Independence Square South, Basseterre, St Kitts.

Dated this 24th day of March, 2026

Signed 
M. Elizabeth A. Kelsick, Partner
KELSICK, WILKIN & FERDINAND
Attorneys-at-Law for the Applicant

FEDERATION OF SAINT CHRISTOPHER AND NEVIS
SAINT CHRISTOPHER CIRCUIT
A.D. 2026

LAND REGISTRY

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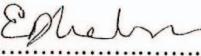
IN THE MATTER OF SECTION 144 OF THE TITLE BY REGISTRATION ACT
AND LOST CERTIFICATE OF TITLE ISSUED JUNE 15, 2015 REGISTERED IN
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REGISTER OF TITLES

NOTICE OF LOST CERTIFICATE OF TITLE

NOTICE IS HEREBY GIVEN that Frans de Haas formerly of The Residences at Divi Village Golf & Beach Resort, J.E. Irausquin Boulevard 93, Condo 42, Oranjestad, Aruba but now of Watertorenstraat 51, 3930 Hamont, Belgium, the Registered Proprietor of the Time Share interest contained in the said Certificate of Title being Time Share Interest No. I of Unit 115 of Windswept Residence Club No. 42 has applied to the Registrar of Titles for the issue of a replacement Certificate of Title in lieu of one registered in TSI Register Book 2015, Folio 8 of the Condominium Register of Titles of the Island of St Kitts on the basis that the said Certificate of Title has been irrecoverably lost.

Any person who may be in possession of the said Certificate of Title or of any information which may lead to its recovery, kindly contact: **KELSICK, WILKIN & FERDINAND**, Attorneys-at-Law, of Chambers, Fred Kelsick Building, Independence Square South, Basseterre, St Kitts.

Dated this 24th day of March, 2026

Signed 
M. Elizabeth A. Kelsick, Partner
KELSICK, WILKIN & FERDINAND
Attorneys-at-Law for the Applicant



Climate Change

OECS and PREPARED International Partner to Boost Climate and Disaster Resilience in the Region

OECS Media Release
March 26, 2026

The Organisation of Eastern Caribbean States (OECS) Commission has signed a Memorandum of Understanding (MOU) with PREPARED International (PPI), a global consultancy specialising in disaster risk management, emergency preparedness, and climate change adaptation.

The agreement establishes a strategic framework for collaboration to strengthen multi-hazard preparedness, climate resilience, and risk-informed development across OECS Member States. The MOU was signed by OECS Director General Dr. Didacus Jules and Dr. Albrecht Beck, Managing Director of PREPARED International, signaling a shared commitment to advancing resilience in Small Island Developing States (SIDS).

The partnership comes at a critical time for the Eastern Caribbean, which is facing increasing exposure to climate variability, natural hazards, and external economic shocks. Through this collaboration, the OECS and PPI will work together to design and implement programmes that enhance preparedness, strengthen institutions, and support sustainable development pathways.

This Memorandum of Understanding represents an important step in strengthening the OECS region's capacity to anticipate, prepare for, and respond to the growing risks posed by climate change and natural hazards. This partnership reinforces the OECS commitment to building resilient systems, protecting vulnerable communities, and advancing sustainable development across Member States.

The approach is integrated, data-driven, and community-focused, strengthening preparedness and adaptive capacity. Key Areas of Collaboration

Under the MOU, the OECS and PPI will collaborate across several priority areas, including:

- Multi-hazard preparedness and disaster risk reduction, including risk assessments, simulation exercises, and public awareness initiatives

- Climate resilience and environmental sustainability, with a focus on nature-based solutions and ecosystem-based adaptation

- Human mobility and protection of vulnerable populations, including evacuation planning and community-based resilience

- Data, digital, and knowledge systems to support evidence-based decision-making and policy development

- Capacity development and training, including technical programmes, knowledge

Taiwan and St. Kitts and Nevis Advance Circular Economy with Opening of Recycling Facility

On March 18, Ambassador Edward Ling-wen Tao attended the official opening ceremony of the recycling facility at the Conaree Landfill, held under the "Solid Waste Management and Recycling Project (Let's Recycle in St. Kitts and Nevis)" implemented by the Taiwan Technical Mission of the Taiwan International Cooperation and Development Fund (TaiwanICDF). The event marked a significant milestone in environmental cooperation between Taiwan and St. Kitts and Nevis.

The ceremony celebrated the completion of the facility's expansion and the commissioning of a new horizontal baler, which will significantly enhance recycling efficiency and capacity in the Federation. The event also coincided with Global Recycling Day, underscoring the government's strong commitment to environmental protection and sustainable development.

In his remarks, Ambassador Tao reaffirmed Taiwan's commitment to working closely with St. Kitts and Nevis to advance environmental sustainability, strengthen climate resilience, and promote the development of a circular economy.

During the ceremony, Taiwan donated 32 recycling bins to expand community recycling capacity, as well as 900 eco-friendly T-shirts and 400 reusable shopping bags made from recycled PET bottles collected in St. Kitts and Nevis—demonstrating the tangible outcomes of resource recycling.

Project Manager Ms. Joyce Chang also presented the plastic recycling process, illustrating how waste materials can be transformed into valuable products. Students in attendance shared their experiences from visiting the recycling facility, highlighting the importance of youth engagement in environmental protection.

Taiwan and St. Kitts and Nevis will continue to work hand in hand to transform waste into resources and build a more sustainable and resilient future.

exchange, and institutional strengthening

Resource mobilisation and strategic partnerships to unlock financing for resilience initiatives

The partnership also emphasises the importance of data-driven decision-making, inclusive dialogue, and regional coordination as critical enablers of effective policy and programme design.

The OECS and PPI partnership aligns with regional and global frameworks supporting disaster risk reduction, climate resilience, and sustainable development, while reinforcing the OECS Commission's mandate to drive regional integration, policy harmonisation, and functional cooperation.

It also reflects a growing recognition of the need for whole-of-society approaches to resilience, ensuring that governments, communities, and stakeholders are equipped to respond to increasingly complex and interconnected risks.

The MOU will remain in force for an initial period of two years, with provisions for extension and ongoing collaboration. Both organisations will jointly coordinate activities, monitor progress, and engage in continuous dialogue to ensure effective implementation.

This partnership marks another important step in the OECS Commission's ongoing efforts to build a more resilient and sustainable region.

Isometric exercise: The most efficient fitness regime?

Miriam Frankel
BBC Health News



Getty Images A man faces the camera in the plank position (Credit: Getty Images)Getty Images

Isometric exercises – which involve holding certain poses – can build strength and reduce our blood pressure. All you need to invest is 14 minutes a session, three times a week, to see large benefits.

When most of us think of fitness, we imagine spending hours in the gym pounding the treadmill, cranking out burpees or lifting iron.

But recent research shows you don't need to put in an enormous effort to reap some of the benefits. In fact, you barely need to move at all – just holding a pose for a few minutes at a time can help. Isometric exercises such as remaining in a squat position or sitting down on a chair with a leg extended in front of you, can improve your heart health and enhance your muscular strength.

That's good news for the many people who are struggling to build an exercise regime into their current schedule. Most of us know the importance of physical activity; we just struggle to put it into practice. According to the World Health Organization, levels of inactivity across the world actually increased by five percentage points to 31% between 2010 and 2022. Might isometric exercise be the answer?

Mounting evidence

The case for isometric physiology has been growing for decades, with some indications that it could lower blood pressure dating back to the 1990s. We can only read so much from individual studies, however, which is why scientists often conduct meta-analyses that combine data from multiple experiments. In 2023, a meta-analysis of trials published between 1990 and 2023 compared the effectiveness of different kinds of exercise regimens for lowering blood pressure, drawing on the results from nearly 16,000 people who had been exercising for at least two weeks.



Getty Images Holding a static pose for a couple of minutes can build strength and stamina (Credit: Getty Images)Getty Images

The studies considered examined three specific exercises: handgrip (squeezing a device or ball), wall squat and leg extension. And the trials often used the same basic training plan: four times two-minute bouts of the exercise in question, with either one or two minutes of recovery in between. This 14-minute session is carried out three days a week – something that should, in theory, fit into anyone's daily routine.

The results were extremely attention-grabbing for anyone who cares about their health, showing that isometric holds were more effective than cardio, weight training, combined training and high-intensity interval training (Hiit). Blood pressure is measured with two numbers which represent when the heart is beating and resting; a healthy reading is considered anything below 120/80 mmHg. The reduction in blood pressure from aerobic exercise was just 4.49/2.53 mmHg compared to 8.24/4.00 mmHg for isometric exercise.

By comparison, standard medications for lowering blood pressure typically reduce it by about 9/4.00mmHg – only a shade better than the isometric exercise. Given that high blood pressure is a major risk factor for cardiovascular disease and premature death, the potential benefits to our well-being as we age are enormous.

The sheer accessibility of the regime makes it highly attractive, says Melanie Rees-Roberts, a senior research fellow at the Centre of Health Services Studies at University of Kent, UK. "You can do it in your house; you don't need equipment. You don't have to go outside if it's raining. You don't break too much of a sweat doing it."

Jim Wiles, a co-author of the meta-analysis and professor of exercise science at Canterbury Christ Church University in the UK, agrees, arguing it can be particularly helpful for people who have joint or mobility issues and struggle with dynamic, weight-bearing exercise such as running or lifting weights. "The isometric wall squat, as long as it's done properly, is probably safer from a cardiovascular and musculoskeletal perspective than other types of exercise."

Why it works

When you do an isometric exercise, you contract a muscle (or several muscles) and hold it, meaning the length of the muscle does not change as it does in other types of exercise that involve continuous movement. Such static holds compress the blood vessels, leading to a lack of oxygen and a build-up of waste products in the active muscle. This stimulates the brain to try to send more oxygen to the area, which, combined with the increased resistance, raises blood pressure. When the muscle contraction stops, the blood vessels can expand again, increasing blood flow to the area and causing a temporary reduction in blood pressure. The idea is that the repetition of this process can lead to lower blood pressure in the long run.

And the benefits extend beyond blood pressure. By stimulating the blood vessels, isometric exercise reduces the stiffening of the arteries and recent studies suggest it also improves overall heart function.



Isometric exercises can be easily integrated into other forms of exercise (Credit: Getty Images)

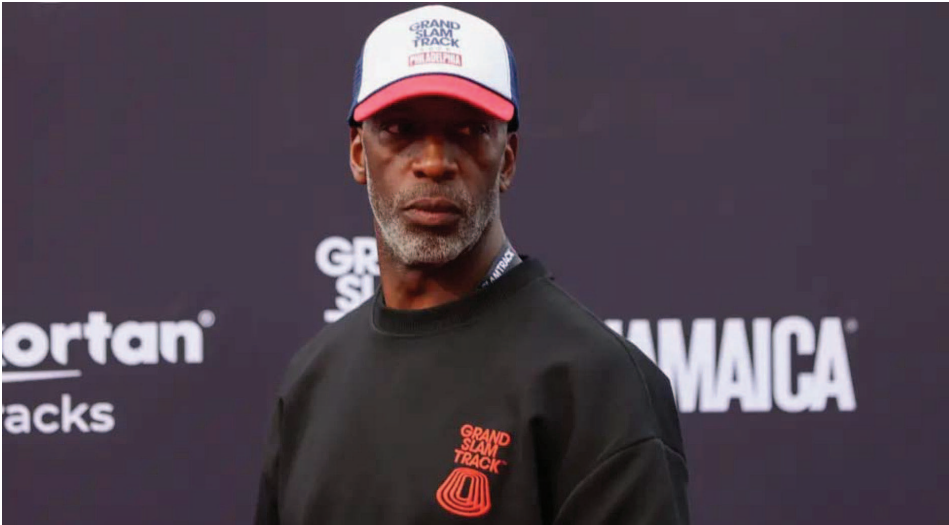
Isometric exercise can also boost muscular strength by helping us to generate more force. That's because it engages neurons in the brain and spinal cord that turn on "motor units" – collections of nerves going into the muscle – making them contract. "Once you hold that muscle statically, all it does is just turn on motor units," explains Dan Gordon, a professor of exercise physiology at Anglia Ruskin University in the UK. He adds this can help improve overall athletic performance.

Gordon, a world-record-holding track cyclist, has personal experience of this. Training in Manchester's velodrome facility for Great Britain, he used to hold a very heavy bar (150kg/330lb) in a squat position before cycling. "I'd then have somebody pull the bar off and get on the bike. Because I'd fired all the motor units – bang, I could accelerate more," he says.

This isn't just useful for athletes, says Gordon. Elderly people struggling to get

(cont'd on next page)

Johnson to give back alleged 'secret' payment of \$500,000



Former athlete Michael Johnson wearing a Grand Slam Track jumper and cap at the league's event in Philadelphia in 2025
Image source, Getty Images
Michael Johnson won gold medals at the 1992, 1996 and 2000 Olympics

By Jane Dougall
BBC Sports Correspondent

Four-time Olympic champion Michael Johnson has confirmed he will refund a sum of \$500,000 (£375,000) he allegedly "secretly" paid himself just days before his Grand Slam Track (GST) league collapsed.

Three GST events were held - in

Kingston, Miami and Philadelphia - before the project folded in December 2025. Contracted runners had been promised lucrative prize money and salaries in the competition's inaugural season, but the final event was cancelled and organisers later voluntarily filed for bankruptcy in the US.

Isometric exercise:

(cont'd from last page)

out of a chair, for example, could start by pushing down on the arms for a while before relaxing, similarly turning on motor units before lifting themselves all the way up.

How to get started

If you don't yet do much physical activity, isometric training could be the perfect way to get started with exercise. If you're already pretty active, though, you should



It is not yet clear whether advanced poses, such as the "front lever", hold greater benefits than well-studied exercises like the wall squat (Credit: Getty Images)

A legal filing in Delaware by vendors claiming against Johnson and GST includes an accusation that eight days before the collapse, he "secretly" paid himself \$500,000 (£375,000). GST called that accusation "unfounded and false".

A GST spokesperson said: "While Mr Johnson has been clear that the \$500k was a reimbursement and not a payment, to avoid disruption and continue moving forward he and Winners Alliance have agreed to fund the \$500k to the plan so that all creditors can benefit and receive a greater distribution in connection with the company's reorganisation and efforts to resurrect the league."

In May 2025, Johnson put \$2.25m (£1.68m) into the business, after Eldridge Industries decided not to invest \$40m (£30m).

Johnson's spokesperson said: "Michael has asserted defences to the claim, including that this was a partial reimbursement of over \$2m (£1.5m) of expenses advances by Michael for the benefit of the athletes."

What is the future for the league?

GST has agreed to amend its plan to get out of bankruptcy, with sources telling the BBC that the new offer would mean athletes received 70% of their prize money but unsecured creditors would only be given around 15%. Those creditors include a broadcast company still owed \$3.1m (£2.3m).

Former world 1500m champion Josh Kerr was one of the British athletes invited to be part of the league, and legal documents claim he is owed \$168,750 (£123,000).

The Association of Athletics Managers, which represents a number of competitors, said in January that GST had debts of more than \$30m (£22.5m).

World Athletics said it would only consider licensing or supporting any future GST events once its debts from the 2025 season are paid.

In a statement in February, the governing body said: "It is unconscionable that efforts would be made for Grand Slam Track to restart in 2026 without the settlement of outstanding financial obligations to athletes, vendors and service providers."

No plans to use Johnson, says BBC

The BBC has confirmed there are no plans to use Johnson, 58, in its athletics coverage this year.

Johnson's spokesperson said: "Michael wishes to clarify that it was his decision not to continue with the BBC after the Paris 2024 Games.

"With his contract up for renewal after the Olympics, and Grand Slam Track launching soon after, he chose to focus fully on the project.

"The BBC understood his decision, and he remains grateful for their support and his long-standing relationship with the broadcaster."

not necessarily replace your existing regimen, Wiles warns, since those other types of workouts may bring their own benefits. Cardio, for example, is far more effective for weight loss and increasing the body's maximal oxygen uptake, which can improve physical stamina and cardiovascular health. But if you're especially focused on lowering blood pressure, you may want to incorporate isometric exercise, such as a static squat, into that routine.

Given that the meta-analysis only focused on those three specific exercises, we cannot assume that other forms, such as a plank, will work in the same way, though Wiles suspects they "probably will". A 2025 small randomised controlled trial of 12 young adults showed that a single session of four 2-minute planks reduced blood pressure 24 hours later. But the authors themselves say more research will be needed in larger groups over longer time frames to confirm this.

And while it may be tempting to ease into isometric training by starting at less than two minutes and extending over time the evidence regarding blood pressure is normally based on doing it for two full minutes at a time. Wiles therefore suggests starting with lower intensity rather than shorter duration. Most people can't hold a wall squat at 90 degrees for two minutes, he says, so it's advisable to start in a more upright position between 110-130 degrees.

It is possible that reducing the time of each exercise may also work, of course – we just don't have the evidence yet. "We don't really know where the two minutes has come from," says Gordon. "It may be that two minutes at 40% workload produces the same effect as 10 seconds at maximal load," he says. Other open questions include the long-term benefits (over months or years), for instance, and how it works for people who are already taking medications to treat hypertension.

These questions may soon be answered. Wiles, Rees-Roberts and other colleagues are currently carrying out a large randomised controlled trial. They've already recruited more than 700 people, all with clinically high blood pressure. The participants, some of whom are on medication, will be doing wall squats independently at home. They will also be followed for a longer period of six months, adjusting the isometric exercise difficulty to ensure optimal outcomes over time.

These findings will help refine our understanding of the benefits and optimise the exercises for different fitness levels, but given the evidence to date, there are already many good reasons to begin a basic regime. Whether you're a couch potato or a gym bunny, incorporating a few hand grips, wall squats and leg extensions into your daily routine could propel you to a healthier future.

Woods targets Masters after return to action in TGL



Tiger Woods smiles - Image source, Getty Images
Tiger Woods has not played on the PGA Tour since The Open in 2024

By Paul Battison
BBC Sport Journalist

Tiger Woods says he is "trying to play" in next month's Masters after returning to action for the first time in more than a year as his team lost in the final round of the TGL season.

The 50-year-old, who has had a series of operations in the last two years, had been sidelined since having an operation in October to replace a disc in his back.

Woods' previous appearance was also in TGL - an indoor team league his company co-founded - in February 2025.

His Jupiter Links team lost 9-2 against Los Angeles Golf Club in his return to competitive action.

The 15-time major-winner looked in good physical shape as he hit a couple of drives more than 300 yards and he said

"I've loved the Masters tournament, I've loved being there since I was 19 years old, so it's meant a lot to me and my family over the years and I'm going to be there either way."

Woods has held a non-playing role with Jupiter Links GC throughout the 2026 TGL season, the PGA Tour-backed league that uses a huge screen in a purpose-built venue in Florida.

Woods' side beat Rory McIlroy's Boston Common in last week's semi-final to set up a meeting with Los Angeles in the best-of-three final.

Los Angeles, featuring England's Justin Rose and Tommy Fleetwood, won the opening match, before Woods replaced Kevin Kisner for Tuesday's season finale.

Jupiter Links, which also has Max Homa and Tom Kim in the team, went 2-0 up in the second game of the finals but Woods missed a three-foot putt on the seventh hole and the momentum switched to Los Angeles.

They made three eagles in a row before Jupiter conceded the match and the tournament on the 10th hole.

"It was fine physically," added Woods.

"We got our ass kicked at the end. Three eagles in a row,

we didn't respond. I missed a short one to kind of get it started and give them momentum and we never got it back."

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To the Magistrate,
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To the Superintendent of Police.

I, Janelle Queeley now residing in No. 147 Buckleys Housing Development in the town of Basseterre do hereby give you notice that it is my intention to apply on 04th day of January, 2027, to the District Magistrate at Basseterre for a Retail Liquor Licence in respect of my premises Rise To The Occasion Bar & Grill in No. 147 Buckleys Housing Development in Basseterre.

Dated this
24th day of March, 2026.

Signed: Janelle Queeley

CWI Publishes 2025 Annual Report Following 27th Annual General Meeting

25 March 2026

HIGHLIGHTS

- * **Cricket West Indies has published its 2025 Annual Report, outlining organisational performance, financial stewardship, and strategic priorities for the future of West Indies cricket.**
- * **Leadership highlighted the growing pressures on the international game, with President, Dr. The Hon. Kishore Shallow emphasizing the need for a collective action to ensure sustainability.**
- * **CEO, Chris Dehring unveiled a modernization roadmap, focused on strengthening grassroots pathways, restructuring domestic systems, and investing in high-performance infrastructure to drive long-term sustainability and competitiveness.**

ST JOHN'S, Antigua – Cricket West Indies (CWI) has published its Annual Report for the 2025 financial year, following the staging of its 27th Annual General Meeting on Saturday, March 21.

The virtual meeting was attended by representatives from each Full Member shareholder—Barbados Cricket Association (BCA), Guyana Cricket Board (GCB), Jamaica Cricket Association (JCA), Leeward Islands Cricket Board (LICB), Trinidad & Tobago Cricket Board (TTCB), and Windward Islands Cricket Board (WICB). ?

Also in attendance were representatives from various Special Members, including the West Indies Cricket Umpires Association (WICUA), and the West Indies Players Association (WIPA), with auditors, Grant Thornton, present for the reading of the audited Financial Statements. ? ?

The 2025 Annual Report provides a comprehensive overview of the organisation's performance across cricket operations, high-performance development, commercial activity, and financial management, while outlining the strategic priorities required

St. Kitts & Nevis Heading To CARIFESTA Aquatics Championship 2026

Skyla Connor and Austin Williams to Represent the Federation in Swimming and Open Water in Martinique

ST. KITTS & NEVIS – The St. Kitts & Nevis Aquatics Federation (SKNAF) is excited to announce its team for the 2026 CARIFTA Aquatics Championships taking place in Martinique from April 2–9. The championships will bring together top young talent from 28 Caribbean nations. The pool events will take place between April 4-7 at the Pierre Samot Community Aquatic Centre and the open water event will be held on April 8 at Anses d'Arlet.

Representing the Federation are Skyla Connor, who will compete in the Breaststroke, Butterfly, and Freestyle events, while Austin Williams will take on the Open Water challenge. Connor enters the championships following a year of consistent improvement and strong performances, while Williams earned his place in the open water event after a standout long-distance swim earlier this year. The team will be guided by Coach James Weekes, along with Eldon Thomas, President of SKNAF, and Danielle Connor as team chaperone.

Notably, this marks the first time St. Kitts & Nevis will be represented in the open water event at CARIFTA, reflecting the Federation's continued growth and commitment to developing the sport across multiple disciplines.

"Both athletes represent the dedication, resilience, and steady progression of our national program," said Coach James Weekes. "CARIFTA provides an invaluable opportunity to test themselves against the region's best, and we're confident they will compete at a high level."

As the region's premier aquatic competition for athletes aged 11–18, CARIFTA offers an invaluable platform for international experience and national pride. SKNAF salutes the athletes' dedication and looks forward to building on this milestone as the Federation continues to expand and strengthen aquatic sports in St. Kitts &

to strengthen West Indies cricket in an evolving global landscape. It reflects on a year of transition and recalibration, as CWI continues to respond to the shifting dynamics of international and franchise cricket, while reinforcing its commitment to sustainable growth and long-term competitiveness.

In his President's message, Dr. The Hon. Kishore Shallow, spoke to the challenges facing the organisation and the global game. ?

"It is clear that the continued rise of franchise cricket increasingly dominates the international game. Cricket West Indies is not immune to this reality, as we are already experiencing its effects in areas such as the acquisition of commercial partnerships, player retention, and the negotiation of broadcasting and media rights. Importantly, the International Cricket Council is aware of these dynamics and will inevitably have to play a leading role in addressing a significant global trend, one that poses a long-term challenge to the traditional international game."

The President emphasized the collective approach required at the regional level to ensure long-term sustainability. ?

"The time has certainly come, perhaps overdue even, for greater emphasis to be placed on our domestic and regional systems. While West Indies cricket represents the pinnacle of achievement, the journey begins much earlier: in our schools, our communities, and our clubs. The entire model of cricket development in our region requires careful re-examination and thoughtful redesign to ensure a stronger and more sustainable pathway for the future."

Chief Executive Officer, Chris Dehring, outlined a clear roadmap for modernising CWI's cricket production pipeline to meet the demands of contemporary professional sport. ?

"First, we must attract from much earlier stages of development more of the best male and female athletes in the region, aligning with what obtains in modern professional sport and creating clear, aspirational pathways to professional careers. Second, we must re-engineer our tournament and administrative structures to improve both productivity and financial sustainability. Third, the retooling of the production pipeline with modern training facilities and infrastructure is paramount."

The 2025 Annual Report underscores Cricket West Indies' commitment to transformation, innovation, and unity as it navigates a rapidly changing cricket landscape. With a renewed emphasis on grassroots development, high-performance systems, and financial sustainability, the organisation is positioning itself to build a stronger, more competitive future for West Indies cricket.

All interested persons are encouraged to read the full report and 2024/25 Financial Statements which can be viewed [HERE](#) or by visiting the Financial Accounts page on www.windiescricket.com. ?

