

THE LABOUR SPOKESMAN

St. Kitts and Nevis

www.thelabourspokesman.com



SOUND SPEECH THAT CANNOT BE CONDEMNED... *TITUS 2:8*

Year 63 NO. 16 BASSETERRE, ST. KITTS, W.I.

FRIDAY, 11th SEPTEMBER, 2020

EC \$2.00

At The Pumps This Weekend Maximum Price ULG per gallon -

Dated : 31/07/20

DELTA \$11.03 / SOL \$10.03

SANITIZATION STATION

STORY ON PAGE 06

WATER ONLY CONCERN

STORY ON PAGE 03

STORY ON PAGE 06

THANKFUL TIMES



Contact our office to confirm your
Independence Greetings advertisement

- 25% off -

THE LABOUR SPOKESMAN

THE SPOKESMAN - ESTABLISHED MAY 1957

Published by: The St. Kitts-Nevis Trades & Labour Union

Ag. Editor: Precious Mills

Masses House, Church Street

P.O. Box 239 . Basseterre . St. Kitts . West Indies

Tel: (1 869) 465-2229 <> Fa: (1 869) 466-9866

Email: info@sknunion.com

Website: www.thelabourspeaksman.com

Editorial

Will The Misleading Never End?

Within fairly recent times, utterances have been made to the effect that things are great in the country, that we are moving in the right direction, and that all major GDP (Gross Domestic Product) indicators are moving in the right direction, except for imports.

Please, please, please! Will the nation's misleaders kindly have some respect for our peoples' intelligence!

One does not have to be a rocket scientist to assess that things are bad, and very much so.

Because it has been possible to mislead some of the people, lever themselves into power, and manage to stay there (albeit through the most outrageous act of political larceny ever perpetrated in this country), does NOT mean that we are a stupid people. True it is that some of us are gullible, and thus easily swayed into believing that up is down, that good is bad, and vice versa, that is only for a brief period in time. It does not mean that we are stupid.

When persons work those acts of mischief on our people, they eventually come to see through them. And boy, oh boy, the reaction can be worse than anything imagined by the perpetrators of the mischief.

Be warned, when our people act up it is always in a most decisive and effective manner, and the presence on island of even the most hardened of Jamaican criminals will NOT deter our people from taking whatever steps are deemed necessary to set matters aright.

To try to make our people believe that things are good is akin to indulging in 'Trumpian' behaviour.

How can things be good when, as we have pointed out before: "The treasury has been looted, social security is being drained, tourism is in decline, commerce is tut-tutting along, our once much sought after passports are now worthless, and manufacturing has 'gone south'."

Has anyone in the government spoken to the bus and taxi operators about what they are now experiencing? If so, how can they now come to us and try to convince us that things are good? Quite obviously, they are once again trying to mamaguy our people!

How, oh how can things be good when so many are out of work? When so many businesses are barely 'limping' along? When big business has used COVID-19 as a cloak behind which to dismiss, in most cruel ways, so many long-serving employees just before they qualified for pensionable and other benefits?

How can things be good when long-serving employees just CANNOT get even a red cent of severance pay?

Will someone kindly explain how it is that things can be good when our country is once again under a heavy and very dark cloud because of the horrendous corruption being practiced in both the public and private sectors! Please! The people would

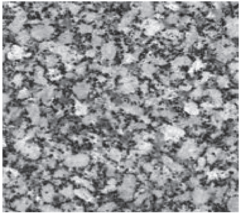


BUILDERS PARADISE

IS DOING IT AGAIN BY OFFERING A BLOW OUT SALE ON GRANITE

**CHEAPER THAN TILES & FORMICA ON
YOUR COUNTER. A FULL SLAB OF
GRANITE IS ON SALE FOR AS LITTLE AS**

★ \$599.99 !!! ★



***WE ALSO OFFER A SPECIAL DELIVERY
FOR YOUR GRANITE, SO MAKE USE OF THIS
GOLDEN OPPORTUNITY WHILE STOCKS LAST.
THE MANS' GONE CRAZY AGAIN!!!!***

— . — . — . —

**** BUILDERS PARADISE HAS WHAT YOU NEED.
OH! AND REMEMBER WE'RE OPEN
ALL DAY SATURDAY TO SERVE YOU BETTER!!! ****

Our Telephone Numbers

466-4938 / 466-8051 / 466-1280 / 466-5892 / 466-7069

and Fax: 466-4939.

like to hear that explanation.

The import bill is too high. Of course it is! But just what can SCHEME UNITY do about that! After all, over many years all kinds of nefarious deals were made with some of the major importers of goods and services into the country. All kinds of deals were most deviously (and devilishly) contrived and implemented to allow such 'big' businesses to get away with violating customs rules and 'relief' from paying corporation taxes.

Those who facilitated and participated in such misdeeds cannot now be expected to call them to order. It just does not work that way!

All that talk about the need to feed ourselves is also deceitful. All over the years Labour attempted to achieve such objectives, but, in each and every instance, those arrayed against the people made strenuous efforts to thwart our efforts.

Remember well, dear people, how under the leadership of Mr. William Ferdinand Dore as Chief Executive, the former National Agricultural Corporation (NACO) developed and implemented projects to diversify our economy, firstly around sugar, and, in the long term, out of sugar.

Remember the vegetable and other crops which were grown on estates like Wingfield, how the tractor-loads of produce were transported around the island and sold to our people. Remember, dear people, remember well. And also remember how the then opposition moved 'heaven and earth' to undermine those outstanding and highly commendable efforts to make our country self-sufficient in those regards.

Remember them well, dear people, and you will better understand their hypocrisy when they come to us talking about making ourselves self-sufficient.

Remember also, how NACO developed a very healthy export business. Yams, potatoes (sweet and Irish), cantaloupes, watermelons,

pineapples, cucumbers, onions and many other food products were regularly shipped to our nearby neighbours (Statia, St Maarten, Anguilla, The BVI and others) and even further afield, The Windwards, Trinidad, and in some cases, even Guyana.

When the government changed in February 1980, those who had perpetrated the undermining acts of mischief thought that they could suddenly reverse what they had started, make good of that which they had for years decried, and overnight they would be seen as saviours of the land, a most wonderful people.

But, what you sow is what you reap! And there is another old saying to the effect that when one spits up into the air, it is bound to fall back into one's face. Put yet another way, one simply CANNOT plant corn and expect to reap tania.

Like any new undertaking NACO was projected to experience certain losses in the early stages, especially as the sugar industry had been in such a parlous state for more than a decade, but by early 1980 (when the government changed) the corporation was well on the way to breaking even by 1985/86.

When effective control of the institution was placed into the hands of a bunch of incompetents and misfits, the end result was inevitable, and, ever since, our beloved country has been suffering from the effects of those seriously misguided actions.

We of The Labour Spokesman have taken great pains to remind our people of those grave errors which were made, and we do so with the intention, and hope, that present day shenanigans will be seen for just what they are, empty talk, and a replay of the devilish actions from which we still suffer after all those years.

Please, dear people of St. Kitts and Nevis, remain on the alert, and do NOT be taken in by the loose, empty talk of the present regime. As always, they are seeking to mislead us. It is all just another heavy load of mamaguy.

Will SCHEME UNITY's attempts to mislead

Police Official Comments On Important Role Of Compliance Task Force Amidst COVID-19

By: Spokesman Newsroom

BASSETTERRE, St.Kitts (Friday 11th September 2020)- “We had a report just last week, someone made a report on a particular business, that when they went to the business, someone was at the door hand sanitizing the persons as they enter, but when they smelled their hand, they realized it didn’t have any scent; they realized that it was water ...plain water.” •

So said Superintendent Cromwell Henry during an appearance on the weekly ‘Policing With You’ radio programme aired on ZIZ on Thursday 10th September 2020 in addressing the importance of a compliance task force as he spoke about a new group of individuals currently being trained in becoming full time workers on such a team amidst COVID-19.

On the hand sanitizing report made, he further told: “The police went and verified it that it was water that person at the door was spraying in people’s hand as sanitizing and so these are the things that are happening out there and so the compliance team would be responsible to ensure that these practices do not continue and that persons would use the recommended sanitizer; it must be 70 per cent alcohol and so that will be part of their remit.”•

Superintendent Henry informed that about thirty (30) persons are currently in a two-

week training at the Police Training Complex, covering aspects of the Emergency Powers Regulations and other training to complement their function such as customer service, report writing and observation.

“It would not be the same task force but they would have the same objective. In the past that first task force was put in place, it was comprised of civil servants from various departments so we had persons from immigration, persons from police, persons from the Ministry of Health, persons from fire so a cross section of the public service and so they had their regular jobs to do. It was ok because we were in the lockdown period and so their workplace would have been closed or reduced operations and so it was easy for them to be seconded to this task force to function full time.”

He continued: “Now that things are fairly normal in terms of work operations, they have to go back to their various jobs and so they were not able to operate as a compliance team so what the government is doing now is to hire a set of people specifically to provide that particular service so that would be the compliance team and would be there full time job; they will have no other job to go back to.”

Commenting on their role, the top cop highlighted: “Their main in responsibility would be to inspect business and other enterprises to ensure that they are complying with the regulations to assist businesses in becoming compliant, making recommendations and reporting on those persons who were compliant and are no longer compliant and work with them to get them maintain their compliance with the regulations so it’s basically assist business in becoming compliant and maintaining their compliance and to enforce the compliance.”

Superintendent Henry talked about the role of the task force in quarantine measures.

“In addition to compliance with the regulations there will be a role for them in quarantine because quarantine is one of the regulations going forward- even now- and so they would also assist in enforcing the quarantine. We have heard of persons in quarantine who may have to wear bracelets or other tracking devices to ensure that you remain where you say you are. Those persons who are wearing those tracking devices would be monitored so that will be part of their function to monitor person who are in quarantine, to visit quarantine sites, to assist in the preapproval requests of quarantine sites so their role will be wide not only in compliance but to assist in preparation of the quarantine sites, enforcing quarantine and monitoring persons who are in quarantine.”

As it relates to monitoring business places by the compliance task force, he shared: “All business would be checked because we know some businesses would have lapsed because there is no one checking on them. The markers that they would have had on their premises they would have worn over time and they did not bother to replace them. The hand sanitizing that they would have had at the door, the lining up, some persons would have just finished away with that.”•

Front page image for illustration purposes only shows water being sprayed from bottle (credit: fearfreehappyhomes.com)

Police Begin Training Persons For Compliance And Quarantine Task Force

Basseterre, St. Kitts, September 10, 2020 (RSCNPF): The Royal St. Christopher and Nevis Police Force is currently conducting a two-week training course with close to 30 persons. These individuals will become part of the Compliance and Quarantine Task Force or be posted at approved quarantine sites as security personnel.

The training began on September 07 and is being held at the Police Training School in collaboration with the Ministry of Health.

Quarantine has been seen as an effective way to

reduce the spread of the coronavirus in the Federation. As a result, in preparation for the reopening of the borders, the government has approved additional designated sites where persons will be quarantined after entering the Federation.

(cont’d on page 05)

IN THE EASTERN CARIBBEAN SUPREME COURT
IN THE HIGH COURT OF JUSTICE
FEDERATION OF SAINT CHRISTOPHER AND NEVIS
SAINT CHRISTOPHER CIRCUIT
(TITLE BY REGISTRATION ACT)

Application
No. SKBHCV2017/0389

Between:

ROYAL BANK OF CANADA
- Judgment Creditor

- and -

JOAN WARNER-HOBSON
- 1st Judgment Debtor

- and -

BERNARD HOBSON
- 2nd Judgment Debtor

NOTICE OF SALE
BY PUBLIC AUCTION

The Property described below will be offered for sale by the Registrar of the High Court by PUBLIC AUCTION at the High Court of Justice, Sir Lee L. Moore Judicial and Legal Services Complex, Independence Square East, Basseterre, St Kitts:

on Thursday the 26 day of Nov, 2020,
at 2:30 pm o'clock in the afternoon.

The successful bidder will be required to pay at the time of sale a deposit of one fourth of his or her accepted bid and the balance within one month from the day of sale. The Purchaser shall be entitled to possession of the property on payment of the deposit. Any taxes due on the property must be paid by the Purchaser. The Purchaser will, after payment in full of the purchase price, obtain from the High Court of Justice, a Certificate of Title to the property free from prior encumbrances. Contact the Applicant's Attorneys-at-Law, Kelsick, Wilkin and Ferdinand, 869-465-2440 or Law@kwfonline.com, for more details.

DESCRIPTION OF PROPERTY:
A parcel of land known as **Lot No. 57** situate at **Dieppe Bay Housing Development** in the Parish of St John in the Island of Saint Christopher bounded and measuring as follows, that is to say:- On or towards the North East by Lot No. 56, 45.02 feet; On or towards the East South East by Lot No. 55, 100.06 feet; On or towards the South West by a Development Road, 35.00 feet and 14.14 feet; and On the West North West by a Development Road, 90.06 feet and containing by admeasurement, **4,452.73 square feet**; all as the same is described in a Certificate of Title dated December 10, 2007 and registered in Book G3 Folio 612 of the Register of Titles for the Island of Saint Christopher.

SURVEY PLAN & AERIAL PHOTOGRAPH OF PROPERTY:

UPSET PRICE:
The upset price for the above land shall be **EC\$28,497.47**

Dated the 27 day of Aug, 2020

BY THE COURT

[Signature]
REGISTRAR

[Seal of the Eastern Caribbean Supreme Court]

TDC's Financial Support Towards High Schoolers Receive High Praise Amidst COVID-19 Challenging Times

By: Precious Mills

BASSETTERRE, St.Kitts (Friday 11th September 2020) - With challenges brought on by the novel coronavirus pandemic (COVID-19) including the loss of jobs, two parents of two recipients of the 2020 Warren C Tyson Memorial Scholarship Programme, provided by TDC Group of Companies Ltd, in speaking to this media house, have expressed relief for such assistance at this time.

On Saturday 5th September, the 39th Annual Induction Ceremony was held at the TDC Training Room at its head office located on Fort Street.

Eight new high school students in St. Kitts-Nevis were inducted into the Warren C. Tyson Memorial Scholarship Award Programme provided by TDC Group of Companies Ltd. while eight others were recognized as the runners-up for the TDC Financial Services Academic Excellence Award.

The awardees are as follows: Zeleequa Rivers (Charlestown Primary) - Charlestown Secondary School, Victoria Jarrett (Joycelyn Liburd Primary) - Gingerland Secondary School from Nevis as well as Shaville Hodge (Dr. William Connor) - Basseterre High School, Devonje Stokes (Cayon Primary) - Cayon High School, Jovin Leader (St. Paul's Primary) - Charles E. Mills Secondary School, Kizora Richardson (Estridge Primary) - Saddlers Secondary School, K&S™ Shaun Howe (Tyrell Williams Primary) - Verchilids High School and Amandeus Woodley (Beach Allen Primary) - Washington Archibald High School.

The Runners-up are: Dekoia Mills (Ivor Walters Primary) - Charlestown Secondary School, Taliah Claxton (Joycelyn Liburd Primary) - Gingerland Secondary School from Nevis and also Adamina Kelly (Deane-Glasford Primary) - Basseterre High School, Arianha Mitchum (Violet Petty Primary) - Cayon High School, Devante Walters (Newton Ground Primary) - Charles E. Mills Secondary School, Lavonna Boddie (Edgar T. Morris Primary), Josiah James (Bronte Welsh Primary) - Verchilids High School and Tanijah Brazier (Dr. William Connor Primary) - Washington Archibald High School.

Following the ceremony, this media house spoke with the two parents who happened to have been employed in the tourism sector.

Here is what they had to say:

Shelita Richards (Mother of 12-year-old K'Shaun Howe) - "I'm feeling excited because he has never had this opportunity to win a scholarship. I feel excited, proud, and happy because I never really had this moment here so I'm thankful for it for my son. To be honest although he is my child, I can say proudly that he is a good fellow. He has graduated from primary school and is going off to high school now and he's going to be among a lot of different children. I just don't want him to lead

(cont'd on next page)



TDC Financial Services Academic Excellence Award runners-up seen with top TDC officials including Chairman and Chief Executive Officer Earle Kelly, second from left (Spokesman Snap)

ISSUED BY SAGICOR LIFE (EASTERN CARIBBEAN) INC.

Aurelstine Horace Warner of Bourkes Housing Project, Sandy Point, St. Kitts, having made sworn deposition that **Policy No. K100302034** issued by Sagikor Life (Eastern Caribbean) Inc on his life has been lost and having made application to the Directors to grant a duplicate of the same, notice is hereby given that unless objection is raised within one month of the date hereof, the duplicate policy asked for will be issued.

Dated: 2nd September, 2020.

By Order

Althea C. Hazzard
Corporate Secretary


Sagikor

Wise Financial Thinking for Life

Sagikor Life Inc

PJ Trucking

ONE DRIVER NEEDED

IF INTERESTED

Call: 662-1440

IN THE EASTERN CARIBBEAN SUPREME COURT
IN THE HIGH COURT OF JUSTICE
FEDERATION OF SAINT CHRISTOPHER AND NEVIS
SAINT CHRISTOPHER CIRCUIT
(TITLE BY REGISTRATION ACT)

Application
No. SKBHCV2005/0250

Between:

**FIRSTCARIBBEAN INTERNATIONAL
BANK (BARBADOS) LIMITED**

- Applicant

and

OSWALD MAURISHOW

- Respondent

**NOTICE OF SALE
BY PUBLIC AUCTION**

The Property described below will be offered for sale by the Registrar of the High Court by PUBLIC AUCTION at the High Court of Justice, Sir Lee L. Moore Judicial and Legal Services Complex, Independence Square East, Basseterre, St Kitts

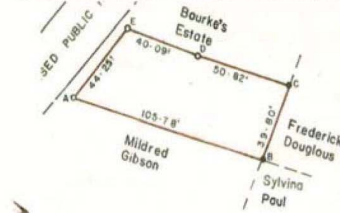
on Thursday the 5 day of November 2020, at
2:30pm o'clock in the afternoon.

The successful bidder will be required to pay at the time of sale a deposit of one fourth of his or her accepted bid and the balance within one month from the day of sale. The Purchaser shall be entitled to possession of the property on payment of the deposit. Any taxes due on the property must be paid by the Purchaser. The Purchaser will, after payment in full of the purchase price, obtain from the High Court of Justice, a Certificate of Title to the property free from prior encumbrances. Contact the Applicant's Attorneys-at-Law, Kelsick, Wilkin and Ferdinand, 869-465-2440 or Law@kwfonline.com, for more details.

DESCRIPTION OF PROPERTY:

ALL THAT lot piece or parcel of land situate at **Cleverly Hill** in the Town of **Sandy Point** in the Island of Saint Christopher and bounded and measuring as follows:- On or towards the North by lands of Bourkes Estate, 90.91 feet; On or towards the South by lands of Mildred Gibson, 105.78 feet; On or towards the East by lands of Frederick Douglass, 39.80 feet; and On or towards the West by a proposed Public Road, 44.25 feet and containing by admeasurement **3,878.0 square feet**; all as the same is described in a Certificate of Title dated August 14, 1989 and registered in Book O2 Folio 219 of the Register of Titles of the Island of St Kitts

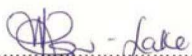
SURVEY PLAN & PHOTOGRAPH OF PROPERTY:



UPSET PRICE:

The upset price for the above land and buildings thereon shall be **EC\$435,000.00**

Dated the 19 day of August 2020


REGISTRAR
OF THE HIGH COURT



TDC's Financial Support...

(cont'd from last page)



TDC Warren C. Tyson Memorial Scholarship Awardees seen with their parents and TDC officials (Spokesman Snap)

astray; I want him to have his own mind and be a leader and not a follower with a great concept of what he wants in life and school and I just want him to keep up the good work. A big shout out to TDC; kudos to you guys! I'm unemployed at the moment and this has really taken a strain off my shoulders and... I could put that money towards something else."

Ellery Rivers (Father of 11-year-old Zeleequa Rivers) - I'm very much excited. I mean these are hard times so this assistance from TDC will definitely level my playing field at this moment because I'm a taxi driver and I'm out of work since March so this definitely lift a burden off my chest. My daughter is very quiet and she is very passionate as well. I've been around her from inception until now and once I'm there, she's willing to go the extra mile. I'm very grateful to TDC but nonetheless I always shop at TDC so this is like a win-win but again I'm very, very grateful.

When further asked what advice he has for other fathers, he shared: "My advice to other fathers is just be there. Whatever is happening whether it's a school event or sport event, just show up; your presence is needed definitely. I've been doing it from day one and I wouldn't stop even if I have to cut my job short, I will definitely be there for my kids."

Meanwhile Group Senior Human Resources Officer Gloria Esdaille, during an interview with this publication, commented on the company's focus to continue its programme despite challenges brought on by the pandemic.

"The standard remains the same for our new inductees for the 2020 scholarship year. While it has been a challenging year COVID-19 has brought many changes, TDC group has committed to continuing to support our nation's youth and today's ceremony was more than significant of that commitment to our countries. Furtherance of our youth country's development; a commitment to see the next generation of talents being developed."

Front page images: Shelita Richards and her son K'Shaun Howe (Left) and Ellery Rivers and his daughter Zeleequa Rivers (Spokesman Snap)

Police Begin Training Persons For Compliance ...

(cont'd from page 03)

The training is being facilitated by the instructors at the Police Training School and will cover the Quarantine Act, powers of observation, Common Law, Statute Law, customer service, disciplinary code, report writing, how to give evidence, mode of arrest, physical training and powers of arrest.

On Monday, Commandant of the Police Training School, Inspector Shorna Edwards, welcomed the trainees and implored them to prepare themselves mentally and physically in order to successfully complete the training.

"This is about placing security, other than Police Officers, at the COVID-19 quarantine sites "your task is going to be a difficult one, it's going to be time consuming, there's going to be some sort of hardship and the fact that you would have agreed to come here for the training, it means then you agree or accept what comes with the job," she said.

The Police Force continues to work closely with the National COVID-19 Task Force to prevent the spread of COVID-19 locally and enforce the safety protocols that have been implemented.

Photo: Facilitators at the Police Training School conducting in class and physical training sessions with the trainees.

IN THE EASTERN CARIBBEAN SUPREME COURT
IN THE HIGH COURT OF JUSTICE
FEDERATION OF SAINT CHRISTOPHER AND NEVIS
SAINT CHRISTOPHER CIRCUIT
(TITLE BY REGISTRATION ACT)

Application
No. SKBHCV2019/0230

Between:

**FIRSTCARIBBEAN INTERNATIONAL
BANK (BARBADOS) LIMITED** - Applicant

and

GREGORY THEODIS ADOLPHINE - Respondent

**NOTICE OF SALE
BY PUBLIC AUCTION**

The Property described below will be offered for sale by the Registrar of the High Court by PUBLIC AUCTION at the High Court of Justice, Sir Lee L. Moore Judicial and Legal Services Complex, Independence Square East, Basseterre, St Kitts

on Thursday the 5 day of Nov 2020, at
2.45 o'clock in the afternoon.

The successful bidder will be required to pay at the time of sale a deposit of one fourth of his or her accepted bid and the balance within one month from the day of sale. The Purchaser shall be entitled to possession of the property on payment of the deposit. Any taxes due on the property must be paid by the Purchaser. The Purchaser will, after payment in full of the purchase price, obtain from the High Court of Justice, a Certificate of Title to the property free from prior encumbrances. Contact the Applicant's Attorneys-at-Law, Kelsick, Wilkin and Ferdinand, 869-465-2440 or Law@kwfonline.com, for more details.

DESCRIPTION OF PROPERTY:
ALL THAT lot piece or parcel of land with building thereon described as **Lot No. 68 of New Road Housing Development** situate in the Parish of St. George in the Island of Saint Christopher and bounded and measuring as follows, that is to say:- On or towards the North by Lot No. 70, 80.00 feet; On or towards the East by Lot No. 69, 45.00 feet; On or towards the South by Lot No. 66, 80.00 feet; and On or towards the West by a Public Road, 45.00 feet; and containing by admeasurement **3,600 square feet**; all as the same is described in a Certificate of Title dated September 9, 2011 and registered in Book K3 Folio 427 of the Register of Titles of the Island of St Kitts

SURVEY PLAN & PHOTOGRAPH OF PROPERTY:

UPSET PRICE:
The upset price for the above land and buildings thereon shall be **EC\$153,000.00**

Dated the 19 day of Aug 2020

[Signature]
REGISTRAR
OF THE HIGH COURT



Education Minister Talks Solutions For "New Normal"

By: Spokesman Newsroom

BASSETTERRE, St.Kitts (Friday 11th September 2020) -

Minister of Education Jonel Powell, in speaking at the opening ceremony to mark the start of the new school year on Monday 7th September 2020, addressed bridging the gap in education and digital technology.

"As we stand on the threshold of yet another school year, we do so fully conscious

that the year that what lies ahead will be like no other for the education of children anywhere in the world for us here in the Federation of St. Kitts and Nevis as we consider of present realities in terms of the continued education of our precious resources-our children- I would like to share just a few words on bridging the gap in education and digital technology, the way forward for learning spaces across the world."

He added: "The students of today, the students of the future will demand that learning support that is appropriate for their situation or their context; nothing more, nothing less and they will come to expect that the support as the momentum their needs arise - not sooner, not later."

Powell said that the Ministry of Education recognizes that this is an important time of transition and evolution of our education

(cont'd on next page)

CDC Lists SKN As COVID-19 Low Risk Travel Destination

By: Spokesman Newsroom

BASSETTERRE, St.Kitts (Friday 11th September 2020)- The St.Kitts-Tourism Authority has revealed that the Centers for Disease Control and Prevention (CDC), in its latest update on travel recommendations by destination placed the Federation of St.Kitts-Nevis as being very low risk amidst COVID-19.

A statement issued on Tuesday 9th September 2020 informed that the CDC has upgraded St. Kitts & Nevis COVID-19 Risk Assessment Level as "No Travel Health Notice: COVID-19 Risk is Very Low." This assessment classification reinforces that St. Kitts & Nevis is among the safest destinations worldwide for individuals considering travel at this time. St. Kitts and Nevis is 1 of only 10 Caribbean

countries to have this CDC classification.

Minister of Tourism & Transport Lindsay Grant is quoted as saying: The recent assessment by the CDC is a testament to the success of our "All of Society Approach" to combatting the threat of COVID-19. Citizens and residents of the Federation have adhered to the health and safety protocols established by medical experts resulting in one of the lowest rates of infection in the Caribbean. Their commitment has helped us to achieve this milestone, which comes just as the Federation is preparing to reopen borders in the coming month."

The St.Kitts Tourism Authority pointed out that to date, the Federation has reported 17 total cases all of which have recovered and currently there are no active

cases.

It was also noted that St. Kitts & Nevis has one of the highest testing rates in CARICOM and the Eastern Caribbean and uses only the Polymerase Chain Reaction (PCR) test which is the gold standard of testing.

As reported further on, as of August 6, 2020, the CDC replaced their global travel notice advising against all non-essential travel with destination-specific COVID-19 notices for all foreign countries providing public data classifying them into four different categories: Level 3 (high risk), Level 2 (moderate risk), Level 1 (low risk), or no THN (very low risk). St. Kitts & Nevis has been assessed at "very low risk," thus requiring No Travel Health Notice. It is one of only 26 countries worldwide and one of only 10 Caribbean nations where the risk is categorized very low - so low that No Travel Notice is required.

The Federation is planning on reopening of its border in October 2020 with travel requirements and protocols for visitors expected to be announced.

An Opportunity to Join Huggins & Huggins

We have a vacancy for

FULL TIME WELDER and AUTO BODY MECHANIC.

Qualifications:

- Exceptional communication skills
- Superior organizational skills and dedication to completing projects in a timely manner.
- Customer service oriented
- At least one year experience in welding and auto body mechanic

If you would like to apply or have a friend or relative who is interested-

Contact us today - Cell- **(869)664-4696 / 763-4797**

Email:- hensroyhuggins@hotmail.com

THE EASTERN CARIBBEAN SUPREME COURT
IN THE HIGH COURT OF JUSTICE
FEDERATION OF SAINT CHRISTOPHER AND NEVIS
SAINT CHRISTOPHER CIRCUIT
(TITLE BY REGISTRATION ACT)

Application No.
SKBHCV2017/0144

Between:

**TDC FINANCIAL SERVICES
COMPANY LIMITED**

- Applicant

- and -

**THE ESTATE OF
ASHTON WILLIAMS**

- Respondent

**NOTICE OF SALE
BY PUBLIC AUCTION**

The property described below will be offered for sale by the Registrar of the High Court, Nevis Circuit by PUBLIC AUCTION at the High Court of Justice, Sir Lee L. Moore Judicial and Legal Services Complex, Independence Square East, Basseterre, St Kitts

on Thursday the 5 day of Nov 2020,

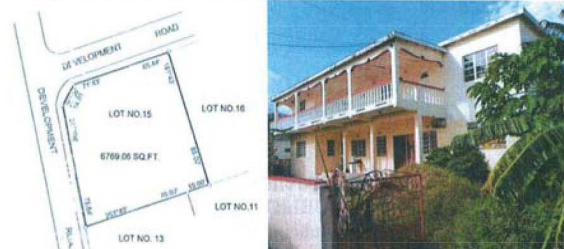
at 3pm o'clock in the afternoon.

The successful bidder will be required to pay at the time of sale a deposit of one fourth of his or her accepted bid and the balance within one month from the day of sale. The Purchaser shall be entitled to possession of the property on payment of the deposit. Any taxes due on the property must be paid by the Purchaser. The Purchaser will, after payment in full of the purchase price, obtain from the High Court of Justice, a Certificate of Title to the property free from prior encumbrances. Contact the Applicant's Attorneys-at-Law, Kelsick, Wilkin and Ferdinand, 869-465-2440 or Law@kwfonline.com, for more details.

DESCRIPTION OF PROPERTY:

ALL THAT lot piece or parcel of land with building(s) thereon being **Lot No. 15 of Bird Rock Extension Phase III** situate in the Parish of St. George in the Island of Saint Christopher and bounded and measuring as follows, On or towards the North by a Development Road, 65.44 feet; On or towards the East by Lot No. 16, 85.00 feet; On or towards the South partly by Lot No. 11, 15.00 feet and by Lot No. 13, 70.00 feet and On or towards the West by a Development Road, 75.54 feet and On or towards the North-West by the junction of two Development Roads, 14.91 feet and containing by admeasurement **6,769.06 square feet**; all as the same is described in a Certificate of Title dated the 21st day of March 2000 and registered in Book Z2 Folio 103 of the Register of Titles of the Island of Saint Christopher in favour of the late Ashton Williams of Lower Pitcairn Street, Basseterre, St Kitts, now deceased, as registered proprietor thereof.

SURVEY PLAN AND PHOTOGRAPH OF PROPERTY:



UPSET PRICE:

The upset price for the above land and building(s) thereon shall be **EC\$1,000,000.00**

Dated the 19 day of Aug 2020

BY THE COURT

REGISTRAR



ISSUED BY SAGICOR LIFE (EASTERN CARIBBEAN) INC.

Aurelstine Horace Warner of Bourkes Housing Project, Sandy Point, St. Kitts, having made sworn deposition that **Policy No. K303861** issued by Sagikor Life (Eastern Caribbean) Inc on his life has been lost and having made application to the Directors to grant a duplicate of the same, notice is hereby given that unless objection is raised within one month of the date hereof, the duplicate policy asked for will be issued.

Dated: **2nd September, 2020.**

By Order

Althea C. Hazzard
Corporate Secretary


Sagikor

Wise Financial Thinking for Life

Sagikor Life Inc

Education Minister Talks Solutions For “New Normal”

(cont'd from last page)

system.

“The way in which the evolution of the system of education has been perceived is an emphasis on the acquisition of devices and a focus on content solutions but the abrupt shift in our education delivery brought about by the

pandemic, we must move towards integrated solutions that break down boundaries and solutions that accommodate this new norm of our educational structure. Now is the time more than ever before to maximize the opportunities that has risen in terms of digital education and its key components that will make our new norm work.”

ISSUED BY SAGICOR LIFE (EASTERN CARIBBEAN) INC.

Shawn White of Basil Henderson Street, New Road Housing Ext., St. Kitts, having made sworn deposition that Policy No. 055402489 issued by Sagicor Life (Eastern Caribbean) Inc on his life has been lost and having made application to the Directors to grant a duplicate of the same, notice is hereby given that unless objection is raised within one month of the date hereof, the duplicate policy asked for will be issued.

Dated: 3rd September, 2020.

By Order

Althea C. Hazzard
Corporate Secretary

Sagicor

Wise Financial Thinking for Life

Sagicor Life Inc

The Education Minister continued: “Digital education mandates that the Ministry of Education procures solutions that focus heavily on the connections between all education stakeholders,

teachers to students, teachers to parents, education leaders to teachers and parents, students to students, teachers to teachers and schools to community within a digital space understanding the drivers that would steer these connections and what makes the new reality.”

He said over the past few months, the Ministry of Education not only stood at the portal of an unforeseen reality, it also gave us an opportunity to understand the behaviours, preferences, tendencies of all stakeholders who will form the connections and forge ahead with digital education.

According to him, in

order for it to function effectively, the Ministry of Education has identified two critical connections.

“Firstly, the integrated student life cycle that creates a continuum from pre-k to the last lesson a student ever learns so that not only what the student learns is being tracked but how they learned it and secondly, the integration of technology solutions. The latter of these connections is practical solutions that would solve all functional problems that exist across academia today and not only the changes brought on by the pandemic.”

“These are the solutions that will help teachers to keep their various responsibilities synced digitally. Solutions that would encourage collaborations and teamwork amongst education leaders, solutions that would highlight best practices of integrating technology into the learning spaces. These are the solutions that would actively involve the home and parents earning with their children and understanding the importance of the digital space. These are also the solutions that allow learning to be extended beyond the limitations of the school day or the class and the physical boundaries of school. These solutions are designed to improve learning outcomes,” Powell added.

Front Banner Image (credit SKNIS) captures a moment of the first day back to public schools for the students following the COVID-19 Protocols on Wednesday 9th September 2020 at a hand sanitizing station at a school's entrance.



SKNIS

IN THE EASTERN CARIBBEAN SUPREME COURT
IN THE HIGH COURT OF JUSTICE
FEDERATION OF SAINT CHRISTOPHER AND NEVIS
SAINT CHRISTOPHER CIRCUIT
(TITLE BY REGISTRATION ACT)

Application
No. SKBHCV2019/0086

Between:

ROYAL BANK OF CANADA

and

FITZROY CORNELIUS PAYNE

- Applicant

- Respondent

NOTICE OF SALE BY PUBLIC AUCTION

The Property described below will be offered for sale by the Registrar of the High Court by PUBLIC AUCTION at the High Court of Justice, Sir Lee L. Moore Judicial and Legal Services Complex, Independence Square East, Basseterre, St Kitts:

on Thursday the 5th day of Nov 2020,

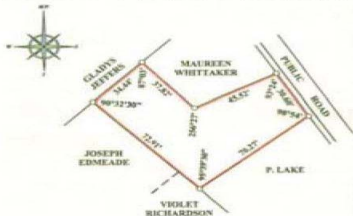
at 3:15 o'clock in the afternoon.

The successful bidder will be required to pay at the time of sale a deposit of one fourth of his or her accepted bid and the balance within one month from the day of sale. The Purchaser shall be entitled to possession of the property on payment of the deposit. Any taxes due on the property must be paid by the Purchaser. The Purchaser will, after payment in full of the purchase price, obtain from the High Court of Justice, a Certificate of Title to the property free from prior encumbrances. Contact the Applicant's Attorneys-at-Law, Kelsick, Wilkin and Ferdinand, 869-465-2440 or Law@kwfonline.com, for more details.

DESCRIPTION OF PROPERTY:

3,894.80 square feet of land situate at Newton Ground, St Paul Parish, St Kitts and bounded and measuring as follows: On or towards the North by lands of Maureen Whittaker, 37.82 feet and 45.52 feet; On the North-East by a Public Road, 30.60 feet; On the South-East by lands of P. Lake, 70.27 feet; On the South-West partly by lands of Violet Richardson and partly by lands of Joseph Edmeade, 72.91 feet; and On or towards the North-West by lands of Gladys Jeffers, 34.44 feet; all as the same is described in a Certificate of Title December 4, 2012 and registered in Book L3 Folio 686 of the Register of Titles for the Island of Saint Christopher.

SURVEY PLAN & PHOTOGRAPH OF PROPERTY:



UPSET PRICE:

The upset price for the above land shall be EC\$300,000.00

Dated the 19 day of Aug 2020

BY THE COURT

REGISTRAR



Right to Know. Right Now!

SKNYPA Names Winners of Ward-Hanley Scholarship and Mentorship Program 2020

Basseterre, St. Kitts (September 9th, 2020) - Five awardees have been chosen for the inaugural Ward-Hanley Scholarship and Mentorship program scholarship provided by the St. Kitts National Youth Parliament Association (SKNYPA). The award ceremony was held on Tuesday 8th September, 2020 at the Innovation Hub at the National Information and Communications (ICT) Centre.



These students are Kervin Fahie, Dequandre Liburd and Joshua Edgar of the Cayon High School, Jonesh Rogers of the Washington Archibald High School and Anaya Rouse of the Charles E. Mills Secondary School.

These new high school students will receive a back-to-school material package which comprises of school uniforms, backpack with school supplies, three hundred and fifty dollars to cover additional school expenses and 1 year mentorship from members of the Association to aid in their transition to high school.

Dr. the Honourable Geoffrey Hanley provided brief remarks at the ceremony and encouraged parents to support their children in whatever they do and urged the five awardees to take responsibility in charging their own destiny.

President Harris extends heartfelt gratitude to all sponsors that made this scholarship possible, these sponsors included Sir S W Tapley Seaton GMCG, CVO, QC, JP, LLD, Deputy Prime Minister Honourable Shawn Richards, Dr. the Honourable Geoffrey Hanley, Honourable Akilah Byron, Sun Island Clothes, Mr. Clement Williams, Mr. Azard Gumbs, Mr. Calvin Duggins, Ms. Markysa O'Loughlin

and Ms. JeNise Carty.

The scholarship is named after the Association's founding fathers and honorary members, the Late Desmond E Ward (founding member) and Hon. Dr. Geoffrey Hanley (founding member) for their work in youth development. SKNYPA is preparing to celebrate its 19th anniversary and saw it fit to give back to the nation's youth especially in the midst of the Coronavirus pandemic.

More About SKNYPA

SKNYPA is a non-profit, non-governmental, non-partisan youth organization launched on September 13th, 2001, under the motto "Equality and Justice in Nation Building". The impetus to form an association was born in 1999, after Dr. Geoffrey Hanley, an officer in the Department of Youth Affairs, had earlier that year attended a regional Youth Parliament Sitting in the Bahamas. Upon his return, he held meetings with his ministerial heads and came up with the idea for the formulation of a local Youth Parliament that would continually debate issues of youth interest in the National Assembly Chambers and then participate in regional and international forums with more experience and skill. He collaborated with the late Desmond Ward, then Parliamentary Coordinator, who endorsed the idea and lent his expertise and experiences in Parliamentary procedures. SKNYPA can be found at our Headquarters in the Charles Wilkin Building, Church Street (next to Masses House). Our social media handles are St. Kitts National Youth Parliament Association (Facebook), SKNYPA (Instagram) and SKNYPA (Twitter).

IN THE EASTERN CARIBBEAN SUPREME COURT
IN THE HIGH COURT OF JUSTICE
FEDERATION OF SAINT CHRISTOPHER AND NEVIS
SAINT CHRISTOPHER CIRCUIT
(TITLE BY REGISTRATION ACT)



Application
No. SKBHCV2017/0082

Between:

ROYAL BANK OF CANADA

- Applicant

and

ANGELICA BAKER

- 1st Respondent

and

ANDREW SAUNDERS

- 2nd Respondent

and

SONJA SAUNDERS

- 3rd Respondent

NOTICE OF SALE BY PUBLIC AUCTION

The Property described below will be offered for sale by the Registrar of the High Court by PUBLIC AUCTION at the High Court of Justice, Sir Lee L. Moore Judicial and Legal Services Complex, Independence Square East, Basseterre, St Kitts

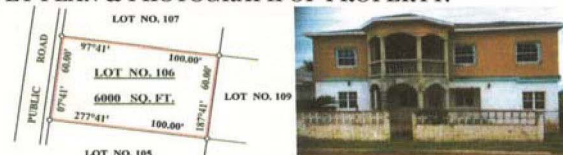
on Thursday the day of 2020, at
..... o'clock in the afternoon.

The successful bidder will be required to pay at the time of sale a deposit of one fourth of his or her accepted bid and the balance within one month from the day of sale. The Purchaser shall be entitled to possession of the property on payment of the deposit. Any taxes due on the property must be paid by the Purchaser. The Purchaser will, after payment in full of the purchase price, obtain from the High Court of Justice, a Certificate of Title to the property free from prior encumbrances. Contact the Applicant's Attorneys-at-Law, Kelsick, Wilkin and Ferdinand, 869-465-2440 or Law@kwfonline.com, for more details.

DESCRIPTION OF PROPERTY:

ALL THAT lot piece or parcel of land known as Lot No. 106 of Parry Housing Development in the Parish of St Peter in the Island of Saint Christopher, and bounded and measuring as follows, that is to say:- On the North by Lot No. 107, 100 feet; On the West by a Public Road, 60 feet; On or towards the South by Lot No. 105, 100 feet and On the East by Lot No. 109, 60 feet and containing by admeasurement 6,000 square feet, all as the same is described in a Certificate of Title dated 28th October 2008 and registered in Book H3 Folio 450 of the Register of Titles for the Island of Saint Christopher.

SURVEY PLAN & PHOTOGRAPH OF PROPERTY:



UPSET PRICE:

The upset price for the above land and buildings thereon shall be EC\$652,708.72

Dated the day of 2020

REGISTRAR
OF THE HIGH COURT



COVID-19 SAFETY AND HEALTH



International
Labour
Organization

SYMPTOMS

- The most common symptoms are fever, tiredness, and dry cough.
- Others are aches and pains, nasal congestion, runny nose, sore throat and/or diarrhea.
- Symptoms are usually mild and begin gradually.
- It can take up to 14 days for symptoms to appear.

TRANSMISSION

- Droplets from nose or mouth when infected people cough and exhale.
- Standing within one meter of an infected person.
- Touching contaminated surfaces or objects and then touching eyes, nose or mouth.
- Ageing and underlying diseases (e.g. diabetes, heart disease) increase risk.

WORKPLACE PREVENTION MEASURES

- Undertake risk assessments and implement controls.
- Explore alternative work methods.
- Share information and establish communication plans.
- Wash hands frequently and adopt good hygiene practices.
- Avoid sharing objects that could transmit the virus.
- Use personal protective equipment (PPE).
- Beware of wide-spreading droplets (breath in and cough out).
- Keep workplaces and objects clean and disinfected.
- Protect clients and end users.
- Workers should stay at home if sick.
- Seek advice from the Department of Labour and health authorities.

PROTECT YOURSELF AND OTHERS!

MUA donates 100,000 face masks to Ministry of Health on Nevis

NIA CHARLESTOWN NEVIS (September 08, 2020) — The Medical University of the Americas (MUA) has donated 100,000 disposable face masks to the Ministry of Health on Nevis.

During a handing over ceremony at the Emergency Operations Centre at Long Point on September 08, 2020, Dr. Ralph Crum, Dean of the MUA, said his institution recognized there is an ongoing need for disposable masks, and the university wanted to assist the people of Nevis in the fight against COVID-19.

"It's my pleasure to represent our company in this donation to the Nevis government and Ministry of Health of disposable masks because there's nobody that has too many. I know they will all go to good use.

"We as physicians and as a surgeon, wear them every day. We understand their utility. People need to understand that we need to protect ourselves and each

other. I'm very happy that we have survived this as well as we have, and we are hopeful that we continue to be as COVID-free as possible," he said.

Hon. Mark Brantley, Premier of Nevis and Senior Minister of Health, expressed his gratitude to the Dean and his colleagues for the gift of the protective wear.

"I think it is a very significant gesture that

the Medical University of the Americas is making. The MUA has been with us and is part of the tapestry of the Nevisian life for many years and it continues to contribute significantly to the life and well-being of the people of Nevis. This is an association that I feel, has yielded tangible benefits to the people of Nevis, and may it continue to do so.

"The value of these 100,000 masks is approximately US\$50,000, and by any measure that is significant. Nevis is a small island but we can't get enough of the relevant supplies.

"The new normal of COVID-19 requires us to wear masks. Were it not for this donation we would have to buy masks, and the taxpayers' dollars would have to be diverted to paying for them. By this donation, the Medical University of the Americas has ensured that we can put our resources for other things," he said.

Premier Brantley noted that although the donation was made to the Ministry of Health, some of the masks would go to educational institutions, for students and staff who may be in need of an emergency mask.

The MUA is the sole medical university on the island, since 1998.

Photo caption: Premier of Nevis Hon. Mark Brantley, Senior Minister of Health in the Nevis Island Administration (r) accepting the donation of 100,000 disposable masks from Dr. Ralph Crum, Dean of the Medical University of the Americas at a handing over ceremony at the Emergency Operations Centre at Long Point on September 08, 2020



Some of the 100,000 disposable face masks donated by the Medical University of the Americas to the Ministry of Health on September 08, 2020



Dr. Sandeep Kacker, Assistant Dean of the Medical University of the Americas; Hon. Hazel Brandy-Williams, Junior Minister of Health in the Nevis Island Administration; Dr. Ralph Crum, Dean of the Medical University of the Americas; Dr. Judy Nisbett, Chairperson of the Nevis COVID-19 Task Force; Hon. Mark Brantley, Premier of Nevis and Senior Minister of Health; and Ms. Shelisa Martin-Clarke, Permanent Secretary in the Ministry of Health, at a handing over ceremony of 100,000 masks at the Emergency Operations Centre at Long Point on September 08, 2020

ANNOUNCEMENT

September 8, 2020

The General Post Office is advising residents of Ponds Estate, Kittstodarts, Needsmust, Bladens

Housing Development, Canada Estate, Keys Village, Keys Housing Extension,

Keys Main Road, Keys Housing Extension [West], Keys Housing Extension [South] that their mail is to be collected at the

General Post Office. The Post Office is currently in the process of recruiting a Substitute

Postman for the aforementioned districts. Further updates will be provided as we work to better the situation.

The Ministry apologizes for any inconvenience this adjustment may cause.

IN THE EASTERN CARIBBEAN SUPREME COURT
IN THE HIGH COURT OF JUSTICE
FEDERATION OF SAINT CHRISTOPHER AND NEVIS
SAINT CHRISTOPHER CIRCUIT
(TITLE BY REGISTRATION ACT)

Application
No. SKBHCV2018/0009

Between:

ROYAL BANK OF CANADA
and
ERNEST GARFIELD ROBINSON

- Applicant
- Respondent

NOTICE OF SALE

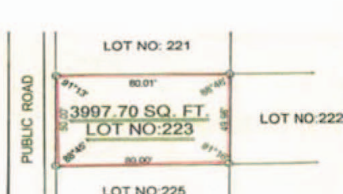
The Property described below will be offered for sale by the Registrar of the High Court by PUBLIC AUCTION at the High Court of Justice, Sir Lee L. Moore Judicial and Legal Services Complex, Independence Square East, Basseterre, St Kitts

on Thursday the 12 day of Nov 2020, at 2:30 o'clock in the afternoon.

The successful bidder will be required to pay at the time of sale a deposit of one fourth of his or her accepted bid and the balance within one month from the day of sale. The Purchaser shall be entitled to possession of the property on payment of the deposit. Any taxes due on the property must be paid by the Purchaser. The Purchaser will, after payment in full of the purchase price, obtain from the High Court of Justice, a Certificate of Title to the property free from prior encumbrances. Contact the Applicant's Attorneys-at-Law, Kelsick, Wilkin and Ferdinand, 869-465-2440 or Law@kwfonline.com, for more details.

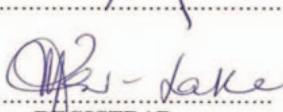
DESCRIPTION OF PROPERTY: ALL THAT lot piece or parcel of land known as Lot No. 223 of New Road Housing Development Extension, situate in the Parish of St. George in the Island of Saint Christopher and bounded and measuring as follows, that is to say:- On the North by Lot No. 221, 80.01 feet; On the East by Lot No. 222, 49.96 feet; On the South by Lot No. 225, 80.00 feet; and On the West by a Public Road, 50.00 feet; and containing by admeasurement 3997.70 square feet, all as the same is described in a Certificate of Title dated the 6th day of August 1998 and registered in Book X2 Folio 289 of the Register of Titles for the Island of Saint Christopher.

SURVEY PLAN & PHOTOGRAPH OF PROPERTY:




UPSET PRICE: The upset price for the above land shall be EC\$163,840.28

Dated the 19 day of Aug 2020


 REGISTRAR
OF THE HIGH COURT





Rotary Club of Liamuiga Donates School Supplies

BASSETTERRE, St. Kitts — On Saturday 5th September, the Rotary Club of Liamuiga held its first community service project for the 2020-2021 Rotary Year. With the start of the academic year just 2 days away, a Back-to-School Supplies Distribution was conducted at the Anglican Church Hall. During a brief ceremony

chaired by President Deniece Alleyne, school bags filled with much-needed supplies were presented to 18 students in-need from various primary schools throughout St. Kitts. Each student received a backpack filled with notebooks, ruler, pencils, pencil eraser and pens.

In her remarks to the parents, guardian and

students in attendance, President Deniece highlighted the difficult financial struggles that the ongoing pandemic has caused. She encouraged the students to do their best during the upcoming school year and pledged the Club's continued support for education and youth development.

The Rotary Club of Liamuiga wishes all



students and teachers a safe and successful school year.

FEDERATION OF SAINT CHRISTOPHER AND NEVIS SAINT CHRISTOPHER CIRCUIT TITLE BY REGISTRATION ACT CAP. 10.19 A.D. 2020

Claim No.: SKBHCV2019/0023

In the Matter of Section 144 of the Title by Registration Act Cap. 10.19

and

In the Matter of an Application on behalf of WINSTON A. LAWRENCE and his wife VERNELL LAWRENCE, for a replacement of a lost Certificate of Title recorded in Register Book W-2 Folio 217 of the Register of Titles for the Island of Saint Christopher.

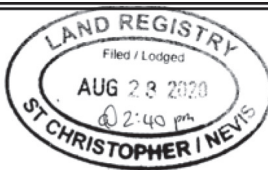
NOTICE OF APPLICATION FOR REPLACEMENT OF LOST CERTIFICATE OF TITLE

It is hereby notified that an Application has been made to the Registrar in Chambers for an Order for the issue of a new Certificate of Title in lieu of lost Certificate of Title dated the 4th day of July, 1997 and recorded in Register Book W-2 Folio 217 of the Register of Titles for St. Christopher Circuit in favour of WINSTON A. LAWRENCE and his wife VERNELL LAWRENCE of 120-52 229 Street, Cambria Heights, New York 11411 USA the land contained in said Certificate of title being of All THAT Lot piece or parcel of land Lot 65 of HL 1 North situated in Frigate Bay Housing Development in the Parish of St. George, in the Island of Saint Christopher, that is to say, On or towards the North East by Lot No. 64, 93.00 feet, On or towards the East South East by a Development Road 45.55 feet. On or towards the South South East by a Water Course 108.14 feet and On or towards the West North West by Lot No. 62 and Lot 61 respectively 50.48 feet and 60.12 feet; and containing by admeasurement 7,477.40 square feet.

Any person or persons knowing the whereabouts or having any information concerning the said duplicate Certificate of Title which may lead to its recovery is requested to notify the Registrar of Titles at the Registrar's Office, Judicial and Legal Complex, East Independence Square Street, Basseterre, St. Kitts.

Dated the 28th day of August, 2020

Dennis Merchant



THE EASTERN CARIBBEAN SUPREME COURT IN THE HIGH COURT OF JUSTICE FEDERATION OF SAINT CHRISTOPHER AND NEVIS SAINT CHRISTOPHER CIRCUIT (CIVIL)

Claim No.
SKBHCV2015/0208

Between:

**FIRSTCARIBBEAN INTERNATIONAL
BANK (BARBADOS) LIMITED**

- Judgment Creditor

- and -

**GRETSON ISAAC
Trading as Googal Arts**

- Judgment Debtor

NOTICE OF SALE BY PUBLIC AUCTION

The Property described below will be offered for sale by the Registrar of the High Court by PUBLIC AUCTION at the High Court of Justice, Sir Lee L. Moore Judicial and Legal Services Complex, Independence Square East, Basseterre, St Kitts

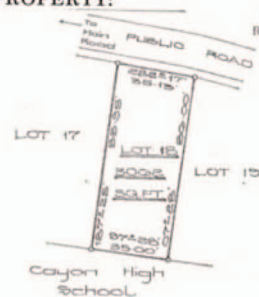
on Thursday the 12th day of Nov 2020, at 2:45 o'clock in the afternoon.

The successful bidder will be required to pay at the time of sale a deposit of one fourth of his or her accepted bid and the balance within one month from the day of sale. The Purchaser shall be entitled to possession of the property on payment of the deposit. Any taxes due on the property must be paid by the Purchaser. The Purchaser will, after payment in full of the purchase price, obtain from the High Court of Justice, a Certificate of Title to the property free from prior encumbrances. Contact the Applicant's Attorneys-at-Law, Kelsick, Wilkin and Ferdinand, 869-465-2440 or Law@kwfonline.com, for more details.

DESCRIPTION OF PROPERTY:

ALL THAT lot piece or parcel of land known as Lot No. 18 situate at Cayon Housing Extension in the Parish of St Mary in the Island of Saint Christopher and bounded and measuring as follows, that is to say:- On or towards the North-East by a Public road, 35.13 feet; On or towards the South-East by Lot No. 19, 86.00 feet; On or towards the South-West by Cayon High School, 35.00 feet and On or towards the North-West by Lot No. 17, 88.95 feet and containing by admeasurement 3,062 square feet; all as the same is described in a Certificate of Title dated October 17, 1996 registered in Book V2 Folio 353 of the Register of Titles of the Saint Christopher Circuit, in favour of GRETSON ISAAC as registered proprietor thereof.

SURVEY PLAN OF PROPERTY:



UPSET PRICE:

The upset price for the above land shall be EC\$29,000.00

Dated the 21st day of Aug 2020

REGISTRAR
OF THE HIGH COURT



Nevis Public Library in Charlestown moves to temporary location

NIA CHARLESTOWN NEVIS (September 09, 2020) - The Nevis Public Library has been relocated from upstairs the Theodore L. Hobson Court Building in Charlestown to the Slack's building on Market Street.

Hon. Troy Liburd, Junior Minister of Library Services in the Nevis Island Administration (NIA) visited the facility on September 07, 2020 to inspect ongoing remedial work. He explained that the move was due to the poor condition of the structure at the previous location.

"For a few years now the original library that sits on top of the courthouse had been in a state of disrepair, in fact it's a very old colonial building so it would take some time to repair. A lot of the repairs that are needed are very delicate, so the government took the decision to relocate the library.

"We needed to find a space in town, so we were able to negotiate with a private

citizen for the use of is building that is centrally located," he told the Department of Information.

The library will occupy two floors at its new location. The bottom floor, which is still undergoing some refitting work, will serve as the children's section and the second floor as the adult section.

Minister Liburd informed that the library staff has moved into the building, however only the adult section is open to the public.

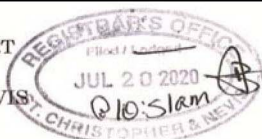
"At this point we have brought the library staff down and they are now situating themselves. We have done the move in such a way that starting Monday [September 07, 2020] we have it partially opened to the public so people can start coming in, and we can start feeling out the kinks before we have the official opening soon," he said.

Mrs. Anastasia Parris-Morton, Librarian extended an invitation to



the general public to register to be members of the Public Library. She assured that they have a wide variety of books to choose from and the checking out and return of books is now computerized to make the process more efficient.

IN THE EASTERN CARIBBEAN SUPREME COURT
IN THE HIGH COURT OF JUSTICE
FEDERATION OF SAINT CHRISTOPHER AND NEVIS
SAINT CHRISTOPHER CIRCUIT
(TITLE BY REGISTRATION ACT)



Application
No. SKBHCV2017/0084

Between:

RBTT BANK (SKN) LIMITED

- Applicant

and

MAUREEN ATHILL

- Respondent

**NOTICE OF SALE
BY PUBLIC AUCTION**

The Property described below will be offered for sale by the Registrar of the High Court by PUBLIC AUCTION at the High Court of Justice, Sir Lee L. Moore Judicial and Legal Services Complex, Independence Square East, Basseterre, St Kitts

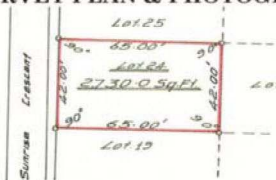
on Thursday the 26 day of Nov 2020, at
2:15 pm o'clock in the afternoon.

The successful bidder will be required to pay at the time of sale a deposit of one-fourth of his or her accepted bid and the balance within one month from the day of sale. The Purchaser shall be entitled to possession of the property on payment of the deposit. Any taxes due on the property must be paid by the Purchaser. The Purchaser will, after payment in full of the purchase price, obtain from the High Court of Justice, a Certificate of Title to the property free from prior encumbrances. Contact the Applicant's Attorneys-at-Law, Kelsick, Wilkin and Ferdinand, 869-465-2440 or Law@kwfonline.com, for more details.

DESCRIPTION OF PROPERTY:

ALL THAT lot piece or parcel of land being **Lot No. 24 of Pond Site Extension** in the Parish of St George, in the Island of St Christopher bounded and measuring as follows, that is to say:- On or towards the North by Lot No. 25, 65.00 feet; On the East by Lot No. 23, 42.00 feet; On the South by Lot No. 18, 65.00 feet and On the West by Sunrise Crescent 42.00 feet and containing by admeasurement **2,730 square feet**; all as the same is described in a Certificate of Title dated August 5, 1989 and registered in Book O2 Folio 209 of the Register of Titles of the Island of St Kitts

SURVEY PLAN & PHOTOGRAPH OF PROPERTY:



UPSET PRICE:

The upset price for the above land and buildings thereon shall be **EC\$318,000.00**

Dated the 27 day of Aug 2020

[Signature]
REGISTRAR
OF THE HIGH COURT



Case Number :SKBHPB2020/0043



THE EASTERN CARIBBEAN SUPREME COURT

IN THE HIGH COURT OF JUSTICE Submitted Date:31/08/2020 12:00

FEDERATION OF SAINT CHRISTOPHER AND NEVIS

Filed Date:31/08/2020 12:00

SAINT CHRISTOPHER CIRCUIT

Fees Paid:52.00

A. D. 2020

(PROBATE)

CLAIM NO: SKBHPB2020/0043

In the Estate of ROBERT ALPHONSO VANLOW, (Deceased) late of the Island of St. Christopher.

ADVERTISEMENT OF APPLICATION FOR GRANT OF LETTERS OF ADMINISTRATION

TAKE NOTICE that an application has been filed by MARGARET MC INTOSH-VANLOW of the Island of St. Vincent and JOYCELIN JAMES of the Island of St. Christopher both currently reside in Ontario Canada for a Grant of Letters of Administration to the Applicants who are the widower and sister-in-law of the deceased respectively, ROBERT ALPHONSO VANLOW late of the Island of St. Christopher having died Intestate on the 20th day of April, 2012 in Toronto, Ontario, Canada.

Any person having an objection to the Grant of Letters of Administration to the application shall file an objection within 14 days of the publication of this Notice.

Dated this 31st day of August, 2020

Filed by

[Signature]
S.A.M Legal Services

Attorney-at-Law for the Estate of Robert Alphonso Vanlow, deceased

AN OPEN LETTER TO THE ST. KITTS-NEVIS TEACHERS' UNION

Silence for Survival in Education.

Dear Mr. President

I like church. I like the different cultures of worship, and the communities. The melee, the reverence, the rebirth, the grace and glory. I like it all. However, the story of Jonah intrigues me. It modifies the character and fills the heart.

So, when I witness the President of the St. Kitts Nevis Teachers Union (henceforth SKNTU) perform the Jonah act, I was shocked, and amused, by my recognition. Jonah and the WHALE is a metaphor for accepting experience without seeking to change it. Jonah inside the belly of the whale comfortably protected from the problems of the outside world.

While attending the opening ceremony for teachers, conducted by ministry officials, I was introduced to the New President of the SKNTU. Yes, I never knew it was him. I was stunned, while most of my colleague teachers laughed and asked "is the union still a thing?" What shocked me was not that there is a new president, but that his speech was silent. It was silent about the issues that are affecting us.

Mr. President of the SKNTU, I am confused by your silence, as it seemed in conflict to your role as union president. So, I went to look up what is a union to verify that my confusion was not a product of my error or ignorance. According to my source, a labour union or trade union is an organized group of workers, who unite to make decisions about conditions affecting their

work. Labor unions strive to bring economic justice to the workplace and social justice to our nation. That means Mr. President, your constituents are the teachers; your mission is the teachers' welfare.

How can you stand on a platform away from us and speak for us without speaking with us teachers first? Did you solicit our ideas? Do you know how we are feeling? Did you go on a listening campaign as the minister said he did? How can you mediate a conflict while standing at the side of the authority imposing distressing working conditions on teachers? How can you not advocate for your constituents while on the platform?

Is it by committing the Jonah act? Failing to protest our new working conditions as you sit in the belly of the WHALE comforted by access and relationships, protected from teaching like the rest of us.

Mr. President, your conduct in office should inspire trust among teachers and promote the welfare of teachers. So, when you stand publicly with the ministry without talking to us, without listening, without advocacy for teachers, it symbolizes a stand against us comfortably in the belly of the WHALE. So, you ought not to mount any more platforms with the leaders of our ministry, who are responsible for enforcing working conditions and extended hours which a majority of us don't agree with. In most instances we are systematically excluded from participating meaningfully in

shaping our employment circumstance. Do teachers want to work 8:00am - 4:00pm? Have you asked? Have you listened? Your presence is our voice. When you show up to represent the office of president of the SKNTU, do you speak on our behalf?

Mr. President, many teachers are silent because as a body we are afraid to speak up and speak out. Daily we trade silence for survival in this profession. Nevertheless, to your credit you did mention there are complaints forms available if a teacher feels unsatisfied with any circumstance around teaching during Covid. However, we are aware of professional persecution. When a teacher speaks out there is a passive aggressive or overtly aggressive response that results in some form of victimization and negative characterization.

The story of Jonah in the bible teaches us that when we are given a mission, on behalf of people for their well being, you must do it. Failure to perform your duty is behavior that leaves us teachers in the roaring seas. A failure in your duty, to protest on our behalf, is a failure to protect us. Don't allow yourself to be swallowed inside the belly of the WHALE, being passive and accepting of rules that affect us.

Finally, when is the next union meeting? I would like to join. The SKNTU ought not to be swallowed by the WHALE.

Yours Sincerely,

MCH

Galvanised Bar

Seeking a Chef/ Cook
Specializing in Spanish Cuisine
And Waiter / Waitress

Contact Elvis Maloney
660-1328

THE EASTERN CARIBBEAN SUPREME COURT
IN THE HIGH COURT OF JUSTICE
FEDERATION OF SAINT CHRISTOPHER AND NEVIS
SAINT CHRISTOPHER CIRCUIT
(TITLE BY REGISTRATION ACT)

Application No.
SKBHCV2012/0371

Between:

**FIRSTCARIBBEAN INTERNATIONAL
BANK (BARBADOS) LIMITED**

- Applicant

- and -

EXCLUSIVE RETREATS LIMITED

- Respondent

**NOTICE OF SALE
BY PUBLIC AUCTION**

The Property described below will be offered for sale by the Registrar of the High Court by PUBLIC AUCTION at the High Court of Justice, Sir Lee L. Moore Judicial and Legal Services Complex, Independence Square East, Basseterre, St Kitts

on Thursday the 26 day of Nov 2020, at
3:30 o'clock in the afternoon.

The successful bidder will be required to pay at the time of sale a deposit of one fourth of his or her accepted bid and the balance within one month from the day of sale. The Purchaser shall be entitled to possession of the property on payment of the deposit. Any taxes due on the property must be paid by the Purchaser. The Purchaser will, after payment in full of the purchase price, obtain from the High Court of Justice, a Certificate of Title to the property free from prior encumbrances. Contact the Applicant's Attorneys-at-Law, Kelsick, Wilkin and Ferdinand, 869-465-2440 or Law@kwfonline.com, for more details.

DESCRIPTION OF PROPERTY:

5.3474 acres of land with buildings thereon situate at **Mount Pleasant Estate**, in the Parish of St Paul in the Island of Saint Christopher, bounded and measuring as follows, that is to say:- On or towards the North by lands of Thomas Dougherty, 112.32 feet, 65.97 feet, 145.50 feet and 86.47 feet; On or towards the East by lands of Thomas Dougherty, 135.59 feet, 130.42 feet, 112.79 feet, 142.58 feet, 265.44 feet; On or towards the South South East by an Estate Road, 63.80 feet and 60.20 feet, and by lands of Rawlins Plantation, 10.27 feet, 8.61 feet, 8.82 feet, 11.59 feet, 17.13 feet, 15.78 feet, 86.08 feet and 72.67 feet; On or towards the South by lands of Rawlins Plantation, 9.62 feet, 43.47 feet, and 13.60 feet; On or towards the South West by lands of Rawlins Plantation, 25.46 feet, 10.91 feet, 30.56 feet, 22.76 feet, 29.40 feet, and 31.88 feet; On or towards the West South West by lands of Rawlins Plantation, 25.73 feet, 24.46 feet, 93.71 feet, 10.23 feet, 27.44 feet, 37.50 feet, 30.28 feet, 6.71 feet, 17.89 feet, 34.75 feet, 21.01 feet, 34.99 feet, 81.58 feet, 33.52 feet and by an Estate Road, 56.68 feet; On or towards the West by lands of Rawlins Plantation, 29.24 feet, 18.45 feet, 18.48 feet, 15.33 feet, 12.56 feet, 11.81 feet; On or towards the West North West by lands of Rawlins Plantation, 21.65 feet and 53.42 feet; On or towards the North North West by lands of Rawlins Plantation, 46.17 feet, 79.95 feet and 90.88 feet and 24.12 feet; all as the same is described in a Certificate of Title dated the 4th day of May 2005 and registered in Book E3 Folio 150 of the Register of Titles of the Island of Saint Christopher.

SURVEY PLAN OF PROPERTY:



UPSET PRICE:

The upset price for the above land and buildings thereon shall be **US\$540,000.00**

Dated the 27 day of Nov 2020

REGISTRAR
OF THE HIGH COURT



ISSUED BY SAGICOR LIFE (EASTERN CARIBBEAN) INC.

Glenford Gumbs Sr. and Linda Gumbs of Frigate Bay, Basseterre, St. Kitts, being Beneficiary, having made sworn deposition that **Policy No. K100303580** issued by Sagikor Life (Eastern Caribbean) Inc on **the life of Glenford Gumbs Jr. (Deceased)** has been lost and having made application to the Directors to grant a duplicate of the same, notice is hereby given that unless objection is raised within one month of the date hereof, the duplicate policy asked for will be issued.

Dated: **3rd September, 2020.**

By Order

Althea C. Hazzard

Sagicor

Wise Financial Thinking for Life

Sagicor Life Inc



Agence France Presse - Asia Pacific - Taiwan and China
- 8 September 2020

Taiwan Urges International Alliance To Safeguard Regional Stability



Czech Senate President Milos Vystrel and Taiwanese President Tsai-wen in Taipei, a meeting which angered China.

Taiwan's president called Tuesday for democratic countries to combat China's regional expansionism, saying the alliance would safeguard "freedom ... human rights and democracy".

Although Tsai Ing-wen did not mention China by name, there was no mistaking who she was referring to in a speech Tuesday to an Asia-Pacific security forum in Taipei.

She said Taiwan - which China

regards as its own territory and has vowed to one day seize - was at the forefront of "defending democracy from authoritarian aggression".

Tsai regards Taiwan as a de facto sovereign nation, but has resisted any formal declaration of independence - a move Beijing has long warned could spark a war.

China has upped the pressure on Taiwan since Tsai came to power in

2016, as she refuses to acknowledge its idea that the island is part of "one China".

She did not name Beijing, but cited military movements in the South China Sea and the Taiwan Strait as well as "coercive diplomacy used against countries and corporations".

"It is time for like-minded countries, and democratic friends... to maintain a strategic order that deters unilateral aggressive actions," Tsai said, stressing that one country alone could maintain regional peace and security.

"This alliance will safeguard the values we cherish most: freedom, safety, human rights and democracy," she said.

She also called for economic integration to avoid seeking "short-term solutions with those who do not share our values and beliefs".

Last month China's military fired missiles into the disputed South China Sea - parts of which are also claimed by Taiwan and a string of other countries.

Chinese jets also buzzed Taiwan almost daily in June and made a brief incursion across the median line of the Taiwan Strait in early August, as the US health chief was making his country's highest-level visit to Taiwan since 1979.

China bristles at any move by foreign governments to recognise or conduct official exchanges with Taipei, and was infuriated by the visit - as well as one by the Czech Republic's senate president last week.

Tsai won a landslide re-election in January in what was seen as a strong rebuke to Beijing's strong-arm tactics.

Reuters - World News - Asia - Thursday 10 September 2020

Chinese Fighter Jets Buzz Taiwan For A Second Day As Rise

By Yimou Lee and Ben Blanchard

TAIPEI (Reuters) - Chinese fighter jets approached Taiwan on Thursday for a second day in a row, the island's defence ministry said, urging China to stop "destroying regional peace" in a further ratcheting up of tension across the sensitive Taiwan Strait.

China, which claims Taiwan as its own territory, has held numerous military exercises up and down its coast and near the island in recent weeks.

The defence ministry said Su-30 fighters and Y-8 transport aircrafts were among the Chinese aircraft that entered Taiwan's air identification zone to its southwest on Thursday morning.

"The Defence Ministry once again urged the Chinese Communist Party must not to repeatedly destroy regional peace and stability," it said, adding that the action has triggered antipathy among the people of Taiwan.

Taiwan scrambled aircraft to intercept the Chinese planes, the ministry

added, saying it was able to quickly track the "enemy's movement".

China's defence ministry did not immediately respond to a request for comment.

Taiwan has repeatedly complained that China, which has not ruled out the use of force to bring the democratic island under its control, has stepped up military threats in recent months as the world tackles the coronavirus pandemic.

Beijing routinely says such exercises are not unusual and are designed to show its determination to defend its sovereignty.

Taiwan is carrying out livefire weapons tests off its southeast and eastern coast.

Taiwan President Tsai Ing-wen has warned of a rising risk of accidental conflict over in the disputed South China Sea and around Taiwan, saying communication must be maintained to cut the risk of miscalculation.

Reporting By Yimou Lee and Ben Blanchard; Editing by Michael Perry.

THE EASTERN CARIBBEAN SUPREME COURT
IN THE HIGH COURT OF JUSTICE
FEDERATION OF SAINT CHRISTOPHER AND NEVIS
SAINT CHRISTOPHER CIRCUIT
(TITLE BY REGISTRATION ACT)



Application
No. SKBHCV2019/0102

Between:

ROYAL BANK OF CANADA

- Applicant

and

ROGER LLEWELYN BRISBANE

- Respondent

NOTICE OF SALE BY PUBLIC AUCTION

The Property described below will be offered for sale by the Registrar of the High Court by PUBLIC AUCTION at the High Court of Justice, Sir Lee L. Moore Judicial and Legal Services Complex, Independence Square East, Basseterre, St Kitts:

on Thursday the 26 day of Nov 2020,

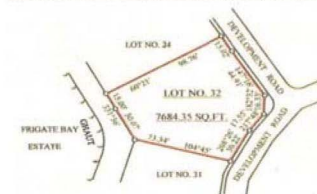
at 3:45 o'clock in the afternoon.

The successful bidder will be required to pay at the time of sale a deposit of one fourth of his or her accepted bid and the balance within one month from the day of sale. The Purchaser shall be entitled to possession of the property on payment of the deposit. Any taxes due on the property must be paid by the Purchaser. The Purchaser will, after payment in full of the purchase price, obtain from the High Court of Justice, a Certificate of Title to the property free from prior encumbrances. Contact the Applicant's Attorneys-at-Law, Kelsick, Wilkin and Ferdinand, 869-465-2440 or Law@kwfonline.com, for more details.

DESCRIPTION OF PROPERTY:

ALL THAT lot piece or parcel of land with the building thereon described as Villa No. 32 of Calypso Bay Resort Phase II situate in the Parish of Saint George in the Island of Saint Christopher and bounded and measuring as follows, that is to say:- On or towards the North-West by Lot No. 24, 98.76 feet; On or towards the East North-East by a Development Road, 15.02 feet and 44.91 feet; On the East by a Development Road, 16.33 feet; On or towards the East South-East by a Development Road, 17.55 feet and 30.22 feet; On or towards the South-West by Lot No. 31, 73.34 feet; and On or towards the West South-West by a Ghaat bordering Frigate Bay Estate, 30.07 and 15.00 feet and containing by admeasurement 7,684.35 square feet; all as the same is described in a Certificate of Title dated July 18, 2006 and registered in Book F3 Folio 401 of the Register of Titles of the Island of Saint Christopher

SURVEY PLAN & PHOTOGRAPH OF PROPERTY:



UPSET PRICE:

The upset price for the above land shall be EC\$992,000.00

Dated the 27 day of Aug 2020

BY THE COURT

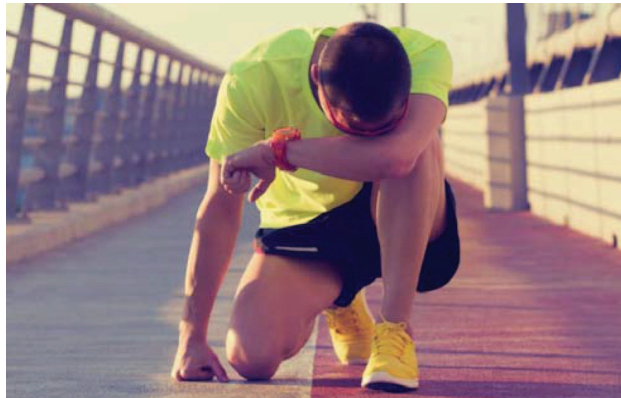
REGISTRAR



THE CONVERSATION (Academic rigour, journalistic flair) - Edn: UK- Health & Medicine - 9 September 2020

Overtraining Syndrome - What It Is And How To Avoid It

By Lee Bell, Sheffield Hallam University



Endurance athletes are most at risk. Photo credit: AstroStar/Shutterstock.

There's a thin line between working hard enough and working too hard. Pushing your body to reach new levels of fitness requires commitment, effort and a willingness to put yourself through intense, challenging workouts on a regular basis.

But more isn't always better. Without the right balance of rest and

recovery you could end up spiralling into a long-term fatigue condition called overtraining syndrome. The condition results in long-term reduced physical performance, and may be accompanied by other physiological and psychological symptoms (such as low mood or poor sleep) - though this isn't always the case. It can take weeks, months and even years to recover from this condition.

Though mainly caused by excessive amounts of exercise, it can be accelerated by other life stress, such as working long hours, difficult social relationships, dieting, and not getting enough sleep. Recent research has shown that up to 93% of athletes suffering from unexplained performance decline also report the presence of non-training stressors, so managing those stressors is important.

The frustrating thing about overtraining syndrome is that there's no single measure or test that you can use to identify it. Research tells us that symptoms can vary wildly from one person to the next, meaning it can be a condition that's hard to pinpoint. In fact, the only current, reliable method to assess if you have overtraining syndrome is to track how long it takes you to recover.

However, common symptoms include: (i) Long-term decrease in sports performance; (ii) Less motivation to exercise; (iii) Low mood; (iv) Muscle soreness, aches and pain; (v) Loss of good quality sleep; and (vi) General tiredness or fatigue.

In reality, it's very difficult to work hard enough to spiral into overtraining syndrome if you aren't hitting the gym for hours each day. If you've ever felt tired or burned out but bounced

back after a week or two, you probably weren't overtraining, you probably just went a little too hard for a spell.

Overreaching

A similar condition known as overreaching is also characterised by performance decline, but recovery takes several days to weeks to recover from. And feeling drained for a day or two after a tough workout is just a sign of fatigue and nothing to worry about.

Overreaching is often seen as a less severe form of overtraining syndrome, but because the symptoms are often the exact, the two are often confused. In fact, when under-performing, most average gym goers suffer from fatigue for days to weeks rather than months, suggesting acute fatigue or overreaching is much more of a realistic risk to the general population. Endurance athletes appear to be most at risk of developing overtraining syndrome, with previous research showing as many as 60% of high-level runners could experience overtraining syndrome in their career.

Swimming and cycling have reported similar figures, but those that participate in strength-based sports, such as weightlifting, appear to be at lower risk of overtraining syndrome, with only one or two cases observed in the published literature. It's not entirely certain why, but it may be because endurance sports are easier to participate in while fatigued.



It's less likely to affect the average exerciser. Credit: lzf/Shutterstock.

But even in high-level athletes who train for hours daily, only some of those will ever suffer from symptoms of overtraining syndrome. Hard and frequent training on a regular basis, coupled with poor sleep, high levels of stress and a low calorie, low-carb diet may all make someone more likely to develop overtraining syndrome.

If you think you might be suffering from the overtraining syndrome, the best and most important recovery tool is to manage your training. Take a break from challenging exercise and let your body heal and repair itself. Light activities, such as walking or stretching are fine, but anything that overloads your body should be stopped immediately, or else you may only prolong the time it takes to recover.

Make sure you're eating healthily (especially getting enough carbohydrates), and aim for plenty of undisturbed sleep each night. Though this is easier said than done, prioritising sleep and food will help you bounce back.

But for the average person who may find they're experiencing a bit of extra fatigue from over-exercising, taking a couple of weeks to recover before getting back into your regular routine may be needed. Either way, it's important to manage symptoms, whether you've suffered from overtraining syndrome or not.

About the author: Lee Bell is a lecturer in Sport and Exercise Science and Strength and Conditioning at Sheffield Hallam University, an appointment which he has held from 2018. He has been a sports and strength

(cont'd on next page)

THE EASTERN CARIBBEAN SUPREME COURT
IN THE HIGH COURT OF JUSTICE
FEDERATION OF SAINT CHRISTOPHER AND NEVIS
NEVIS CIRCUIT
(TITLE BY REGISTRATION ACT)

Application No.
NEVHCV2018/0046

Between:

RBTT BANK (SKN) LIMITED
- Applicant

and

GEORGE DASENT
- Respondent

NOTICE OF SALE
BY PUBLIC AUCTION

The property described below will be offered for sale by the Registrar of the High Court, Nevis Circuit by PUBLIC AUCTION at the High Court of Justice, Theodore L. Hobson Q.C. Court Building, Prince William Street, Charlestown, Nevis,

on Thursday the 3rd day of December 2020,
at 2:00 o'clock in the afternoon.

The successful bidder will be required to pay at the time of sale a deposit of one fourth of his or her accepted bid and the balance within one month from the day of sale. The Purchaser shall be entitled to possession of the property on payment of the deposit. Any taxes due on the property must be paid by the Purchaser. The Purchaser will, after payment in full of the purchase price, obtain from the High Court of Justice, a Certificate of Title to the property free from prior encumbrances. Contact the Applicant's Attorneys-at-Law, Kelsick, Wilkin and Ferdinand, 869-465-2440 or Law@kwfonline.com, for more details.

DESCRIPTION OF PROPERTY:
ALL THAT 6,092 square feet of land situate at Stoney Grove Estate in the Parish of St John in the Island of Nevis bounded and measuring as follows, that is to say:- On the North East by a Road, 12.22 feet and by land of Conrad Liburd, 49.89 feet and by land of the said James Pemberton, 19.29 feet; On the South by land of Charlene Huggins, 107.19 feet; On the South West by Stoney Grove Estate, 31.07 feet and on the North West by land of the said James Pemberton, 50.16 feet and 57.18 feet; all as the same is fully set forth and described in a Certificate of Title dated March 28, 1991 registered in Book 29 Folio 58 of the Register of Titles of the Nevis Circuit, in favour of the Respondent George Dasent as registered proprietor thereof.

SURVEY PLAN OF PROPERTY:

UPSET PRICE: The upset price for the above lands and any buildings thereon shall be EC\$30,000.00.

Dated the 24th day of August 2020

BY THE COURT
M. Flemming
DEPUTY REGISTRAR

Registrar's Office
FILED
11.13.20
NEVIS

Eastern Caribbean Supreme Court
High Court of Justice

MedicalXPress - Home - Health - 10 September 2020

Exercise Improves Learning And Memory In Young Adults

- By Wiley

Just a single exercise workout has positive effects on learning and memory in young adults, according to a recent review of published studies.

The review, which is published in *Translational Sports Medicine*, included 13 relevant studies. The

types of exercise that were studied involved walking, running, and bicycling in individuals between 18 to 35 years of age.

Investigators found that aerobic exercise for 2 minutes to 1 hour at moderate to high intensity improved attention, concentration, and learning and memory

functions for up to 2 hours. They noted that the results may have important education-related implications.

"Exercise makes you smart," said co-author Peter Blomstrand, MD, PhD, of County Hospital Ryhov and Jonkoping University, in Sweden.

Explore further: Moderate intensity exercise can benefit memory performance



Photo credit: CC0 Public Domain.

More information: Memory and Learning Functions in Young Adults (2020). DOI: 10.1002/tsm2.190
Peter Blomstrand et al, - a Systematic Review, Translational Sports
Effects of a Single Exercise Workout on
Provided by: Wiley

JESSICA KRUG: GEORGE WASHINGTON UNIVERSITY PROFESSOR RESIGNS

9 September 2020 - BBC News



Jessica Krug's work focuses on Africa and the African diaspora

Image copyright DUKE UNIVERSITY PRESS

A US academic who was being investigated after admitting she lied about being black has resigned, George Washington University has confirmed.

Jessica Krug, an associate professor whose work focuses on Africa and the African diaspora, admitted in a blog post last week that she was in fact a "white Jewish" woman from Kansas City.

The post read: "I have built my life on

a violent anti-black lie."

Her colleagues said they were "shocked and appalled" by her admission.

In a Medium post published last Thursday, Ms Krug said she had falsely assumed identities "that I had no right to claim: first North African Blackness, then US rooted Blackness, then Caribbean rooted Bronx Blackness".

White US professor says she lied about being black

Rachel Dolezal: 'I identify as black'

In a tweet on Wednesday, George Washington University said Ms Krug had "resigned her position, effective immediately".

"Her classes for this semester will be taught by other faculty members, and students in those courses will receive additional information this week," it added.

She has not commented.

Overtraining Syndrome...

(cont'd from last page)

enthusiast since his boyhood days. As an adult he has provided strength and conditioning in a range of professional and elite sports, as well as in the fitness industry, both as an educator and a consultant. He is currently in the final phases of working for the degree of Doctor of Philosophy (PhD). His main research interest is in strength training; in particular the management and monitoring of fatigue for optimal performance.

Away from academia he co-directs a sport science organisation called TRA Performance Education. Mr. Bell joined The Conversation on 2 September 2020.

Disclosure statement: Lee Bell does not work for, consult, own shares in or receive funding from any company or organisation that would benefit from this article, and has disclosed no relevant affiliations beyond his academic appointment.

Partners: Sheffield Hallam University provides funding as a member of The Conversation UK, which also receives funding from strategic partners such as Kingston Smith, a top 20 UK audit and accountancy firm, media partners like The Press Association (PA), the national news agency for the UK and Ireland, general funders such as HEFCW, The Royal Society, ISRF, The Ogden Trust, and more than sixty other universities.

This article has been republished under Creative

THE EASTERN CARIBBEAN SUPREME COURT
IN THE HIGH COURT OF JUSTICE
FEDERATION OF SAINT CHRISTOPHER AND NEVIS
NEVIS CIRCUIT
(TITLE BY REGISTRATION ACT)

Application No.
NEVHCV2018/0046

Between:

RBTT BANK (SKN) LIMITED

- Applicant

and

GEORGE DASENT

- Respondent

NOTICE OF SALE BY PUBLIC AUCTION

The property described below will be offered for sale by the Registrar of the High Court, Nevis Circuit by PUBLIC AUCTION at the High Court of Justice, Theodore L. Hobson Q.C. Court Building, Prince William Street, Charlestown, Nevis,

on Thursday the 3rd day of December 2020,

at 2:30 o'clock in the afternoon.

The successful bidder will be required to pay at the time of sale a deposit of one fourth of his or her accepted bid and the balance within one month from the day of sale. The Purchaser shall be entitled to possession of the property on payment of the deposit. Any taxes due on the property must be paid by the Purchaser. The Purchaser will, after payment in full of the purchase price, obtain from the High Court of Justice, a Certificate of Title to the property free from prior encumbrances. Contact the Applicant's Attorneys-at-Law, Kelsick, Wilkin and Ferdinand, 869-465-2440 or Law@kwfonline.com, for more details.

DESCRIPTION OF PROPERTY:

ALL THAT 11,625 square feet of land situate at Morning Star Estate in the Parish of St John in the Island of Nevis bounded and measuring as follows:- On the North East by the Island Main Road, 12.85 feet and lands of Averil Walters, 57.12 feet; On the South East by lands of Benjamin Hanley, 355.28 feet and 6.98 feet; On the South West by lands of Morning Star Estate, 25.81 feet; and On the North West by remaining land of Cyril Browne, deceased, 215.24 feet and lands of Averil Walters, 155.25 feet; all as the same is fully set forth and described in a Certificate of Title dated March 11, 1999 registered in Book 37 Folio 45 of the Register of Titles of the Nevis Circuit, in favour of the Respondent George Dasant as registered proprietor thereof.

SURVEY PLAN OF PROPERTY:



UPSET PRICE: The upset price for the above lands and any buildings thereon shall be EC\$94,500.00.

Dated the 24th day of August 2020

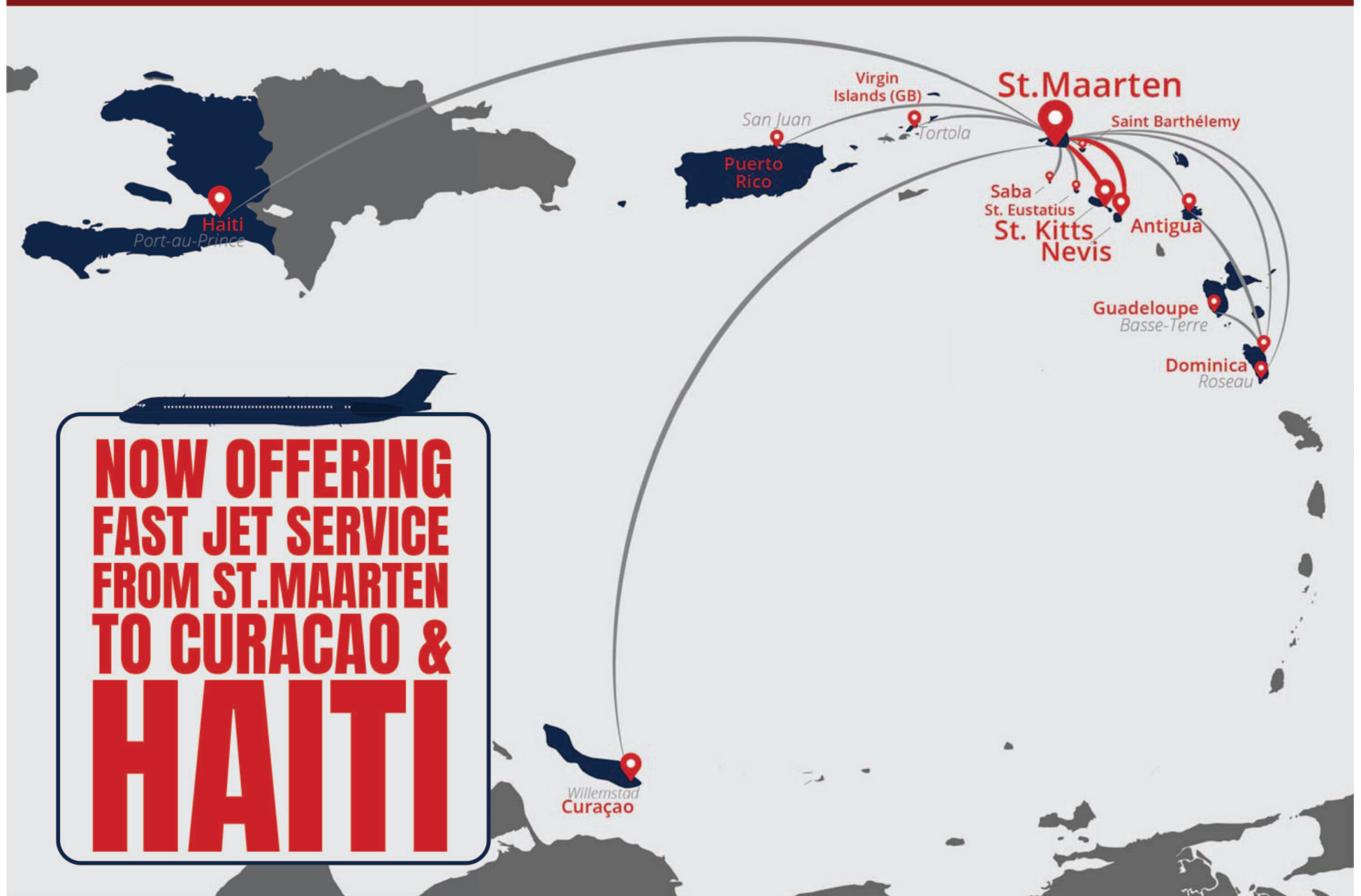
BY THE COURT

DEPUTY REGISTRAR



WINAIR

Antigua • Curacao • Dominica • Guadeloupe • Haiti • Nevis • Saba
San Juan • St. Barth • St. Eustatius • St. Kitts • St. Maarten • Tortola



**NOW OFFERING
FAST JET SERVICE
FROM ST. MAARTEN
TO CURACAO &
HAITI**

#WETAKEYOUTHERE

For bookings or more information contact your favorite travel agent
or find us online



WWW.FLY-WINAIR.SX

Dr. Kennedy Alphonse Simmonds, Dr. Denzil Llewellyn Douglas, Dr. Timothy Sylvester Harris, Prime Ministers: PART Two

“Great Leaders know that they have been appointed to Lead. They can hear the voice of calling beckoning them to prepare themselves for the task ahead, so they prepare and meekly await their turn. Those Leaders who aspire to be National Heroes respect and admire the contributions Heroes before them have made; they emulate them. Real Born Leaders refrain from using treacherous means to achieve their Leadership roles for they know that their appointment is safe and secure and will one day, manifest itself.” - Kennedy Earle Clarke

Dear Reader, having lost the first General Elections PAM contested in 1966, after it was formed, its Leaders were not about to await another five years. In 1966, Great Britain, our Colonial master, reeling under the astronomical cost of reconstruction after the end of the Second World War 1939-1945, found it impossible to carry the weight of all those colonies she possessed, and decided to ease her burdensome weight, by introducing what was referred to as STATEHOOD IN ASSOCIATION WITH GREAT BRITAIN, a political transition where the former Colonies attained a form of semi-independence. The Colonies would be responsible for their Internal Affairs, while Britain would retain responsible for their External Affairs and Defence. This meant that there would be no more GRANTS IN AID coming from our Colonial Master.

That said, we were on our own, paddling our own canoe. Those who owned the sugar estates and the big businesses in down Town Basseterre, could not stomach the thought, the realization of living in a semi-Independent country, governed by Mr. Bradshaw and the Working Class; they are the ones who are accustomed to be running things and they despised living in a St. Kitts, which is governed by A Party which looked after the interest of those who worked on their sugar estates and their businesses. These people (the estate owners) who were our Massas, were unable to come to grips with the changing tide in politics. They jealously detested any advancement made by those upon whose backs they were enjoying their privileged status.

They were very fearful of their workers enjoying the same privileges they were enjoying? This is the main reason why they hated Mr. Bradshaw so vehemently, because in uplifting the



By: Earle Clarke

workers of the land, they were fearful that they would lose their grip over those same workers whom they once enslaved? When slavery was abolished in 1865 in the USA, the slaves were promised a mule and 40 acres of land. Hosts of whites objected to this compensatory gesture, stating that by doing this, the Black slaves would be too empowered and would be competing with them. This is why, in 1966, the estate owners began ordering firearms from Britain, in preparation for the 1967 overthrow of the Working-Class Party, so that they could install their South African Apartheid System here, to keep the Black man in his place.

And they had the backing of the absentee land owners who were living in England or Great Britain, some of whose children were now sitting in the

Parliament. Because we were still a colony, the Colonial Office in Britain became alarmed over the kind of arms the estate owners in St. Kitts were ordering and alerted the Bradshaw government. When Britain introduced STATEHOOD, it was for St. Kitts-Nevis-Anguilla, called the Trinity of Islands. PAM, through its Leader, went to Anguilla to stir up hatred against Mr. Bradshaw whom they accused of promising bones in their rice and pepper in their soup. Mr. Bradshaw was born in 1916 and Anguilla was joined to St. Kitts since 1825. In 1870 The free-holders in Anguilla petitioned the Queen in Britain to dismantle the Association with St. Kitts, but were totally ignored. Mr. Bradshaw was not yet born

In 1958, the year when The Ministerial System of Government was introduced, the year when the West Indies Federation was formed and six years after Adult Suffrage was introduced into St. Kitts-Nevis-Anguilla, some 3000 Anguillans petitioned the Governor of the Leeward Islands in Antigua to dissolve the union with St. Kitts, but were unsuccessful. PAM, the darker skinned version of the white planters political Party - The Democrat, was totally against Statehood, which was conferred on all the Islands in the Windward and Leeward Islands except Montserrat and the British Virgin Islands. The Islands in the Windward and Leeward Islands accepted this Statehood in Association with Great Britain Political Status, because it was one step away from Total Independence, which was the dream of every Black Conscientious Leader in the world

I must be honest with myself and point out that Dr. Kennedy Alphonse Simmonds was not in the Colony of St. Kitts-Nevis-Anguilla in 1966 and 1967, but no one ever heard him denounce the actions PAM and the planter class took to overthrow the 1966 Lawfully Elected Labour Government of Premier Bradshaw. My departed Granny used to say, “Silence gives consent!”. When he was confronted with the blatant facts during the Speech by Ronald Webster in 1980 in Anguilla, during the celebration of their so-called Independence from St. Kitts and Bradshaw, he never condemned the Actions of his Party; so, granny was correct. Silence really gives consent! He was in full support of his PAM Party to use violent means to overthrow the Labour Government, and to perform all manner of evil on Mr. Bradshaw, Southwell and the people of St. Kitts, were they to succeed.

For those who doubt my Titus 2:8 Historical facts, I point them to a Book - “ANGUILLA’S BATTLE TO FREEDOM, 1967-1969” written by two Anguillans - Colville Petty and Nat Hodge. Mr. Hodge was at one time, Editor of the Democrat Newspaper in St. Kitts. Any living National Hero would be proud of any Constitutional Advancement that their country was making, for they are always LOYAL to their country. They always wanted the best for it and its people. LOYALTY to their Country is not SEASONAL. It is an ALL YEAR ROUND, ALL SEASONAL THING!

To Be Continued!

Kingdom of Morocco Scholarships Open to OECS Nationals! Apply Now! September 30, 2020!

Monday, August 31, 2020 æ” The Kingdom of Morocco, through the Moroccan Agency for International Cooperation (AMCI), has announced the 2020/21 Morocco Scholarship Programme Call for Applications. Students from the six (6) independent OECS Member States are invited to apply!

Twenty (20) scholarships will be awarded to each participating OECS Member State.

Applications close on

Scholarship:

Bachelor, Master and PhD scholarships are awarded for the duration of the study programme.

The language of study is French. Non-French speaking students will be required to pursue a French language program at the International Language Center under this Agency in Morocco.

Areas of Study:

An indicative directory of Moroccan public higher education establishments, specifying in particular the training courses,

admission conditions, duration of studies and diplomas awarded, is available on the AMCI website: www.amci.ma

Further Information:

Further information on public training establishments, the registration procedure and formalities in Morocco, are available from the following sources:

The Embassy of Morocco in Saint Lucia: embmorslu@candw.lc or embmorslu@maec.gov.ma

Moroccan Agency for International Cooperation: www.amci.ma

Ministry of National Education, Vocational Training, Higher Education and Scientific Research: www.ofppt.ma or www.men.gov.ma

Office of Vocational Training

and Work Promotion: contact@amci.ma

Candidates selected for training in Morocco will be provided with a long-stay student visa upon their arrival at AMCI, and will be required to produce a medical certificate attesting that they are vaccinated against infectious and contagious diseases, in particular tuberculosis.

Any change relating to the calendar for the start of the 2020/2021 academic year or any new measures or arrangements that would be taken by training establishments, in relation to the situation related to the COVID-19 pandemic, will be communicated to applicants in advance.

Nationality Requirements:

In order to be considered eligible, applicants must be nationals, citizens or holders of a passport from the OECS Member States of Antigua and Barbuda, the Commonwealth of Dominica, Grenada, St. Kitts and Nevis, Saint Lucia and St. Vincent and the Grenadines.

Application deadline:

Scanned copies of completed application form, along with all necessary supporting documents should be submitted by September 30, 2020.

Disclaimer: The student is responsible for completing the application form and submitting the form according to the steps described by the aforementioned deadline.



Trinbago Knight Riders completed the first perfect season in franchise T20 history

2020 HERO CARIBBEAN PREMIER LEAGUE - MATCH REPORT 33 - FINAL

From <https://www.cplt20.com/news>

Trinbago Knight Riders 157/2 (Simmons 84*, DM Bravo 58*; Chase 1/13, Kuggeleijn 1/30) beat St Lucia Zouks 154 all out (Fletcher 39, Deyal 29, Najibullah 24, Chase 22; Pollard 4/30, Fawad 2/22, Ali Khan 2/25, Hosein 1/26) by 8 wickets

Lendl Simmons and Darren Bravo ensured Trinbago Knight Riders completed the first perfect season in franchise T20 history with an unbroken partnership of 138 off 88 balls, the highest of Hero Caribbean Premier League (CPL) 2020 and the highest ever in a final. The St Lucia Zouks put up what seemed a competitive total, but ultimately a loss of 7/39 off the last 32 balls of their innings cost them dearly against this history-making Knight Riders squad.

Rakheem Cornwall swept Akeal Hosein for four but was lucky to edge over DJ Bravo at slip. Knight Riders captain Kieron Pollard gave the second over to Ali Khan, and Ali responded by flattening Cornwall's middle stump. Andre Fletcher clipped fine for four, the Zouks thus closing the second over at 16/1.

Mark Deyal slog-swept Hosein for two fours, and Fletcher was aggressive against Sikandar Raza, taking him over cover and long-on for Hero Maximums then cutting for four. Khary Pierre went for just five, but Fletcher twice smoked Ali through cover

for four and the Zouks motored to 60/1 off the Powerplay.

Deyal lofted Pierre over cover for four and launched Pollard for six, but struggled to combat Fawad Ahmed's googly and edged to DJ Bravo at slip. Hosein returned with a tight over, and at halfway the Knight Riders had slowed the Zouks to 79/2.

Roston Chase clipped through midwicket for four early in Fawad's second over, which went for 10, but Fletcher's assault ended as he aimed Pollard down the ground but found only Darren Bravo at long-off. Najibullah Zadran slashed his first ball for four, and the over went for seven to leave the Zouks in need of a partnership at 79/3 off 12 overs.

While Chase slog-swept the last ball of Pierre's over for a Hero Maximum, he and Mohammad Nabi fell within four balls, the former chipping a Pollard cutter to deep-mid on and the latter clubbing Fawad to long-off. Zouks captain Daren Sammy smashed his second ball for a Hero Maximum, and after 15 overs the Zouks were 123/5.

Despite a Najibullah four, Ali's return over went for just six, and Sammy should have fallen to Hosein but Ali badly misjudged the catch. Najibullah flicked Hosein for a delightful Hero Maximum over cover, but Hosein recovered to dismiss Sammy LBW. After 17 overs, the Zouks were 138/6.

DJ Bravo was unable to bowl, and so Pollard had to step up at the death and did so admirably, picking up two wickets with his off-cutter. First Javelle Glenn looped to

backward point, then Najibullah failed to clear Raza at deep backward square off another cutter. Kesrick Williams was run out, Ali Khan bowled Zahir Khan with a perfect yorker, and the Knight Riders had bowled the Zouks out for a decent rather than dominant total.

Simmons pulled Scott Kuggeleijn for four first ball of the chase, becoming Hero CPL's all-time leading run-scorer in doing so. Webster swept Nabi for four but then top-edged off Chase, Williams taking a fine catch. After three overs, the Knight Riders were 14/1.

Tim Seifert got off the mark with a four off Kuggeleijn, but fell edging behind next ball. Darren Bravo too got off the mark with a boundary, a glorious lofted Hero Maximum over long-on off Chase, and Simmons took fours straight, fine down the leg side and backward of point off Williams's first over to close the Powerplay with the Knight Riders 40/2.

Chase and Nabi put the pressure on, going for just five between them, and Simmons and Bravo both struggled against Zahir. When Simmons did take on the big shot though he nailed it over the fence, and at halfway the Knight Riders were 59/2 and needed 96 more to win.

Sammy brought himself on and bowled five good deliveries, but Bravo smashed the sixth for a Hero Maximum, and Simmons pulled Williams for a six then cut him for four, becoming Hero CPL 2020's leading run-scorer and bringing up his 50 off just 31 balls. Bravo though continued to struggle against Chase, who closed out a superb spell.

After 13 overs, Bravo was just 23 off 32 balls, and the Knight Riders needed almost 10 an over, but he eased both of those equations somewhat with two Hero Maximums off Glenn. Williams's third over went for nine thanks to two wides and a loose short ball, and the Knight Riders entered the last five overs needing 45 with eight wickets still in hand.

Kuggeleijn managed to go for just four off the 16th despite starting with a wide, but Simmons targeted Zahir, taking him for four off the first and six off the second. Bravo added two big Hero Maximums, the second bringing up his 50 off 45 balls. Suddenly, the Knight Riders needed just 18.

Simmons was not going to hang around now, walloping Kuggeleijn for a Hero Maximum over midwicket then clubbing him over cover and slicing him through third man for two fours. The winning runs came off an inside edge, but there was now no denying the Knight Riders' domination of Hero CPL 2020.

All season, the Knight Riders had absorbed the loss of key personnel - Colin Munro fractured his hand, Ali Khan missed games, Narine had kidney stones removed and was unable to play the final with a knee injury. But perhaps the 12th and final win is the greatest measure of how great a squad Pollard and Brendon McCullum have built - victory was achieved two wickets down, with 11 balls to spare, without DJ Bravo bowling or Pollard batting. The Knight Riders had come together in the bubble, and emerged from it to achieve something truly monumental.

LIQUOR LICENCES ORDIANANCES, 1906 SCHEDULE A

To the Magistrate, District "A"
To the Superintendent of Police.

I, Andrea Wilbert & Navin Shamdasani now residing in #24 Harbour View in the town Basseterre, do hereby give you notice that is my intention to apply on 02nd day of October, 2020 to the District Magistrate at Basseterre for a Retail Liquor Licence in respect of my premises in Bayview Commercial Complex, Frigate Bay, Basseterre in St. Kitts.

Dated this
8th day of September, 2020.

Signed: Andrea Wilbert

LIQUOR LICENCES ORDIANANCES, 1906 SCHEDULE A

To the Magistrate, District "B"
To the Superintendent of Police.

I, Shervin Bergan now residing in West Farm Project, in the village of West Farm, do hereby give you notice that is my intention to apply on 02nd day of October, 2020 to the District Magistrate at Dieppe Bay for a Retail Liquor Licence in respect of my premises in B's Bar in West Farm Project, West Farm in St. Kitts.

Dated this
2nd day of September, 2020.

Signed: S. Bergan

LIQUOR LICENCES ORDIANANCES, 1906 SCHEDULE A

To the Magistrate, District "A"
To the Superintendent of Police.

I, Aklema Caesar (Mermaid Cove) now residing in Upper Cayon in the village Cayon, do hereby give you notice that is my intention to apply on 02nd day of October, 2020 to the District Magistrate at Basseterre for a Retail Liquor Licence in respect of my premises in Keys Beach in Keys Village in St. Kitts.

Dated this
31st day of August, 2020.

Signed: A. Caesar

LIQUOR LICENCES ORDIANANCES, 1906 SCHEDULE A

To the Magistrate, District "A"
To the Superintendent of Police.

I, Olga Francia Dla Cruz Lopez now residing in Rosemay Lane, in the town of Basseterre, do hereby give you notice that is my intention to apply on 02nd day of October, 2020 to the District Magistrate at Basseterre for a Retail Liquor Licence in respect of my premises in Rosemary Lane in Basseterre in St. Kitts.

Dated this
2nd day of September, 2020.

Signed: O.F. Lopez

LIQUOR LICENCES ORDIANANCES, 1906 SCHEDULE A

To the Magistrate, District "A"
To the Superintendent of Police.

I, Dennis R. Williams now residing in Russell Village, Buckley's Site in the town Basseterre, do hereby give you notice that is my intention to apply on 02nd day of October, 2020 to the District Magistrate at Basseterre for a Wholesale Liquor Licence in respect of my premises in Cardin Avenue, Buckley's Site, Basseterre in St. Kitts

Dated this
28th day of August, 2020.

Signed: Dennis Williams

ENDS. MEANS AND WORK ETHIC

By: FAIR SHARE FOR ALL

I don't see how after the authorities have allowed Timothy to transgress every protocol established to minimize the spread of COVID 19, these same authorities now want to review and possibly revoke licenses issued to promoters to host events because somebody broke some rules.

But perhaps I should keep out. I don't have any horse in this race. And the sad reality is that after I stressed out myself talking about the hypocrisy and the unfairness of the whole thing, two weeks before the general election, some big money pass, and I was left looking like an ass trying to be all principled and proper.

What I will say though before I move on, is that the authorities obviously have strength for some people while others can get away with murder. Old people would say that monkey know what limb to jump on.

I see that a university gave Nevis 100,000 masks. I had heard that we in St. Kitts had received some masks too. If Nevis received 100,000, surely St. Kitts would have received more than that. An update would be nice so that I don't have to speculate about any possible misappropriation. And in the update, it would also be nice if I could find out when I would be getting at least two free masks.

As I am on the subject of misappropriating, I am being advised to only expect those who made off with hundreds of thousands of dollars in severance pay to get a very gentle tap on the wrist. I am told that too much would be revealed if the people involved are threatened with serious jail time.

Apparently there was a ring of thieves who felt that misappropriating was not for the silver spooned only. And even though these scammers might never have repaid their ill-gotten gains and will probably never do so, they know too much and so have been deemed unavailable.

So in the meantime, for the optics,

they have been suspended/reassigned. Later, they will be quietly given some duty out of the big man's office and not a soul will dare object. After all, nothing has changed. None of them can hold a candle of correction to him or any other in the Cabinet.

We are in a sad state of affairs. People are only going to jail for house rent, child support and petty crimes. All the big thieves are in government or are about to be employed by government.

From the time the nation looked on and praised those who conspired to shut down a whole high school, principles were thrown out of the window. And once they got away and were rewarded with the government, there was no limit as to what would be done to remain in power.

Work ethic is a thing of the past. Tell me why should I work when I can get free money? I can't be upset with anyone who doesn't even have to show up to get paid. I can't tell them that it's a bad thing when everybody is saying that the ends justifies the means.

And the ends justifies the means with everything.

Imagine that the government is borrowing money from Social Security to pay severance pay. The government is borrowing money from Social Security to pay PAP. The government is borrowing money from Social Security to pay the thousand dollars stimulus.

I know that people don't care where the money is coming from to pay them. And truthfully, that is not their concern. But when I think that I might have to wait until I am seventy to begin to collect Social Security, I have a big problem with that.

All those in government have already accumulated more than their pension in their first term. All the stem cell, herpes, Virdee scandals left all of them wealthy. I didn't have that option. I am paying my contributions every month so that at sixty-two, I can get something back.

Now I fear that with all that was done to retain power, I might be left undone.



By Vigilante

* Dey say dat is more dan a million dollars de people dem tief. Das what mek no money nuh dey to pay people dey redundant money.

* Dey say dat is a load a money dey lose gambling under de tree. And people who he owe did planning to do him tings. Dey say is Humpty Dumpty who tell him what to do to mek a load a money quick, quick.

* Dey say dat de holy man know someting bout it. Das what mek dey move him so dat he name don't call.

* De Marriott man done send a message to de frilly mout deputy dat Humpty Dumpty gon carn save him. He tell him dat he ain't have de money nor de silver spoon to stay dere till December.

* De frilly mout deputy tell somebody dat he know dat dey ain't got him as one a dem. Just from how dey treat de hard man, he know dat dey only have dem as messenger.

Frilly say he ain't know who to trust. Humpty Dumpty crooking him. De Marriott man dem crooking him and Hammy monkey is god bless de dead.

* De frilly mout deputy had a meeting wid Humpty Dumpty to find out what going on wid de bad wud ambassador but Humpty Dumpty tell him dat he just as surprise as dem.

* But dey get to find out dat Humpty Dumpty lie because de bad wud ambassador bag and book dem did just like Humpty Dumpty one dem.

* Humpty Dumpty done let Hammy monkey know dat he not to put anybody on de Social board unless he see dey name first. Dey say dat is he and de pastor who choosing who to go on de board den dey give Hammy monkey dey number to call.

* Mark a man say dat when he done wid dem, dey gon see how barley grow. He say dat he done got all he fowl cock dem line up and Humpty Dumpty ain't gon know what hit him. Dem pretty socks he does got on, ain't just for style and fashion.

SCOOPS

**JOIN THE ST. KITTS-NEVIS
TRADES & LABOUR UNION**

FAIR SHARE FOR ALL

FRIGIDAIRE FIESTA

TAKE

15% OFF

ON SELECTED
FRIGIDAIRE
PRODUCTS



SAVE
\$495

Get This
15 CU. FT.
Top Mount
Fridge 3111AE
\$20 WKLY
NOW \$2,804
WAS \$3,299



SAVE
\$420

15 CU. FT.
Top Mount
Fridge 3111AD
\$17 WKLY
NOW \$2,379
WAS \$2,799



SAVE
\$270

30" Gas Stove
322004
\$11 WKLY
NOW \$1,529
WAS \$1,799



SAVE
\$300

30" Gas Stove
322007
\$12 WKLY
NOW \$1,699
WAS \$1,999



SAVE
\$300

12KG Top Load
Washer 3010A8
\$12 WKLY
NOW \$1,699
WAS \$1,999



SAVE
\$330

16KG Top Load
Washer 3010AD
\$14 WKLY
NOW \$1,869
WAS \$2,199

COURTS
Ready
FINANCE
EASY. AFFORDABLE. FLEXIBLE.

HAVE ONE LESS
THING TO WORRY
ABOUT WITH

NOTHING TO PAY FOR 90 DAYS

Prices are correct at the time of going to print. Courts reserves the right to subsequently change prices without notice. Offers available while stocks last. All finance terms are subject to credit approval. Weekly prices are based on Gold 36 months repayment plan. 3 to 36 months credit plans available. See in-store for details. Conditions Apply.

shopcourts.com
anytime. anywhere. any device.

COURTS
Bringing Value Home