

THE LABOUR SPOKESMAN

St. Kitts and Nevis

www.thelabourspokesman.com



SOUND SPEECH THAT CANNOT BE CONDEMNED... TITUS 2:8

Year 64 NO. 44

BASSETERRE, ST. KITTS, W.I.

FRIDAY, 15th APRIL, 2022

EC \$2.00

At The Pumps This Weekend Maximum Price ULG per gallon -

Dated : 22/03/22

DELTA \$18.01 / SOL \$15.93



'RICHARDS REASON WRONG'

STORY ON PAGE 03

SPLISH SPLASH SUPPORT

STORY ON PAGE 14



MORE POLICE DETAILS

STORY ON PAGE 03

THE LABOUR SPOKESMAN

THE SPOKESMAN - ESTABLISHED MAY 1957

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P.O. Box 239 . Basseterre . St. Kitts . West Indies

Tel: (1 869) 465-2229 <> Fa: (1 869) 466-9866

Email: info@sknunion.com

Website: www.thelabourspokesman.com

Editorial

Regaining Our Moral Compass

It is with dismay and anxiety that most of our people have at long last come to the realisation that the entity which calls itself 'PLP' is not Labour, and that allowing it to gain political traction in this country was one of the gravest errors ever made by the electorate of St Kitts and Nevis.

The other political groups which went along with it are themselves ruining the day that they allied themselves with the naked emperor and all that he stands for.

Our descent into the morass that our country has become is a journey which the vast majority of us will never forget.

Groups which are supposed to be allied are suddenly finding out that the 'emperor' and his minions have been, for a long time, hard at work sowing disaffection and discord within their membership, to such an extent, with such effectiveness, that they no longer know just where they stand within their own groups.

In one particular instance a 'partner' group suddenly found itself confronted with the fact that the emperor and his lot have been hard at work assisting a rival political party with getting ready to defeat them (his 'partners'?) in elections to held in the not too distant future.

As we have been informed, that help includes financial support, even as he purportedly withholds funds from his 'partner?' organisation.

Well might one ask: 'Is there no level to which the 'emperor' will not sink?'

It has now become an almost daily ritual for the naked emperor and his political hacks to indulge in publicly attacking his former partners. The disclosures are causing our people to cringe. Most are so ashamed that they can't wait to see the back of the emperor and his lot.

But it is the seemingly unending disclosures of corruption which are causing our people the greatest pain. Most cannot believe that what is going on could really be happening to our beautiful little country.

From the editor: From everyone here at The Labour Spokesman Newspaper we send you our thanks for 'walking' with us on another year's Lenten journey. Please accept our sincere best wishes for a blessed and tranquil Easter, and we pray for you the continued abundantly blessings of our Heavenly Father.

The Lenten Journey 2022: A Layman's Perspective - 8

Today, Good Friday, we reflect on that first Friday when Jesus Christ surrendered himself to the most brutal torture which he endured, and his terrible death at Calvary. Dying on the cross to redeem all of mankind was an extremely heavy undertaking, a case of one person taking on ALL the sins of the world.

Jesus endured it all because of his love for us, humans, and in due obedience to His Heavenly Father, whose love for us is without limit. But let us always remember that there is no way into the love of God except through the cross.

As we reflect on those facts it would be helpful for us to recall two very important considerations taught us by Jesus Himself.

In the second section of The Sermon From The Mount, Matthew Chapter 6 Verse 24, he taught us: *No man can serve two masters. For either he will hate the one, and love the other: or he will sustain the one and despise the other. You cannot serve God and mammon.* Mammon meaning 'money'.

When The Saviour was asked by the young man in the crowd how could he 'better' himself as someone who loved God, Jesus told him to go and dispose of all his earthly possessions, then return and follow him. For the questioner that was a very tough call. How would any of us have responded?

The lesson here is that if we truly love God we will be truly unselfish. But the reality is that selflessness is not easily achieved. We will always find ourselves in some difficulty when called upon to exercise such a quality.

On this Good Friday let us pray, meditate, and bow low before the crucified Christ. Let us also appreciate God's great love for the world, and for each of us individually, mindful that all spiritual blessings and treasure are to be found in the cross, through which we are restored to paradise, God's gifts, and His sure promise of eternal life.

At midnight tomorrow, Holy Saturday, we will have come to the end of another journey over the season of Lent, and enter into that most joyous season of Easter, let us do so mindful and fully appreciative of Christ's ultimate sacrifice, and God's unlimited love for us all.

It is with great reluctance that so many of our people have at long last opened their eyes to the reality that we have, indeed, lost our way, and that a sizeable portion of our people have become morally bankrupt.

Meanwhile, the naked emperor desperately continues to fire civil servants and others, then fill their positions with his own creatures, each of whom has to meet the requirements demanded by his innumerable corruptions, all of whom are poised to do his every bidding, regardless of what may be involved.

At this special time of year we are presented with opportunities to pause, reflect on where we have erred, and seek to take such corrective action as may be necessary.

Indeed this is an excellent time to set about

regaining our moral compass at the national level.

Our comrade leader, Dr Terrence Drew, and his wonderful team of candidates, are all professionally and personally committed to lead us on that most desirable course of reclamation, fortified as they are with a full commitment to Labour's Code of Ethics.

Let us all rally to their side, and give them our fullest support with returning our nation to the good state that we all want it to be.

*From The Editor and Staff of
The Labour Spokesman, a very
Blessed and Happy Easter to
everyone.*



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Astaphan Questions Deputy PM Cabinet Protest

By: Spokesman Newsroom

BASSETERRE, St.Kitts (Thursday 13th April 2022)- Well-known political commentator and former government minister Dwyer Astaphan has given his opinion on the decision of Deputy Prime Minister Shawn Richards to be boycotting Cabinet meetings in protest of wanting his (Richards) name to be removed from the Las Lap Bar police report of January 2022.

"It does not appear to be the right decision by Mr. Richards especially in a dysfunctional cabinet where his absence might be used by the Prime Minister to further weaken Mr. Richards and his party, and by removing himself and doing so for nearly three months, Mr. Richards has deprived the residents of Sandy Point and the people of this country of his representation of their interests, and the most important forum of executive decision making in this country, that is the cabinet."

So said Astaphan in his latest commentary publicised on Thursday 13th April 2022.

In his presentation, he pointed out that Richards "has called for his name to be removed from the report as far as I can understand, and has said that until and unless that happen, he will continue his protest by absenting himself from cabinet meetings. Reportedly, he has taken his re to the Governor General but what is it in the report that questions his good name?"

He continued: "As I said, he has not been implicated or charge in anything, any wrong doing and the people of this

country have no reason to lower him in their esteem because of anything that happened that night. In any event, I don't think that the people knew anything about any such report until he himself raised it so I must admit that I am having some difficulty understanding why Mr. Richards is reacting the way he is."

"Now if a Task Force officer or a police officer writes a report and mentions someone's name in that report, only the officer can properly remove that name. No superior officer, not even the Commissioner of Police has the authority to change that report as he pleases because the report is the report of the officer who filed it. It is not the Commissioner's report, and all the Commissioner can do is relay the contents of the report to and discuss the report with authorized persons and to take the appropriate steps if any, and any change in the report if made has to be made by the reporting officer with honest intent to correct and error that is there," Astaphan added.

According to him, "there can be no justification for removing the name of a person who was present, worse so simply because that person objects to his name being on the record as being present and even worse- because that person insists that his name be removed whether he be drain sweeper, domestic worker, doctor or deputy prime minister."

"You can complain as much as you like but the report is the report and if a person seeks to have his name removed from an official report without justifiable and lawful reason,

he'll be walking down a wrong road and any official who would facilitate the removal of that person's name from the report will also be walking down a wrong road. So if there's a report which states that states that certain ministers were present at the bar that night in January, it cannot be changed to exclude one or more of those names. It would be wrong to do that. This is my humble and respectful opinion."

Astaphan went on to highlight: "Further, if Mr. Richards has done nothing wrong in relation to the events of that evening and there's no reason to believe that has done anything wrong "no reason at all- what harm can come to him in public opinion by virtue only of the fact that his name is on the report? I think none..."

Front Page Photo: Well-known political commentator and former government minister Dwyer Astaphan seen speaking to members of the local media following a workers' solidarity march in February 2022 (Spokesman Snap)

Police: Young Man Fatally Shot Karate Expert

By: Spokesman Newsroom

BASSETERRE, St.Kitts (Thursday 13th April 2022)- A young man in his 20's has been charged by police for the shooting death of 67-year-old Arthur Henry of Fountain Estate who went missing for a period of almost two weeks before he was found in the mountain area of his residence.

On Thursday 13th April 2022, a police statement revealed that 29-year-old Trevern Edwards of Stapleton Village was charged that day for Henry's murder.

Information reaching this media house indicates that the deceased was an expert karate instructor.

As reported, the offence was committed on March 24. Police say Edwards remains at Her Majesty's Prison where he was recently remanded for the offence of Assault with Intent to Rob which was committed on March 11.

An autopsy performed on Henry's body on Friday 8th April by Resident Pathologist Dr. Adrian Nunez concluded that death was as a result of severe brain injury due to a single gunshot wound to the head.

A police statement issued on 8th April informed that the body of a man found that week was officially identified as that of Henry who was reported missing on March 24.

It was further stated that the body was identified by members of his family on April 08. Henry's body was found in the Fountain Estate Mountain area on April 05.

Personnel from the Forensic Department processed the scene and items of evidential value were collected.

Front Page Photo: Murder accused-Trevern Edwards (Police Photo)

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THE POSITION

We are recruiting a creative, dynamic and innovative thinker to provide administrative support to the marketing department. The incumbent will work with the marketing team to manage the brand, product portfolios and support marketing initiatives, media, budget and expenditure management and support for digital marketing efforts.



YOU WILL HAVE THE FOLLOWING KEY ACCOUNTABILITIES:

- Support the OECS Director of Commercial and marketing team with campaign management, media management, budget management and event management.
- Lead marketing campaign planning and execution in-country.
- Execute in-market project organization, tracking, execution, and reporting.
- Managing and tracking the marketing budget and implement measures to monitor and control spend.
- Manage supplier and vendor payments, develop processes to support the same.
- Monitor and coordinate marketing media and communication plans and schedule with media houses and vendors for distribution in-country.
- Support market research and analyses efforts to assist with portfolio and brand performance and the collection of competitor data, this includes employing online marketing analytics to gather information from the web, social media, etc.
- Perform administrative tasks to ensure the functionality of marketing activities.
- Prepare promotional presentations and support brand managers to organize promotional events.
- Write marketing literature for company brochures and press releases.
- Build strong relationships with vendors, department and internal customers.

THE CANDIDATE

QUALIFICATION/EDUCATION AND EXPERIENCE:

- Bachelor's Degree in Marketing, Digital Marketing preferred or equivalent combination of education, training and job experience.

KNOWLEDGE, SKILLS AND ABILITIES:

- Excellent tactical and creative skills with emphasis on business and brand focus thinking skills.
- Ability to think big, and contribute to the development of innovative strategic solutions.
- Demonstrated ability to handle multiple assignments and adapt to changing priorities.
- Strong budget management and leadership skills.
- Excellent interpersonal, communication and decision-making skills.

- Good project management skills.
- Strong analytical ability capabilities with emphasis on reading and interpreting data.
- Good understanding of consumer needs and behaviour.
- Exceptional verbal, written and presentation skills.
- Proficient in Microsoft Office.
- Results driven – persistent and committed, strive to make a difference; enjoys a challenge and working under pressure and at times long hours to achieve the objective.

LOCATION

We are recruiting Marketing Officers for vacancies in the following locations:

- St. Lucia
- Grenada
- Dominica
- St. Kitts

WHY JOIN UNICOMER?

You will be a key contributor with the largest retailer in the OECS and you will work with a team of great people who use their talents every day to bring value home to our thousands of customers.

We are Caribbean at heart, value diversity as well as the immense passion and flavor our people bring to the workplace. We are therefore keen on building and preserving our community and culture. We also offer a highly competitive total rewards package and provide excellent growth opportunities cross functionally.

INTERESTED?

Please join us! Send your completed Application and CV to humanresource_sl@unicomer.com. The deadline for receiving applications is **Friday, 22nd April 2022**.

Taiwan News - Politics -
12 April 2022

Taiwan Carries Out Annual Lien Hsiang Joint Military Exercise

By Kelvin Chen, Staff Writer

Drill intended to strengthen Taiwan's air defense capabilities.



Taiwanese F-16 aircraft in flight. Photo credit: CNA.

TAIPEI (Taiwan News) - The Taiwanese military carried out its annual Lien Hsiang exercise early on Tuesday morning, 12 April 2022.

Colonel Sun Lifang, a spokesman for the Ministry of National Defense, said that the military dispatched F-16 fighters, Indigenous Defense Fighters, Apache helicopters, and other aircraft to respond to simulated enemy targets as part of an effort to strengthen the protection of important assets.

The exercise lasted from 5am to 7am CNA reported.

A military official said that the joint exercise is an important part of training to stop the enemy and counter airstrikes.

During the exercise, the three military branches jointly carried out air defense operations and tested their electronic warfare capabilities.

China frequently dispatches military aircraft into Taiwan's air defense identification zone and employs other gray zone tactics to put a strain on the Taiwanese military.

This has created a need for Taiwan to bolster its defense capabilities and combat readiness through more military exercises and reform.



NATIONAL CARIBBEAN INSURANCE COMPANY LIMITED HUMAN RESOURCES DEPARTMENT

VACANCY *Manager – Non- Life Department*

The Position: The Manager – Non- Life Department will report to the Executive Manager Non-Life and assist the Executive Manager Non-Life with the day-to-day operations of the Non-Life Department and organize the workflow and delegate unassigned tasks accordingly. He/she will also be responsible for providing supervision to the Customer Service Representatives.

Skills and Abilities:

- Strong analytical, problem solving and research skills.
- Excellent communication skills with the ability to provide well reasoned written and oral advice.
- A proven track record of consistent performance and achievement.
- The ability to deal with complex matters in an efficient and timely manner.
- Strong interpersonal relationship and team building skills.
- Results driven and output focused.
- Highly goal oriented and determined to deliver.
- Excellent time management and organizational skills.
- Keen interest in honing/acquiring the skills required to support personal and professional growth.

Principal Duties and Responsibilities:

- Verification of documents
 - Approves and Signs Certificates, Cover notes, New Applications and Cheque Requisitions.
 - Back checking and signing New Policies before forwarding to Executive Manager
 - Signing of these documents in the absence of the Executive Manager
- Customer Service
 - Assists customers with Contractor's All Risks, Professional Indemnity, Marine, Liability and Bonds
 - Provision of quotes for the more complex policies
 - Provides assistance to customers with these policies
 - Responsibility for the Renewal of Insurance Policies for large customers.
 - Liaises with local brokers for their customers' requirements
- Inspections
 - Performs Property and Motor Inspections as necessary
- Reporting
 - Provides reports / statistics as required
- Reinsurance
 - Liaises with Reinsurance Brokers regarding Facultative Business
 - Assists with Facultative reinsurance placements and ceding of these placements.
- Assists with the training of Support Staff
- Other Duties and Responsibilities
 - Performs duties in an ethical and lawful manner and ensures that behavior is in keeping with the Company's Code of Conduct and complies with the internal control system and framework of National Caribbean Insurance.
 - Performs other functions as necessary or as assigned.

Qualifications and Experience:

- Minimum of five (5) years' work experience in General Insurance at a Management or Supervisory level.
- Formal General Insurance related training.
- Certification in General Insurance from an Insurance Institute would be an asset
- Bachelor's Degree in Business or Administration would be an asset.

Applications should be submitted with detailed Curriculum Vitae to ncic@sknanb.com or addressed to: **The Executive Manager Human Resources**, P.O. Box 374, Church Street, Basseterre, St. Kitts.

The deadline for submission of applications is **15th April 2022**. Only shortlisted candidates will be contacted.

CARIBBEAN DEVELOPMENT BANK

NEWS RELEASE

APRIL 13, 2022

CDB supports Procurement Reform in the Eastern Caribbean

The Caribbean Development Bank (CDB) has started a new phase of its public procurement reform programme which is helping Eastern Caribbean countries to increase efficiency and effectiveness in government procurement.

The second stage of the programme, which will include finalising legal reforms and establishing electronic systems, kicked off with a 47-participant workshop, held recently in the Virgin Islands.

"Better expenditure management provides a foundation for building stronger and more inclusive economies. This can be achieved through robust public procurement that provides transparency and

accountability by promoting civil society participation, stimulating private sector growth and investment, and encouraging wider improvements in governance," said CDB Head of Procurement, Douglas Fraser.

Before the procurement reform started in 2018, CDB-financed assessments showed that few countries had dedicated procurement legal or regulatory frameworks. In addition, existing systems relied on outdated financial and administration Acts. Often appropriate institutional structures were not in place to undertake and oversee procurement and almost none of the public servants were dedicated to procurement whilst those involved in procurement lacked suitable qualifications.

Typically, public procurement can account for more than 10-15% of a country's gross domestic product, but the amount can be considerably higher for small island developing states such as those in the Caribbean where US\$8-11 billion is spent every year on public procurement. Consequently, there is significant need for CDB to support its Borrowing Member Countries' development objectives in this area.

In the past four years, with support from the Bank, legal and

regulatory reform took place in Antigua and Barbuda and the Virgin Islands, and is at an advanced stage in Anguilla, Dominica, Montserrat and Saint Kitts and Nevis.

Across the Member Countries of the Organisation of Eastern Caribbean States (OECS), chief procurement officers and other senior procurement officials were appointed, often in newly created posts. Some 20 senior officials from across Anguilla, Antigua and Barbuda, Dominica, Saint Kitts and Nevis, Saint Lucia, and Saint Vincent received Diplomas in Procurement and Supply, accredited by the Chartered Institute of Procurement and Supply (CIPS), through the Caribbean Procurement Training Programme, after long-term study.

CDB also actively advocated for all of the OECS countries to join and participate in the Inter-American Government Procurement Network to share technical knowledge and best practice, with the result that for first time all the OECS procurement leads had a venue to meet and build technical relationships.

The second phase of the procurement reform, estimated to last until mid-2024, will involve the completion of the outstanding legal and regulatory reforms, the formation of dedicated procurement institutions in the countries, the development of standard procurement documents and support for the introduction of electronic procurement to provide for greater transparency and efficiency.



The Government of St. Kitts and Nevis Invites Tenderers to Bid on the following Project:

1. Construction of Barracks and Offices at Existing Police Training School, Ponds Pasture, Basseterre

Tender Documents can be obtained at the Public Works Department, Wellington Road, Basseterre, St. Kitts, as of Monday 7th March 2022 for a non-refundable of EC\$1500.00 each.

Completed Tender shall be delivered in sealed envelope to the office of:

**Director of Public Works Department
Wellington Road, Basseterre, St Kitts
on or before 1:00pm Monday 25th April, 2022.**

Tenderers or their representatives are invited to the Tender Opening.

Eligibility

It is mandatory that Tenderers be locally registered in the Federation of St. Kitts & Nevis. Business License MUST be presented before receipt of Tender Document.

DIRECTOR OF PUBLIC WORKS



**Conserve
Water**



THE CONVERSATION (Academic rigour, journalistic flair) - Edition: Australia - Health - 6 April 2022

Fatigue After COVID Is Way More Than Just Feeling Tired - Five Tips On What To Do About It

By Dr Natasha Yates, MBBS, FRACGP, Bond University



Signs of fatigue? Photo credit: Mel Elias (Unsplash).

Fatigue can drag for weeks, even when the infection is gone, and sleep doesn't fix it. But there are simple steps you can take to ride it out.

People are often surprised by how fatigued they are during a COVID infection.

Fatigue is more than being worn out or sleepy. It's an excessive tiredness that persists despite resting or good sleep. It's likely a result of our body's strong immune response to the virus.

But in some people the fatigue drags on even when the infection is gone. This can be debilitating and frustrating. Simply resting more makes no difference.

Here's what we know about post-COVID fatigue, and what can help.

Fatigue or tiredness? What's the difference?

The term fatigue can mean different things to different people. Some people mean their muscles are easily weakened. Walking to the mailbox feels like they have run a marathon. Others describe a generalised exhaustion, whether they are moving or not.

People can experience physical, mental or emotional fatigue, or any combination of these.

The difference between tiredness and fatigue is this: tiredness can get better with enough rest, while fatigue persists even if someone is sleeping and resting more than ever.

How big a problem is this?

Because there is no agreed definition of post-COVID fatigue, it is impossible to give exact numbers of how many people experience it.

Estimates vary considerably worldwide. One review of 21 studies found 13-33% of people were fatigued 16-20 weeks after their symptoms started.

This is a worryingly widespread problem.

When should I see my GP?

There are many potential causes of fatigue. Even before the pandemic, fatigue was one of the most common reasons to see a GP.

Most serious causes can be ruled out when your GP asks about your symptoms and

examines you. Sometimes your GP will investigate further, perhaps by ordering blood tests.

Symptoms that should raise particular concern include fevers, unexplained weight loss, unusual bleeding or bruising, pain (anywhere) that wakes you from sleep, or drenching night sweats.

If your fatigue is getting worse rather than better, or you cannot care for yourself properly, you really should seek medical care.

Is it like long COVID?

Early in the pandemic we

(cont'd on page 12))



The Government of St. Kitts and Nevis Invites Tenderers to Bid on the following Project:

1. Construction of New Cardiac Catheterization Lab at JNF General Hospital, Buckley's Site, Basseterre

Tender Documents can be obtained at the Public Works Department, Wellington Road, Basseterre, St. Kitts, as of Monday 7th March 2022 for a non-refundable of EC\$1500.00 each.

Completed Tender shall be delivered in sealed envelope to the office of:

**Director of Public Works Department
Wellington Road, Basseterre, St Kitts
on or before 1:00pm Friday 22nd April, 2022.**

Tenderers or their representatives are invited to the Tender Opening.

Eligibility

It is mandatory that Tenderers be locally registered in the Federation of St. Kitts & Nevis. Business License MUST be presented before receipt of Tender Document.

DIRECTOR OF PUBLIC WORKS



MedicalXPress - Psychology & Psychiatry - 13 April 2022

Does Music Improve Overall Health And Well-Being?

By Emi Berry, University of New South Wales Canberra

What's your favorite genre of music? Do you prefer Bach over Metallica? Or perhaps David Bowie is more your jam than Ed Sheeran?

When it comes to the most impactful music in terms of health and well-being, does genre matter? Not really, according to current research. There is clear evidence that listening to the music you like can help improve your mood and decrease anxiety, for example.

Dr Matt McCrary from UNSW Medicine & Health says engaging with music - which includes listening to music, playing an instrument or singing - elicits an emotional response, which

also has a physiologic component.

"The specific 'hows' and 'whys' regarding music's ability to elicit this emotional response is still the topic of much debate but it appears to be related to the creation of an emotional connection between musicians, who create sound with an emotional intention, and listeners, who receive this emotional information," explains Dr McCrary, who is an



In a recent study Dr Matt McCrary and his colleagues revealed that repeatedly engaging with music has a real, tangible positive impact on our overall health. Credit: Shutterstock.

Adjunct Lecturer at The Prince of Wales Clinical School, UNSW Sydney.

Dr McCrary says the

(cont'd on next page)

EASTERN CARIBBEAN SUPREME COURT

IN THE HIGH COURT OF JUSTICE

FEDERATION OF SAINT CHRISTOPHER AND NEVIS

NEVIS CIRCUIT

TITLE BY REGISTRATION ACT, CAP 10.19

A.D. 2022

NEVHCV2021/0132

In the matter of Section 75 of the Title by
Registration Act, Cap. 10.19

and

In the matter of an Application to settle Articles
of Sale of the Respondents' property comprised in
a Certificate of Title dated 13th day of February,
2007 registered in Register Book 45 Folio 41

THE BANK OF NEVIS LIMITED

Applicant

and

LEONARD GRANT and MERVIN GRANT

Respondents

NOTICE OF SALE

The Property described below will be offered for sale by The Registrar of The Supreme Court by public auction at the Court House, Charlestown, Nevis on the 12th day of May, 2022 at 2:00pm o'clock in the forenoon.

The successful bidder will be required to pay at the time of sale a deposit of one fourth of his accepted bid and the balance within one month from the day of sale.

Possession of the property will be given to the purchaser on payment of the deposit. Any taxes due on the said property must be paid by the Purchaser.

The Purchaser will, after payment in full of the purchase price, obtain from the High Court of Justice, a Certificate of Title to the property.

DESCRIPTION OF PROPERTY

ALL THAT lot piece or parcel of land being Lot No. 3 situate at Colquhouns Estate in the parish of St. Thomas in the island of Nevis bounded and measuring as follows, that is to say:- On or towards the North by East partly by Lot Nos. 4 & 5, 61.67 feet and 53.55 feet; On or towards the East by the Public Road 39.59 feet; On the South by Lot No. 2, 104.95 feet; On the West partly by an access road and Octavia Hill 45.11 feet and containing by admeasurement 5,043 square feet.

UPSET PRICE

The upset price for the above property shall be EC\$317,425.50.

Dated the 29th day of March, 2022.

M Fleming
Asst REGISTRAR

THE EASTERN CARIBBEAN SUPREME COURT

IN THE HIGH COURT OF JUSTICE

FEDERATION OF SAINT CHRISTOPHER AND NEVIS

NEVIS CIRCUIT

TITLE BY REGISTRATION ACT, CAP 10.19

A.D. 2022

NEVHCV2013/0036

In the matter of Section 92 of the Title by
Registration Act, Cap.

and

In the matter of an Application to settle
Articles of Sale of the Respondent's
property comprised in a Certificate of
Title dated 10th December, 1984
registered in Register Book 22 Folio 241.

THE BANK OF NEVIS LIMITED

Applicant

and

STEELE DOUGLAS

Respondent

NOTICE OF SALE

The Property described below will be offered for sale by The Registrar of The Supreme Court by public auction at the Court House, Charlestown, Nevis on the 12th day of May, 2022 at 2:30 o'clock in the forenoon.

The successful bidder will be required to pay at the time of sale a deposit of one fourth of his accepted bid and the balance within one month from the day of sale.

Possession of the property will be given to the purchaser on payment of the deposit. Any taxes due on the said property must be paid by the Purchaser.

The Purchaser will, after payment in full of the purchase price, obtain from the High Court of Justice, a Certificate of Title to the property.

DESCRIPTION OF PROPERTY

All that lot piece or parcel of land being part of Farms Estate situate in the parish St. John, Fig Tree in the Island of Nevis bounded and measuring as follows: On the North by lands of Cassandra Parris 201.75 feet; On the South by lands of Farms Estate belonging to Frederick Parris 252.20 feet; On the East partly by lands of Joseph Gajor 138.20 feet and partly by a 16' road 44.00 feet and On the West by a Private Road 207.03 feet containing by admeasurement 1.00 acre.

UPSET PRICE

The upset price for the above property shall be EC\$261,360.00

Dated the 30th day of March, 2022.

M Fleming
Asst REGISTRAR

Does Music Improve Overall Health And Well-Being?

(cont'd from last page)

physiologic implications of this emotional response are a broad activation of many brain regions and autonomic nervous system activation - specifically, of the "fight or flight" (sympathetic) response during most music engagement, followed by increased "rest and digest" (parasympathetic) activity after the music stops.

"My working hypothesis is that repeatedly engaging with music and eliciting these autonomic nervous system activation patterns increases our ability to respond effectively to stress, which in turn improves our overall health and well-being."

And coming back to whether you prefer contemporary pop, heavy metal or classical music, there is currently no evidence to support whether a particular genre is better than another, just as long as it's music you enjoy.

"The most impactful music on health and well-being appears to be the music

that you like the most, as playing and listening to it corresponds to the strongest emotional and physiologic response. For some, this may be classical music, and for others, it may be heavy metal," says Dr McCrary.

Interestingly, engaging with music elicits similar autonomic nervous system activation patterns that we experience when participating in exercise. However Dr McCrary says the magnitude of these responses to music is of a lower amplitude when compared to exercise.

In a recent paper published in JAMA Network Open, Dr McCrary and his colleagues revealed that repeat-edly engaging with music - which could be listening to music, playing an instrument, or singing - has a real, tangible positive impact on our overall health. This tangible positive impact of music appears to be about half the impact of the positive health effects of regular exercise.

"This study provides the first quantitative evidence of clinically significant improvements in well-being and health-related quality of life associated with music engagement. Additionally, by focusing on studies that used the SF-36 - the most widely used short-form health survey - this analysis enabled the magnitude of the impacts of music interventions to be compared and contextualized for the first time against established interventions such as exercise and weight loss."

Based on the findings of the study Dr McCrary says he was pleasantly surprised to find the impact of music interventions is, on average, tangible, quantifiable, and statistically and clinically significant.

"The most exciting thing about these results is the insights they provide into the potential impact of music on our overall health. For example, exercise is associated with the prevention of 1.6 million annual deaths. If music can have half this impact, we're looking at the prevention of 800,000 annual avoidable deaths. So, the potential here is exciting if we can figure out how to target and maximize music's effects," explains Dr McCrary.

"Previous systematic reviews used narrative methods to synthesize the broad range of, often conflicting, results regarding music's health impact. This is to say, this study aimed to be very direct and quantitative, taking a 'cold,' impartial approach to music's effects, and I wasn't sure that the impact of music on health-related quality of life (HRQOL) would be quantifiably significant."

The researchers acknowledge that the individual variation in results is broad, meaning the impact of engaging with music at an individual level is still unclear. The analysis also couldn't provide any insights into how to optimize music "prescriptions," for example how long or often to engage with music.

"The practical implication of these limitations is that, while we now have a better sense of the average impact of music interventions, much more work needs to be done to enable music to be reliably prescribed for maximum health benefits in a given individual."

Dr McCrary says the next big step to realizing music's health potential is the creation of a framework to enable music's health effects to be reliably prescribed across individuals.

"This framework has been developed theoretically, adapting key insights from the development of reliable exercise prescriptions. The immediate next step is to empirically test this prescription framework and see if it can consistently produce positive health outcomes in various real-world settings, for example clinical rehabilitation and public health programmes. The aim is to begin doing it by the end of this year."

In the words of the great Swedish supergroup ABBA, thank you for the music.

More information: J Matt McCrary et al, Association of Music Interventions With Health-Related Quality of Life, JAMA Network Open (2022). DOI: 10.1001/jamanetworkopen.2022.3236

J Matt McCrary et al, Mechanisms of Music Impact: Autonomic Tone and the Physical Activity Roadmap to Advancing Understanding and Evidence-Based Policy, Frontiers in Psychology (2021). DOI: 10.3389/fpsyg.2021.727231

Journal information: Frontiers in Psychology, JAMA Network Open

Provided by: University of New South Wales Canberra

THE EASTERN CARIBBEAN SUPREME COURT
IN THE HIGH COURT OF JUSTICE
FEDERATION OF SAINT CHRISTOPHER AND NEVIS
NEVIS CIRCUIT
TITLE BY REGISTRATION ACT, CAP 10.19
A.D. 2022
NEVHCV2015/0111

REGISTRAR'S OFFICE
FEB 21 2022
NEVIS

In the matter of Section 92 of the Title by Registration Act, Cap. 10.19
and
In the matter of an Application to settle Articles of Sale of the Respondent's property comprised in a Certificate of Title dated 9th November, 2005 registered in Register Book 43 Folio 373

THE BANK OF NEVIS LIMITED Applicant
and
CARLISLE MAYNARD Respondents
And
MICHELLE MAYNARD

NOTICE OF SALE

The Property described below will be offered for sale by The Registrar of The Supreme Court by public auction at the Court House, Charlestown, Nevis on the 5th day of May, 2022 at 3.00 o'clock in the forenoon.

The successful bidder will be required to pay at the time of sale a deposit of one fourth of his accepted bid and the balance within one month from the day of sale.

Possession of the property will be given to the purchaser on payment of the deposit. Any taxes due on the said property must be paid by the Purchaser.

The Purchaser will, after payment in full of the purchase price, obtain from the High Court of Justice, a Certificate of Title to the property.

DESCRIPTION OF PROPERTY

ALL THAT lot piece or parcel of land being Lot No. 28A situate at Horatio Heights (Huggins Estate) in the parish of St. George in the Island of Nevis bounded and measuring as follows, that is to say:- On or towards the North by a 10' Right of Way 81.56 feet; On or towards the East by a Private Road 60.15 feet, 54.92 feet; On or towards the South by Lot No. 27, 117.98 feet and On or towards the West by Lot No. 28B 109.15 feet and containing by admeasurement 10,890.5 square feet

UPSET PRICE

The upset price for the above property shall be EC\$668,734.00

Dated the 10th day of March, 2022.

m. Flemming
Asst REGISTRAR

REGISTRAR'S OFFICE
FEB 21 2022
NEVIS

Welcome to the Bradshaw Childcare Centre
located in Dorset Village, Basseterre.

We accept infants
- newborns to three year old toddlers. -

Our hours of operation are from 7 AM to 5 PM,
Monday through Friday/

To enroll, please contact Miss. Arleen Phipps at
760 - 7029.

NEVIS CULTURAMA FESTIVAL PRESS RELEASE

Core Events for Culturama 48 Released!

To mark the 100th day countdown to the start of Nevis' Culturama Festival 2022, the Nevis Culturama Committee is today releasing the calendar of core events for Culturama 48. The core events are those that are being organized by the Culturama Central Committee and include the Culturama 48 Wet Fete, the Art, Craft and Food Fair, the Junior and Senior Kaiso Contests, the Soca Monarch Contest, Poets in the Square, the Mr. and Ms. Talented Youth Pageant, the Ms. Culture Swimwear and Mr. Kool Contests, the Ms. Culture Queen Pageant, Emancipation Jump Up, the Junior and Senior Street Parades and the Last Lap Jump Up.

New to the calendar of events for Culturama 48 are the Night of Steel (Steel Pan Fete) and Culcha Pot which was staged as part of the virtual celebration of Culturama 47 in 2021.

Several fringe activities would also form part of the exciting calendar of events for Culturama 48. Culturama patrons and lovers at home and in the diaspora are therefore encouraged to stay tuned to the Culturama Social Media platforms in the coming weeks for the full release of the official calendar of activities for Culturama 48.

Culturama 48 would be celebrated from July 21st to August 2nd, 2022 under the theme "Fete and Celebrate, Nevis Culturama 48!"

For further information: Go to <http://www.facebook.com/nevisculturamafestival> or www.culturamanevis.com or visit or contact the: Culturama Secretariat Cotton Ginnery Mall Charlestown Nevis

(T) (869) 469 1992 / (869) 469-5521 ext. 6661/6662/6663

Email: thesecretariat@culturamanevis.com



NEVIS CULTURAMA CORE EVENTS

THURS. JULY 21
OFFICIAL OPENING CEREMONY & JUNIOR KAISO CONTEST
Venue: TBD | 7:00 PM

FRI. JULY 22
ACTION CORNER - DE ULTIMATE FRIDAY AFTER WORK LIME
Venue: CG Mall | 4:00 PM

CULCHA POT
Venue: Cultural Complex | 8:00 PM

SUN. JULY 24
MR. AND MS. TALENTED YOUTH PAGEANT
Venue: Cultural Complex | 7:00 PM

MON. JULY 25
POETS IN DE SQUARE
Venue: WM Square | 12:00 PM

NIGHT OF STEEL (STEEL PAN FETE)
Venue: Cultural Village | 8:00 PM

TUES. JULY 26
POETS IN DE SQUARE
Venue: WM Square | 12:00 PM

MS. CULTURE SWIMWEAR AND MR. KOOL CONTESTS
Venue: Cultural Complex | 8:00 PM

WED. JULY 27
POETS IN DE SQUARE
Venue: WM Square | 12:00 PM

THURS. JULY 28
POETS IN DE SQUARE
Venue: WM Square | 12:00 PM

SENIOR KAISO FINALS
Venue: Cultural Complex | 8:00 PM

FRI. JULY 29 FANTASTIC FRIDAY
POETS IN DE SQUARE
Venue: WM Square | 12:00 PM

Soca Monarch Finals
Venue: Cultural Village | 8:00 PM

SAT. JULY 30
CULTURAMA 48 ART, CRAFT AND FOOD FAIR
Venue: MGR Park | 10:00 AM

JUNIOR CULTURAL STREET PARADE
Venue: MGR Park | 2:00 PM

CULTURAMA 48 WET FETE
Venue: Cultural Village | 10:00 PM

SUN. JULY 31
MS. CULTURE QUEEN PAGEANT
Venue: Cultural Complex | 8:00 PM

MON. AUG 1
EMANCIPATION DAY JUMP UP/LONG JAM
Venue: Charlestown/G/land | 5:00 AM

TUES. AUG 2
CULTURAMA 48 STREET PARADE & LAST LAP JUMP UP
Venue: Charlestown | 12:00 PM

SUN. AUG 7
CULTURAMA COOL DOWN
Venue: TBD | 2:00 PM

FETE AND CELEBRATE, NEVIS CULTURAMA 48!
"DE CARIBBEAN'S GREATEST SUMMER LIME"

www.culturamanevis.com | [Nevis Culturama Festival](https://www.facebook.com/nevisculturamafestival) | [nevisculturamafestival](https://www.instagram.com/nevisculturamafestival)

Fatigue After COVID Is Way More...

(cont'd from page 09)

realised some patients had a cluster of debilitating symptoms that dragged on for months, which we now call long COVID.

Some 85% of long COVID patients experience fatigue, making it one of the most common long COVID symptoms.

However, people with long COVID have a range of other symptoms, such as "brain fog", headaches and muscle aches. Patients with long COVID therefore experience more than fatigue, and sometimes don't have fatigue at all.

Is this like chronic fatigue syndrome?

We knew about chronic fatigue syndrome, otherwise known as myalgic encephalomyelitis, well before COVID.

This often develops after a viral infection (for instance after infection with Epstein-Barr virus). So, understandably, there has been concern around the coronavirus potentially triggering chronic fatigue syndrome.

There are striking similarities between chronic fatigue syndrome and long COVID. Both involve debilitating fatigue, brain fog and/or muscle aches.

But at this stage, researchers are still untangling any link between post-COVID fatigue, long COVID and chronic fatigue syndrome.

For now, we know many people will have post-COVID fatigue but thankfully do not go on to develop long COVID or chronic fatigue syndrome.

What helps me manage my fatigue?

Expect you or a loved one may develop post-COVID fatigue, regardless of how unwell you or they were during the actual infection.

Vaccines help reduce the risk of post-COVID fatigue by lowering the chance of catching COVID in the first place. Vaccinated people who do catch COVID are less likely to report fatigue and are less likely to develop long COVID.

However, vaccination is not 100% protective and there are plenty of fully

(cont'd on next page)

Case Number :SKBHPB2021/0073



IN THE EASTERN CARIBBEAN SUPREME COURT

FEDERATION OF SAINT CHRISTOPHER AND NEVIS

SAINT CHRISTOPHER CIRCUIT

A. D. 2022.

(PROBATE)

Submitted Date:02/03/2022 14:49

Filed Date:02/03/2022 14:49

Fees Paid:52.00

In the Estate of MILDRED WARNER, late of Bird Rock, in the town of Basseterre, in the island of St. Christopher, deceased.

ADVERTISEMENT OF APPLICATION FOR GRANT OF PROBATE

TAKE NOTICE that an application has been filed by CYNTHIA WARNER, a national of Federation of Saint Christopher & Nevis presently residing at 527 W, 143th, Apt. 2, New York 10031, United States of America, Retired.

For a Grant of Probate of the Will of the above-named deceased who died on the 14th February, 2014 without revoking a Will bearing the date of 6th day of March, 1992 wherein the applicant is the one of the executors.

Any person having an objection to the Grant of Probate to the application shall file an objection within 14 days of the publication of this Notice.

Dated this 1st day of March, 2022.

Filed by:

Brittney S. Jeffers Attorney-at-Law of HENDERSON LAW CHAMBERS, Suite 7, The Sands Complex, Bay Road, Basseterre, St. Kitts. Telephone Number: (869) 465-6242. The Applicant's address for service is at Henderson Law Chambers.

The Registry is at Sir Lee Llewellyn Moore Judicial and Legal Services Complex, East Independence Square Street, Basseterre, St. Kitts. Telephone number (869) 465-2009, facsimile number (869) 465-2482. The Office is open between 8:00 am to 3:30 pm Mondays to Fridays except Public Holidays.

Fatigue After COVID Is Way More...

(cont'd from last page)



Many people will have post-COVID fatigue but do not not develop long COVID or chronic fatigue syndrome. Photo credit: Shutterstock (Item ID: 1283704306).

vaccinated people who go on to develop longer term fatigue.

The evidence for what helps you recover from post-COVID fatigue is in its infancy. However, a few things do help:

1. Pace yourself: adjust the return to normal activities to your energy levels. Choose your priorities and focus on what you can do rather than what you can't;

2. Return to exercise gradually: a gradual return to exercise may help your recovery, but you may need some support about how to manage or avoid fatigue afterwards. Some therapists - occupational therapists, physiotherapists and exercise physiologists - specialise in this. So ask your GP for a recommendation;

3. Prioritise sleep: rather than feeling guilty about sleeping so much, remind yourself that while you sleep, your body conserves energy and heals. Disrupted sleep patterns are an unfortunate COVID symptom. Having a strict bedtime, while also resting when you feel tired during the day, is important;

4. Eat a range of nutritious foods: loss of smell, taste and appetite from COVID can make this tricky. However, try to view food as a way of fuelling your body with both energy and the micronutrients it needs to heal. Be careful not to spend a fortune on unproven 'remedies' that often look good in small studies, but more robust research finds make little difference; and

5. Monitor your fatigue: keep a diary to monitor your fatigue, and look for a gradual improvement. You will have good days and bad days, but overall there should be a slow

trajectory towards recovery. If you are going backwards, get input from a health professional, such as your GP.

About the author: Dr Natasha Yates, MBBS, FRACGP, is Assistant Professor and Deputy Lead of General Practice at Bond University, Gold Coast, Australia. As a practicing clinician and passionate medical educator, she has her fingers on the pulse of what matters to her community, and is frequently called upon to translate medical knowledge into everyday language. True to General Practice in the Australian context, her clinical practice spans from 'womb to tomb'. As well as teaching General Practice at Bond University she teaches Clinical Reasoning and critical thinking. She is currently a PhD candidate, developing her thesis in the area of teaching and learning Non-Technical Skills with a focus on the use of Simulation. Dr Yates is also the mother of four school aged children. She loves to see children fall in love with reading, and her first children's novel 'Rina's Story' is currently a finalist in The American Book Excellence Awards for 2021. It is sold to raise funds to support child literacy in Mozambique (see www.rinasstory.com). Follow her on

Twitter @DrTashY (<https://twitter.com/DrTashY>). Dr Yates joined The Conversation on 25 February 2021.

Disclosure statement: Dr Natasha Yates is affiliated with The RACGP (Royal Australian College Of General Practitioners).

Partners: Bond University provides funding as a member of The Conversation AU, and does so in conjunction with over 40 other Universities and Strategic and Technology Partners, such as several state governments, The Commonwealth Bank of Australia, and The Australia Cancer Research Foundation.

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The Government of St. Kitts and Nevis Invites Tenderers to Bid on the following Project:

CHARLES E. MILLS SECONDARY SCHOOL ELECTRICAL UPGRADE

Tender Documents can be obtained at the Public Works Department, Wellington Road, Basseterre, St Kitts, as of Wednesday 20th April 2022 for a non-refundable fee of EC\$500.00 each.

Completed Tender shall be delivered in sealed envelope to the office of:

**Director of Public Works Department
Wellington Road, Basseterre, St Kitts
on or before 1:00pm Wednesday 25th May 2022.**

Tenderers or their representatives are invited to the Tender Opening.

Eligibility

It is mandatory that Tenderers be locally registered in the Federation of St. Kitts & Nevis. Business License MUST be presented before receipt of Tender Document.

DIRECTOR OF PUBLIC WORKS



Zack Expresses Gratitude For Ongoing Support Of Aquatic Sports Meet

By: Precious Mills

BASSETTERRE, St.Kitts (Thursday 13th April 2022)-

Well-known Coordinator of the upcoming annual Basil Henderson Aquatic Sports Meet Winston 'Zack' Nisbett says he is thankful for the ongoing support from members of the public and the business community as he remains focused on keeping the culture alive in honour of the late organiser Basil Henderson in continued efforts to see about youth and community development in St.Kitts-Nevis.

This reporter interviewed cultural preservationist Nisbett, better known as 'the Doctor of



Well-known Coordinator the annual Basil Henderson Aquatic Sports Meet Winston 'Zack' Nisbett (File photo by Timothy Payne) Culture' on Wednesday 12th April 2022 in seeking an update

on the plans and preparation for the event's 65th anniversary, slated for Monday 18th April at the Basseterre Terminal.

"Even though we are just coming out of the pandemic, the response from the public has been overwhelming, and we even have new sponsors onboard," he shared.

According to him: "My anticipation is that it is going to be one of the more exciting sports it has ever been; the excitement, the enthusiasms, the kind of respect that has been given so far is interesting and it is responsive because people are giving, people are contributing."

Nisbett, who has been the event organiser since 2005, spoke about the contributions of his predecessor saying: "This is the 65th annual Basil Henderson Easter Monday Aquatic Sports Meet. It's significant because the contribution of the late Basil Henderson was extraordinary. As simple, humble man but dedicated and who had the sort

of enthusiasm and the will to get young people involved in something that was beneficial in the 4-H development over the years. As the founding member here in St.Kitts, he assisted most of those young people through community development and its enhancement in terms of body building, effective speaking; this is what the 4-H stands for as well as homes and garden festivals, reading competitions, essay competitions and those things that would benefit the young people from an educational point of view."

He continued: "The sporting activity in which he specialized most was the aquatic sports and no wonder this is the 65th anniversary, and he must be remembered in terms of that. Basil gave freely to the ordinary citizens. He assisted them through monetary donations so that they could buy school uniform and that sort of thing then he inducted them into the 4-H which was an organization which helped the young people to understand the basic principles of life which is to be respectful to people, have manners, to learn to read and be involved in parades and that sort of thing as a 4-H representative."

Nisbett went on to say: "The swimming races was one of his babies. However, he died 2005 and just after his death, I took it up from there until carrying the burden until right up to now. This is, as I've indicated, the 65th anniversary and it's getting bigger, bigger and bigger notwithstanding that we had two years of the COVID-19 pandemic which threw us back a little and people were yearning for it so now that we are doing it this year, you can see the spirit within the people that they really want it...[and] are excited."

Front Page Photo: A participant tries to keep his balance on the greasy pole to get the ham prize as the crowd looks on during the 51st Basil Henderson Easter Monday Aquatic Sports Meet. (Photo by D'Arch)

COVID-19 SAFETY AND HEALTH



International
Labour
Organization

SYMPTOMS

- The most common symptoms are fever, tiredness, and dry cough.
- Others are aches and pains, nasal congestion, runny nose, sore throat and/or diarrhea.
- Symptoms are usually mild and begin gradually.
- It can take up to 14 days for symptoms to appear.

TRANSMISSION

- Droplets from nose or mouth when infected people cough and exhale.
- Standing within one meter of an infected person.
- Touching contaminated surfaces or objects and then touching eyes, nose or mouth.
- Ageing and underlying diseases (e.g. diabetes, heart disease) increase risk.

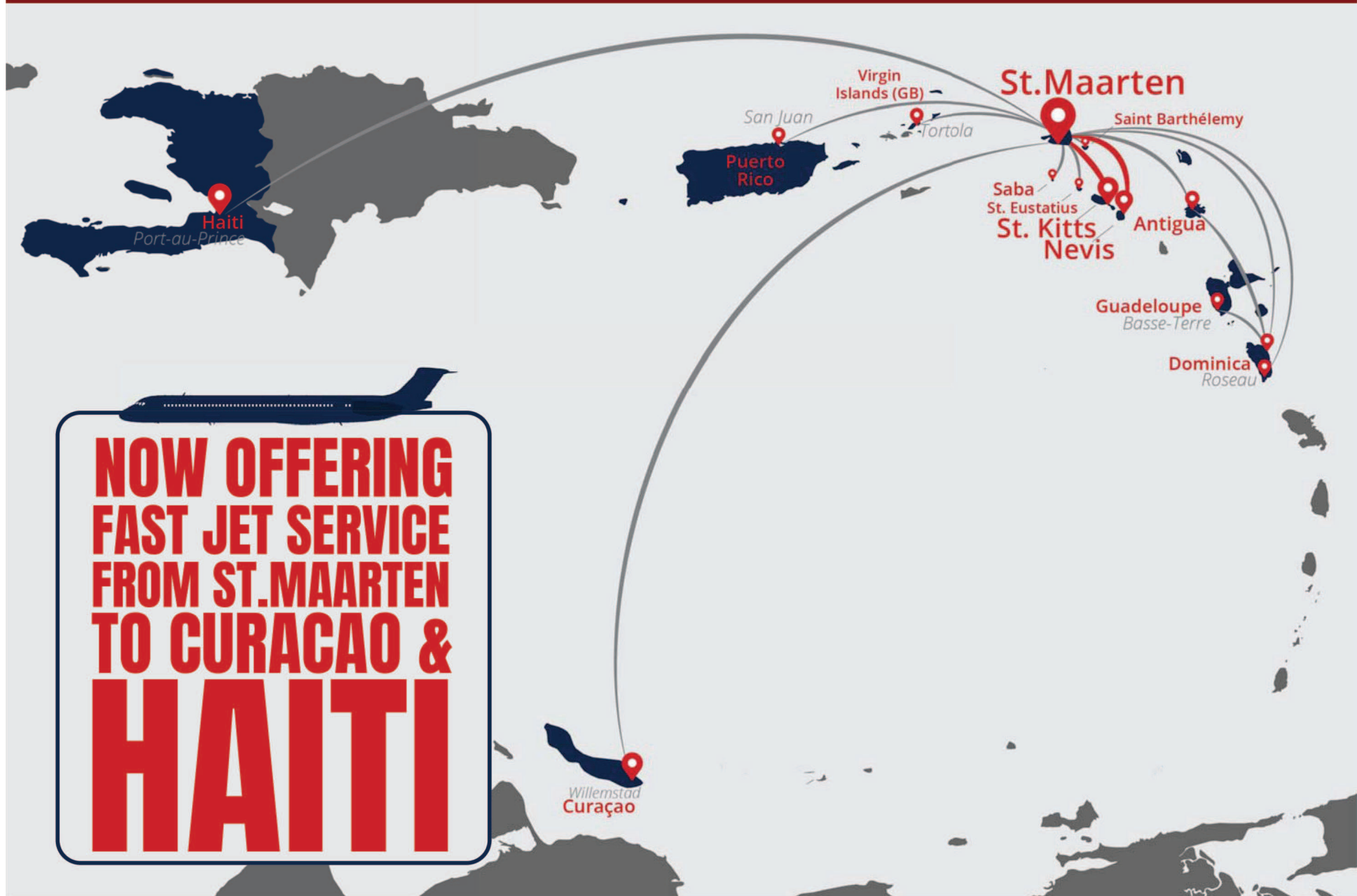
WORKPLACE PREVENTION MEASURES

- Undertake risk assessments and implement controls.
- Explore alternative work methods.
- Share information and establish communication plans.
- Wash hands frequently and adopt good hygiene practices.
- Avoid sharing objects that could transmit the virus.
- Use personal protective equipment (PPE).
- Beware of wide-spreading droplets (breath in and cough out).
- Keep workplaces and objects clean and disinfected.
- Protect clients and end users.
- Workers should stay at home if sick.
- Seek advice from the Department of Labour and health authorities.

PROTECT YOURSELF AND OTHERS!

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San Juan • St. Barth • St. Eustatius • St. Kitts • St. Maarten • Tortola



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WWW.FLY-WINAIR.SX

AP

Associated Press - World News - England -
Wednesday 13 April 2022

IS Supporter Given Life Sentence For Murdering UK Lawmaker

By Sylvia Hui



Court artist sketch shows Justice Nigel Sweeney as he handed down a 'whole life' sentence to Ali Harbi Ali, second from right, at The Old Bailey in London, UK on Wednesday 13 April 2022 for stabbing British lawmaker David Amess to death in October 2021 in revenge for his voting in support for airstrikes on Syria. Artist: Elizabeth Cook (PA via AP).

LONDON (AP) - An Islamic State supporter was given a whole-life sentence Wednesday for stabbing a British lawmaker to death in revenge for his voting in support for airstrikes on Syria.

Ali Harbi Ali, 26, was convicted Monday of murdering

Conservative lawmaker David Amess and preparing terrorist acts.

A jury deliberated for just 18 minutes before finding him guilty.

"The defendant has no remorse or shame for what he has done - quite the reverse," Justice Nigel Sweeney told the court.

"This is a murder that struck at the heart of democracy."

Ali stabbed Amess with a carving knife multiple times on 15 October 2021 while he was meeting with voters at a church hall in the town of Leigh-on-Sea in eastern England. Ali, a London man with Somali heritage, said he targeted Amess because he backed voting for airstrikes on Syria in 2014 and 2015.

The whole-life sentence means Ali will never be eligible for parole, and will likely spend the rest of his days in prison.



An image of murdered British Conservative lawmaker David Amess displayed near the altar in St Peter's Catholic Church before a vigil in Leigh-on-Sea, Essex, England on Friday 15 October 2021. Photo credit: Alberto Pezzali (AP file).

Amess's family said "there is no elation" following the sentencing and described the crime as "beyond evil."

We will wake each day and immediately feel our loss. We will struggle through each day for the rest of our lives," the family said in a statement. "It breaks our heart to know that our husband and father would have greeted the murderer with a smile of friendship and would have been anxious to help."

Prosecutors described Ali as a committed, fanatical terrorist and said he spent years plotting an attack on British politicians. Counter-terrorism officers at The Metropolitan Police said they had evidence that he carried out reconnaissance around the Parliament building in London weeks before the murder.

During the trial Ali told the court he took action in The UK to help Muslims in Syria because he couldn't travel to join the Islamic State group. He also said he did not think he did anything wrong.

He added he had expected to be shot and die at the scene, but decided to drop his knife after seeing that the first police to arrive were not armed with guns.

Amess, 69, had been a member of Parliament since 1983. He was pronounced dead at the scene after the stabbing.

The slaying of Amess shook the nation and prompted questions about security protection for lawmakers because they often meet directly with the public.

It came five years after Labour Party lawmaker Jo Cox was shot and stabbed to death by a far-right extremist.

Join
The
St. Kitts-
Nevis
Trades
Labour
Union
- NOW -

Jiancong Su T/A Yern Hun Supermarket
John England Village

*Seeking Three (3) Persons
To Pack Shelves*

Contact - 665-4061

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Is looking for

2 Floor Managers

With 2 Years' Experience

Contact: Freddy @ 663-1698

Mix Italia SKN

OJJ's Commercial Complex, Camps

Is seeking: **General Manager**

Requirements:

- Minimum 3 years of experience on same level
- Knowledge of Italian Food/ Wine
- Computer experience at general level

Contact: **Angeline @ 465-1486**

Happy Shopping Supermarket

Newton Ground, St. Pauls'

Is looking for

A Supervisor

Interested persons can

call Zheng HuiHua @ 669-1197

**LIQUOR LICENCES
ORDINANCES, 1906
SCHEDULE A**

**To the Magistrate,
District "A"**

To the Superintendent of Police.

I, Zhi Quan Wu dba Happy Inn Supermarket now residing in Bakers Corner in the town of Basseterre do hereby give you notice that is our intention to apply on 01st day of July, 2022, to the District Magistrate at Basseterre for a Wholesale Liquor Licence in respect of our premises in Bakers Corner in Willington Road in Basseterre.

Dated this
11th day of April, 2022.

Signed: Zhi Quan Wu

KINGS PAVILION LTD.

Port Zante Lot#1, Basseterre, St. Kitts

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We are looking for highly motivated professional and customer service individuals to fill the following positions

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Hotel Supervisors
Front Desk Clerks
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Supermarket Supervisors
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For additional details contact: **Kelven Zhang: 869-662-8154**
Email: Kelven815@hotmail.com

Chef Sam

Is looking for a

Chef Assistant

with 2 years' experience and fully vaccinated.

Interested persons can contact

Oniel Ingran @ 660-7743

TROUGHS, VOTES AND TRACK RECORDS

By: **EQUITABLE SHARE FOR ALL**

It's not difficult to understand why none of civil society has publicly reacted to Patches political programme on ZIZ, the nation's station. Each successive week, the mud slinging has intensified but obviously not enough to get a squeak out of these once extremely vocal organizations.

It's also not difficult to understand why none of civil society had publicly reacted to the war of words between the Unity coalition parties. When those who should be responding have their mouths in the trough, rocket science is not needed to figure out why we will probably not hear anything from any one of the NGO's any time soon.

So what are we to do? I can't speak for the supporters of the coalition partners but I still believe that it is not our fight and we ought to stay out. We must cast an eye from time to time to see what is happening but as we have much work to do, our focus has to be on the work to be done.

I feel good when I see the two newest candidates out in their constituencies. Whether the coalition partners resolve or dissolve, the work to be done does not change.

Some people feel that everybody's vote is for sale but that is not so. And even though some sold their vote in 2020 for as little as a \$50.00 food voucher, this transactional politics can only happen because too many of us have forgotten the struggles our fore parents endured to gain the right to vote.

That is why we of the St. Kitts-Nevis Labour Party have to focus on the task ahead. I repeat that we have to knock on every single door of every single house in our constituency. It must be as if we are Census enumerators. Everybody must be contacted.

While it is that we still have Mount Everest to climb, even the most respected pollsters and political analysts are noticing us now. But that is not enough. Noticing us and calling our name in the equation is not enough. It's not where we want to be.

We have to shake up the place as we did back in 1993. We must do the work to know that don't care how much money is dumped into any particular constituency, we have it locked.

And it's only one way to do so.

And I'll leave that topic for now.

I used to get upset when our young Black men were killing one another but I have to admit that I am even more outraged when 67 year old men are gunned down by these young Black men.

I keep bemoaning the fact that the PEACE programme has done nothing to stop the importation nor the acquisition of illegal firearms. The PEACE money is being used by too many to strengthen their arsenal. Something has to be wrong with this picture.

Unless and until there is a concerted and sustained effort to remove every single illegal firearm from the streets and stop the importation of same, none of us is safe. And the police need to stop treating them as untouchables.

The former gang members are above the law. The politicians are above the law. Friends and family of the politicians are above the law. Friends and family of the former gang members are above the law. We are in a bad place.

We need to mash the brakes quickly. We are going nowhere fast. We have lost our way. We need a new direction. We need new conductors. We need new leaders.

The St. Kitts-Nevis Labour Party is not perfect but our track record is there for all to see and judge. The SKNLP is the stabilizing force that we need. It's the breath of fresh air that we crave. We need all hands on deck to get us out of this cesspool. No amount of patching up and staying together will help. Everybody knows that it's only the money and the power that is keeping the reconcilable together.

We need the St. Kitts-Nevis Labour Party now.



By Vigilante

* Even though Humpty Dumpty heself done beg de lady for all kinda money, is he who tell he people dem on de Facebook dat is off de mark a man friend.

* Humpty Dumpty mek sure dat he ain't come church by de Circus on Palm Sunday. Dey say dat Ole Mother Hubbard plead wid him not to come because she hear de talk dat a lot a yellow shirt was gon be dere and dey done plan to throw dung dey wud when he come go shake dey hand.

* Ole Mother Hubbard tell she pastor dat most de time she ain't know whether she coming or going. She say de tra la la got her carn sleep when night come and not eating properly. She say is better she put de Cabinet note book on de Facebook because all de Cabinet business on de road.

* She say dat is Humpty Dumpty who got de bad wud ambassador putting all a Cabinet business outta part. She say dat she never see nutten like dis in all she eighty someting years. She say if she never did put so much money in de campaign and if she never trying to sell she famalay water, she woulda gone long time.

* Everybody waiting to see and hear what gon happen on de holy day. Dey say dat Humpty Dumpty done got all he people dem to run, but since de man pass away, he looking for somebody to replace him.

* Humpty Dumpty remind de jail man dat is because a him, he get a big junk a money when nobody did want to pay him. So das what mek he mek him write he two paragraph a good writemanship.

* Humpty Dumpty tell somebody dat Slapital hotting up de place and talking all kinda violence when he overseas adviser dem tell him to ignore de noise. But through he done de fallen angel for all like him, when he get de call dat he lock dung, he run quick quick and get him out.

* De lady blue mudder wex dat de man out. She say dat she done went on de Facebook wid she swell up face for people to see how de man brutalize her. So she tell she offspring dat he must mek sure dat he get more dan house and land if Humpty Dumpty want him to run.

* Humpty Dumpty tell from captain to cook dat anytime he hear dat anyone a dem give de national zero offspring any license for de illegal ting dem dat he got, dey gon see how barley grow.

FAIR SHARE FOR ALL

SCOOPS

Sepp Blatter and Michel Platini to go on trial in June to face corruption charges

April 2022- From the sectionFootball



Sepp Blatter and Michel Platini were two of the most powerful figures in world football

Former Fifa president Sepp Blatter and former Uefa president Michel Platini will go on trial in Switzerland in June to face corruption charges.

Swiss prosecutors say Blatter unlawfully arranged a transfer of 2m Swiss francs (£1.6m) to Platini in 2011.

Blatter and Platini - who were indicted in November - have both previously denied any wrongdoing.

If found guilty, they could receive prison sentences or fines.

The case was opened in September 2015 after Fifa, football's world governing body, was dogged by accusations of widespread corruption.

Fifa's ethics committee launched an investigation which saw both men banned from the game and forced to

leave their positions.

The Swiss case centres on a request for payment for advisory work Platini did for the then-Fifa president Blatter, 86, between 1998 and 2002.

Prosecutors said Platini, 66, demanded the payment "over eight years after the termination of his advisory activity".

"With Blatter's involvement, Fifa made a payment to Platini in said amount at the beginning of 2011," prosecutors previously said.

Blatter and Platini are charged with fraud, embezzlement, "unfaithful business management" and forgery of documents.

The trial will start on 8 June.

The Hundred junk food adverts banned for breaching advertising code

From the sectionThe Hundred



The eight teams in the Hundred all carried KP Snacks logos on their shirts

An advertising campaign run by KP Snacks and The Hundred has been banned for targeting junk food at

children.

An email sent to an England and Wales Cricket Board (ECB) mailing list and a KP Instagram advert with the chance to win tickets were found to have breached the advertising watchdog's code.

The ECB said it was "sorry" an "error" meant the email was sent to under-16s.

The watchdog said not enough care was taken to ensure the Instagram advert was not directed at children.

The sponsorship by food brand KP

2024 T20 World Cup: USA granted automatic qualification

12 April 2022 - From the sectionCricket



The USA men's side are currently trying to qualify for the 2022 T20 World Cup in Australia. They need to reach the final of a Qualifier in July also featuring Hong Kong, Jersey, the Netherlands, Papua New Guinea, Singapore, Uganda and the hosts, Zimbabwe

The USA have been granted automatic qualification for the Men's T20 World Cup in 2024 as the co-host nation, along with West Indies.

The 2024 edition is being held in North America for the first time, and will see 20 teams participate.

There will be 12 automatic qualifiers, with eight remaining places coming from regional qualifiers.

The 12 will be made up of the top eight teams from the 2022 event, two hosts, plus the next two in the rankings.

Snacks of The Hundred, a tournament aimed at children and families, was criticised prior to its inaugural season last year.

"We told The England and Wales Cricket Board Ltd and KP Snacks Ltd to take reasonable steps in future to ensure that HFSS [foods high in fat, salt and sugar] product ads were not directed at children through the selection of media or the context in which they appeared," the Advertising Standards Authority added.

The ASA received two complaints, from the Children's Food Campaign and Food Active, and said there were breaches in two elements but not on five further Instagram posts and a website.

The email banned by the ASA contained the logos of The Hundred and KP brand McCoy's and carried the text "we've teamed up with McCoy's, Official Team Partner of the Manchester Originals, to offer you the opportunity to claim a free bat and ball to celebrate The Hundred".

The advert was sent to an ECB list of 29,276 ticket buyers and those who had opted to receive ECB marketing, 326 of which were under the age of 16.

"We are sorry that due to an internal error an email promoting a giveaway of free cricket bats and balls was sent to a number of under 16s as well as the adults it was intended to be sent to," the ECB said.

"While the email contained a logo of one of our partner's brands, applicants were not required or encouraged to buy any products in order to apply for the bat and ball and the purpose of the competition was to get more people active. We are putting in place additional systems to ensure it does not happen again."

The post on Butterkist UK's Instagram account, another KP Snacks brand, advertised popcorn with the caption "WIN tickets to watch a sweet cricket game with Birmingham Phoenix in Birmingham this summer".

The ASA said the ECB and KP Snacks had not taken sufficient steps to ensure it was not directed at children, as it had with other adverts.

"At KP Snacks we recognise that as a responsible food manufacturer we have an important role to play in helping people make informed choices and enjoy our products responsibly," KP Snacks said.

"Our partnership with The Hundred enables us to introduce the game to new audiences and the Everyone In campaign is based around inspiring more people to get active.

"We welcome the ASA ruling and we will be working closely with the ECB to take on board the recommendations."